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SMT. SIMRITA MANN

Director

Dear Readers,

It gives me immense pleasure to present to you 'Vision 2022' and with that comes the hope that this year, life, as we know it before the pandemic, shall resume.

One thing is for certain that the pandemic taught us all to be resilient. The entire DIS Community, I can proudly say, has emerged more empowered, knowing that whatever the circumstance may be, we will always stand tall and victorious.

Another thing that came to fore was the importance of family ties. Earlier everyone was leading a hectic life, with no real time for family members. However, now, bonds stronger than ever before have been made. Quality family time was experienced by all and I'm sure our children, too benefitted by spending long hours with parents and grandparents.

"Ever Forward and Never to look back", being the DIS philosophy, we ensured that learning never stops whatever may be the mode of learning. This year's 'Vision' stands testimony to this fact. Be it in academics, curricular and co-curricular, the teachers at DIS worked relentlessly to ensure that we stand apart and our online classes were conducted par excellence. All aspects of our curriculum were given weightage and every lesson was imparted with gusto

and innovation.

Aristotle once said that 'Educating the mind without educating the heart is not education at all'. Even though we impart education to match the advancement in technology and globalization, we march our children ahead with DIS ethos of moral values and principles. We constantly strive to instill worthy qualities in our children at every stage.

Having said that, it is our continuous endeavor to ensure that every child at DIS stands apart and shines wherever he may be.

May God bless each member of the DIS community.

Happy Reading



SMT. IRA BOGRA

Principal

Each issue of our Annual School Magazine is a milestone that marks our growth, unfolds our imagination and gives life to our thoughts and aspirations. Our second edition of the school magazine also reflects the many accomplishments and achievements that have been made by the students and staff of our school in the past year.

The session 2021-22 was a challenging one as we fought our way through the second and third wave of Covid. In all the upheavels and trying times, it was our endeavour to ensure that our students and staff remain physically and mentally healthy. It was important to continue imparting education to our young students whether it was through the online mode or the offline mode. There were challenges that were met head on by the teachers with the support of our parents.

To keep the children actively involved in not just academics but also in co curricular activities was important. New and innovative ideas were explored to bring out the best in each child through various forms of activities and assemblies. Extra effort was put in to make the children enjoy special occasions and festivals and feel emotionally connected to each other as a class and enjoy all festivities.

The year also saw new beginnings and we were happy to see the response of our students to the IAYP programme, DIOSA and Silver Fern Consultants. The International Award for Young People (IAYP) or popularly also known as the Duke of Edinburgh award, is recognised in Europe and the USA. I am proud to say that twenty two students of our school are enrolled for the bronze level and one student is pursuing her silver level.

The Doon International Old Student's Association (DIOSA), celebrated its first anniversary this year. It is heartening to see the enthusiasm of our ex-students and their good will for their alma mater. We hope



this bond grows stronger every year and our students stay connected with us.

Keeping the best interest of our students in mind, we have collaborated with Silver Fern Consultants to help our IX-XII students with correct academic choices and further studies in India or abroad.

We are ready to welcome back all our students to the school campus in the coming academic session. It has always been our endeavour to stay abreast with the changes in the education system and provide our students with the best academic curriculum and facilities to surge ahead.

My sincere gratitude to all the stakeholders of DIS i.e. the management, staff, parents, and students for keeping their trust and belief in the school. We will continue with the spirit of inculcating ethics and ethos in our students. We look forward to working together to support every child to fulfil his or her dream. Wishing all our children a happy and successful journey of learning!

NEW BEGINNINGS

BIG DREAMS COME TRUE HERE

DIOSA - WITH A GLITTERING CEREMONY

'DIOSA' - Doon International School Old Students' Association came into existence on February 6, 2021, acting as a forum and a platform to foster, encourage and build the sense of belonging among the members of the alumni, the present students, the staff and the management of the school with the common goal of all round development.

The ceremony commenced with the lighting of the ceremonial lamp by the Directors of the school, Mr. Charanjeet Singh Mann and Ms. Simrita Mann, the Principal, Ms. Ira Bogra, the founding members of the faculty, Ms. Ashwinder Kaur and Ms. Nishi Dixit, and all DIOSA members present on the occasion. The school felt immense pride in announcing Manas Sharma and Harlove Singh as the President and Vice President of DIOSA respectively. Navroz Singh and Sumneet Kaur were felicitated with the titles of General Secretary



and Treasurer of the association. The other executive members chosen for holding the offices were Kritika and Harsimran Sidhu. Mr. Sandeep Passi, Alumni Association Manager, was bestowed with the responsibility of being the Alumni Relationship Manager.

All the elected members were sworn in by the honourable Director. They took the oath with all humility and sincerity, promising to uphold the values instilled in them by their alma mater.

INTERNATIONAL AWARD FOR YOUNG ACHIEVERS (IAYP)



The past year has been a challenge for young and old alike due to the COVID-19 pandemic. Yet this hasn't stopped achievers from reaching the heights of success. In 2021, the school became licenced to run for the International Award for Young Achievers (IAYP). It is a programme

under the sponsorship of the Duke of Edinburgh International Award Association which is promulgated by the pioneers of holistic school education and recognised and implemented in over 130 countries. IAYP, open for the age group of 14 to 25, presents the students with a

chance to improve their abilities, higher energy levels and self confidence in a non-competitive manner. The programme strengthens the core concepts of DIS-knowledge, character, and health-in the minds of the participants.

SILVER FERN CONSULTANTS

"We are here to overcome your confusion." - In a pioneering move, DIS partnered with Silver Fern Consultancy to deliver the best academic and effective solutions to its students aspiring to study in the world's most sought-after universities for academic achievement. The goal of obtaining such a service, namely, a "premium division titled "Career Desk," is to assist the students in choosing the correct stream in grade XI, counsel them using modern psychometric tools, provide comprehensive answers by mentoring them throughout the process and recruit them for top-tier universities abroad.



DIS MUN DIGITAL CONFERENCE

It was a remarkable day in the history of Doon International School, Mohali as the school presented its first edition of DIS MUN, an educational extravaganza that commenced online with gusto. Ms. Aashika Jain, the Additional Deputy Commissioner, Hoshiarpur, graced the occasion with her august presence as the chief guest of the opening ceremony. The other eminent members present were the Directors of the school, Mr. Charanjeet Singh Mann and Ms. Simrita Mann and the Principal, Ms. Ira Bogra.

The Secretary-General of DIS MUN, Mr. Brahmjot Singh Tatla, while declaring the conference open, reiterated the significance and goal of the conference, i.e., to provide a highly realistic educational experience to the young participants. A short and enlightening video on the global



crisis was also presented in the quest to make young minds aware that it is still not too late to take the initiative to save the earth from the clutches of the global crisis. This was followed by a two-day conference that witnessed the zealous participation of around 100 delegates from different schools within the country and abroad.

The Chief Guest, Ms. Aashika Jain, in her speech, applauded this endeavour and encouraged the participants to be responsible citizens of not only the country but of this beautiful world. In her vote of thanks, the school principal encouraged the delegates and appreciated the thought processes of all the participants.

NEW WINGS TO FLY

There was a complete hustle and bustle in the cafeteria of the school when it witnessed the presence of young Doonites making purchases for healthy and nutritious food items prepared and compiled, especially by the students of the Home Science Department under the astute guidance of their subject teacher, Ms. Shuchi Gangotra. Excitement was writ large on every face as everyone was awaiting the turn to enter a well-decorated cafeteria where enticing items like donuts, muffins, chana kulcha, vegetable sandwiches, chana jor garam were put up for sale at a minimum price.

Those forty minutes of break provided an excellent opportunity for all age groups of children to spend time together, enjoy the delectable treats, have fun, and relax and unwind. The overwhelming response of the students and the staff was in itself a great motivation and a reason to keep organising such events time and again for the Doonites. The school Principal Ms. Ira Bogra congratulated the entire team for making this event a huge success.



THE SATVINDER KAUR SCHOLARSHIP

With the goal of promoting 'Education for Girl Children' and assisting the girl students of the afternoon school, the school took a baby step by establishing 'The Satvinder Kaur Scholarship.' The

award was presented by Mr. Preet Mohan Singh and Mrs. Satvinder Kaur, the proud parents of ex-Doonties Sarabnoor Singh (2019-20 batch) and Sarbeshwar Singh (2015-2016 batch) to Damanpreet Kaur

and Jasmeet Kaur, the two most outstanding girls from our afternoon school. The school, along with Mrs. Satvinder Kaur, will support both the girls.



EXAMINATION CENTRE FOR CENTRAL BOARD OF SECONDARY EDUCATION

"Win or lose, do it fairly." CBSE bestowed a big responsibility on Doon International School, Mohali, to conduct a fair and smooth Class X and XII board examination. The school accomplished the task by proving

itself in a fair and just manner. The examination was conducted for around three hundred students, strictly following all the guidelines issued by the CBSE.

DOON INTERNATIONAL SCHOOL, NEW CHANDIGARH (NEW BRANCH)

"Together, we learn....Together, We Change"

Doon International School, New Chandigarh started its journey in April 2021 with a dream of empowering young children to be future leaders. The school is big enough to provide prime facilities

and yet small enough to identify and cater to each individual learner. With its predominant objective, believing that every child deserves and needs a high-quality, broad-based education in order to

succeed in life, the school intends to provide every student with the information needed to make a decision.



THE YEAR THAT WAS (2021-22)

CLASS X TOPPERS

*"For achievers -
the smallest task, well
done, becomes a miracle
of achievement."*

- OG MANDINO



**ISHITA GARG
(98.6%)**



**SUHANI
(98.6%)**



**ISHMEET SINGH
(98.4%)**



**HARNOORPREET
KAUR (97.8%)**



**NAVJOT KAUR
(97.6%)**



**TEJ PRATAP SINGH
(97.2%)**



**SAUMYA DUBEY
(96.8%)**



**SHIVANGI
(96.2%)**



**AMRITA KAUR
RANDHAWA (94.8%)**



**ANMOLPREET SINGH
KANDHOLA (94.8%)**



**SUHANI SAH
(94.8%)**



**DEEP ARSHNOOR
KAUR (94%)**



**ALISHNAJEET
(94.2%)**



**RAVTEJ SINGH
(93.4%)**



**PARTH BHARDWAJ
(92.6%)**



**AKKIREDDY SAI
VEDANSH (91.8%)**



**TANISHK SINHA
(91.4%)**



**AMRIT RAJ SINGH
(91.2%)**

CLASS XII TOPPERS



PARNIKA SISODIA
(98.2%)



**PURVANSHI
NIJHAWAN (97.6%)**



ARJUN
(97.4%)



MAITHILY GINOTRA
(96.8%)



ISHA SHARMA
(96.6%)



KULWEEN KAUR
(96.4%)



ESHQPREET SINGH
(96%)



NAAZ BAGGA
(96%)



AASHTHA BHARDWAJ
(95.6%)



**MANJOT SINGH
LAKHYAN (95.2%)**



JIYA GOYAL
(95%)



**HARNOOR KAUR
DHANOA (94.6%)**



**KUNWAR YUVRAJ
SINGH (94.4%)**



KOVIDH BAINS
(94%)



VANSHIKA
(93.6%)



AKSHARA SATIJA
(93.4%)



RASHI KOCHAR
(93.4%)



SIMRANJIT KAUR
(93%)



BIKRAMJOT KAUR
(92.6%)



JASHNEET KHAIRA
(92.6%)



NIKHIL
(92.4%)



**HARDIL AZIZ SINGH
DHALIWAL (91.8%)**



ANMOLDEEP KAUR
(91.2%)



KHUSHREET KLER
(90.4%)



NEERAJ MARKAN
(90.2%)

PASSING THE BATON (INVESTITURE CEREMONY)

“ LEADERSHIP IS THE
CAPACITY TO TRANSLATE
VISION INTO REALITY ”

- WARREN BENNIS



The Investiture Ceremony of any school is a solemn occasion where all the young students are prepared to don the mantle of leadership and discharge the responsibilities entrusted to them by the school. This ceremony for the session 2021-22 for Doon International School was conducted at the school auditorium on September 2, 2021. The event was presided over by the Directors of the school, Mr. Charanjeet Singh Mann and Ms. Simrita Mann and Principal Ms. Ira Bogra. The entire senate had the ritual of pinning of badges and getting their sashes by Managing Director, Mr. Charanjeet Singh Mann, who later administered the oath of office to the School Captains, Ravtej and Suhani, along

with three Discipline In Charges, two Sports Captains, two Editorial In Charges and two Cultural In Charges. The next in line to have the oath administered were the Captains, Vice-Captains and four Prefects from each house, i.e. Akbar, Ashoka, Ranjit and Teresa, respectively. In his address to the council, Mr. C.S. Mann talked of the reliance and confidence that the school had placed in the newly invested office bearers and encouraged them to put in honest efforts in every endeavour and become a source of inspiration to others. In her address, the school Principal wished the newly elected council members all the best and encouraged them to be role models for others to follow in their



earnestness. The ceremony ended with a vote of thanks and the school anthem.



STUDENT COUNCIL

POST	NAME
School Captain (Girl)	SUHANI
School Captain (Boy)	RAVTEJ SINGH
Sports Captain (Girl)	BHUMIKA BAKSHI
Sports Captain (Boy)	KSHUDHANT NATH
Discipline Incharge (Girl)	RAVNOOR KAUR
Discipline Incharge (Girl)	KASHISH SAINI

POST	NAME
Discipline Incharge (Boy)	PRADEEP AWASTHI
Cultural Incharge (Girl)	ARISHA SHARMA
Cultural Incharge (Boy)	PRADEB NATH
Editorial Incharges	DEEP ARSHNOOR SEKHON ANANYA RANA

TERESA HOUSE	
House Captain	UNAT KAUR PANNU
Vice Captain	SIDDHARTH SINGLA
Prefects	SHUBHI GOVIL ARSHDEEP SINGH JAGJEEVAN KAUR SAINI YUKTA BHARDWAJ

AKBAR HOUSE	
House Captain	SEERAT KAUR
Vice Captain	DIVYAM TIWARI
Prefects	GURNOOR KAUR MALHOTRA VIDISHA PRADYUT SHARMA VANSHTHAKUR

ASHOKA HOUSE	
House Captain	SHREYA YADAV
Vice Captain	MOKSH PRIYA
Prefects	AKSHDEEP SINGH PANDHER ENAYATA VERMA MANNAT ANAND DRISHTI ARORA

RANJIT HOUSE	
House Captain	JASLEEN KAUR
Vice Captain	NAVJOTSINGH GILL
Prefects	ABIR AMRITA KAUR HARNOOR KAUR SEMBHI MANKIRAT KAUR

"LEARNING TO LEAD BY EXAMPLE"

Every year, a new Students Council takes over from the old.

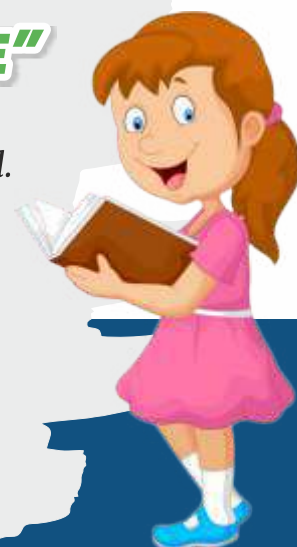
It undertakes all tasks assigned to it and told.

Assisting the teachers in maintaining the discipline,

Organising events is its main task.

The members emerge as leaders

Learning skills for life for leadership is an art.



SECTION - I

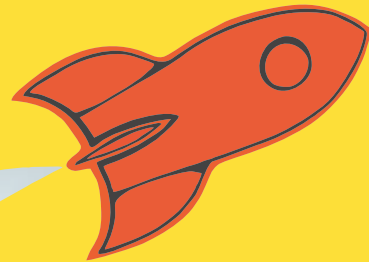
KINDERGARTEN

“ OPEN THE BOOK OF LIFE;
ENTER TO LEARN – LEARN TO SERVE;
A BRIGHT FUTURE BEGINS HERE! ”

PRE NURSERY TO U.K.G.



AND SO... THE ADVENTURE BEGINS...



ACADEMIC REPORT

The challenge of taking online and offline classes by the Kindergarten Wing to engage their tiny tots was successfully achieved by the teachers using interactive teaching techniques. Rich opportunities were provided to the young Doonites to make learning more joyful and to enable them to explore and experiment with new ideas and skills. The present curriculum in school, comprising

academics and co-curricular activities, was structured to meet four key elements of development, viz., cerebral, physical, psychological and social. Since last year, the Kindergarten Wing in particular has ventured into a new world of e-learning. Pictures, music, animation, games and storytelling, as multi-sensory learning approaches, have been put to use to make learning more

interactive and effective.

Moreover, multifaceted and fun-filled activities based on 'learning by doing' are also organised at the Kindergarten Wing for the holistic development of the little munchkins. The tiny tots are loved and nurtured like tender plants and are given ample opportunities to grow and prove themselves.

SUMMER CAMP

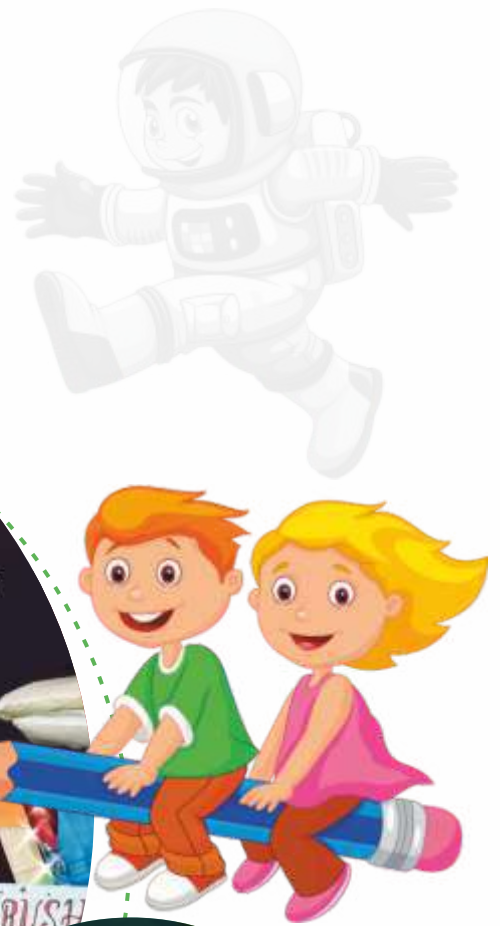
“Summer Camp is about growth and accomplishment and not just to keep the kids busy”

During this virtual summer camp, the students interacted with their peers online and participated in a variety of creative activities. They experimented with their creativity and learned new skills through art and craft games, music, science experiments and other activities that had been organised especially for them during summer camp. The summer camp boosted their self-esteem and motivated them to excel in their activities.



KINDERGARTEN SUPERSTARS

To give a warm welcome to the little superstars of kindergarten, the school organised an activity called 'Kindergarten Superstars.' The little munchkins were very excited to attend and celebrate their first day of virtual classes. They all made beautiful crowns in the form of headgears with stars on top and felt as if they were really superstars.



PYJAMA PARTY

**"I always think of a day when
I never get out of my pyjamas."**

On May 21, 2021, the kindergarten wing organised a virtual pyjama party to let the little ones meet and greet their classmates. The amazing fusion of activities viz., talks on favourite toys, watching bedtime stories online and enjoying popcorn were enjoyed by them while being in their comfortable zone, wearing colourful pyjamas and holding their favourite soft toy with them. The objective behind the pyjama party was to inculcate amongst the students the spirit of expressing their ideas independently.

FUN WITH VEGETABLES

The more you use, the more you have.

In an exciting and fun-filled activity, the little toddlers explored colours and conveyed their ideas, emotions and creativity through a vegetable printing activity. The activity not only helped in refining their motor skills but also talked about the importance of eating green vegetables for a healthy and happy life. It also taught them to appreciate nature for providing them with many nutritious things.

PUPPET MAKING ACTIVITY

When you take a puppet in your hand, you become the puppet. The reward is when the kids ask the puppets questions and want to learn how to make these puppets on animals that they treat as their best friends.

The Kindergarten Wing created animal finger puppets

with paper, glue and other decorative materials. They not only made the puppets but also spoke a few lines about them. This activity assisted not only in bettering their understanding of nature but also boosted the communication skills and creative abilities of the children.



A DOCTOR'S VISIT

“Time and health are two precious assets that we don't recognise and appreciate until they have been depleted.”

Regular check-ups help to ensure normal development, healthy growth and protection from preventable diseases for children. A medical check-up was organised to teach the students the concept of medical care. The medical practitioner interacted with the kids and then she measured the height, weight and checked the general well-being of the children. They were given a health record card that had all the details of their physical condition. The children were very excited to know about their heights and weights.

MOCK MARKET

“Good marketing makes the company look smart. Great marketing makes the customer feel smart.”

To encourage group participation and inculcate business skills, Mock Market activity was organised. The children enthusiastically displayed different grocery items, toys, clothes, etc., and paper money was used to buy the products. The children could relate to real-life situations as they got into the roles of buyers and sellers. The activity also enabled the students to do mental calculations and infused a feeling of responsibility and fellowship into them.



SCHOOL PICNIC

Picnics are a fun way to engage with our friends. We get to spend quality time with them, stay connected and close to each other. Keeping in mind the rejuvenation and replenishment of mind by providing an opportunity to collaborate with peers and teachers and integrate a new perspective, the school organised a picnic on the school premises. Various games were arranged for children. They all sat together and had their yummy snacks.



SALUTATIONS TO MAHATMA GANDHI

Gandhiji is a symbol of peace, harmony, patience, perseverance, dedication and devotion. A special assembly was conducted to commemorate the birth anniversary of the father of our nation. The students and faculty members paid their homage to the pious and divine soul. Children were told about the sacrifices and struggles of Gandhi ji for our Independence. The students were apprised of Gandhiji Ke Teen Bandar, highlighting the principles of his life: **‘See No Evil, Hear No Evil, Speak No Evil’**. The students made these three monkeys as an art and craft activity and they promised to abide by it.



HEALTHY EATING HABITS

‘A healthy outside starts from the healthy inside.’

A healthy diet is essential for good health and nutrition. It protects us from many diseases. A public speaking activity was conducted to inculcate good eating habits in children. While expressing their opinions independently and confidently, they learnt that they must refrain themselves from eating junk food as it can invite many diseases.



DUSSEHRA CELEBRATION

‘Victory of good over evil’

To commemorate Lord Rama's victory over Ravana and to reinforce the message that good always triumphs over evil, kindergarteners enacted scenes from Ram Leela and were inspired to follow the path of truth. The little munchkins dressed up as various Ramayana characters, such as Lord Rama, Laxman, Ravana, Hanuman, and Sitaji. These types of celebrations teach them about our rich religious heritage. The students were ecstatic about the festival.



SNIPPETS

MANY MOODS - ONE GOAL



KINDERGARTEN ACHIEVERS

✓ Achievers Class Pre-Nursery (DAFFODIL) Session 2021-22



ABEER NARULA
» Shown Remarkable Improvement



AMAYRA MAHAJAN
» Articulation Skills



ARSHIV JAINAGAR
» Articulation Skills



BHAVYANSH SHARDA
» All Rounder



HARGUNJOT KAUR
» Rhythmic Skills



HARJAS NOOR
» Best Dressed



INAYAT
» Rhythmic Skills



JAISHNAVI SINGH
» Shown Remarkable Improvement



JORAWAR SINGH
» Congenial Skills



NISHANVEER SINGH
» Congenial Skills



SHAHBAAZ SINGH
» Artistic Talent



SHUBHNEET SINGLA
» Best Dressed



SWARA
» All Rounder



ZORAWAR SINGH SIDHU
» Artistic Talent

✓ Achievers Class Nursery (DAFFODIL) Session 2021-22



AAYAT BANSAL
» Best Dressed



ADITYA KUMAR
» Shown Remarkable Improvement



AMANJOT KAUR
» Artistic Talent



ERA JOSHI
» Shown Remarkable Improvement



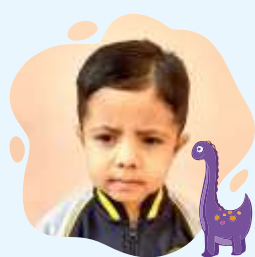
GURLEEN KAUR
» Congenial skills



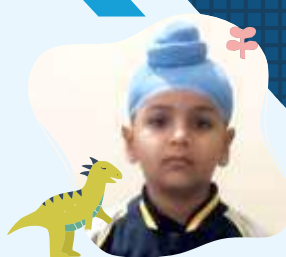
HANEET SINGH
» Rhythmic skills



HARKAWAL SINGH BAL
» Best Dressed



HARMAN CHAUDHARY
» Artistic Talent



HASANVIR SINGH
» Articulation skills



KARMAN SINGH
» All Rounder



KRIYAAN MANHAS
» Rhythmic skills



MANNAT
» All Rounder



MYRA RANA
» Congenial skills



TVISHA GOUR
» Articulation skills

✓ Achievers Class Nursery (SUNFLOWER) Session 2021-22



AARNAY SOOD
» Shown Remarkable Improvement



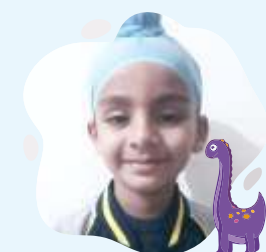
AKSHAJ THAKUR
» Articulation Skills



ATHARAV ARORA
» Best Dressed



CHARVI JINDAL
» Artistic Talent



FATEH SINGH
» Artistic Talent



HARITVI MEHTA
» Rhythmic Skills



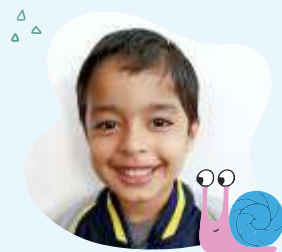
HARSHAL KAUR
» Congenial Skills



MAHIPREET KAUR
» Best Dressed



PAYNEET KAUR
» All Rounder



SAMARRTH PANT
» All Rounder



SIDHU AARAVINDER SINGH
» Congenial Skills



SWAMAAN SAXENA
» Rhythmic Skills

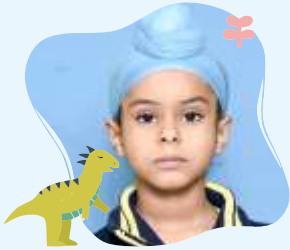


TANISHKA
» Articulation Skills

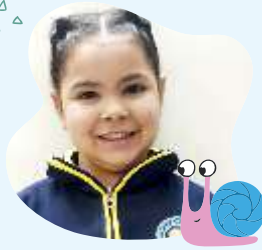


TARUN SINGH
» Shown Remarkable Improvement

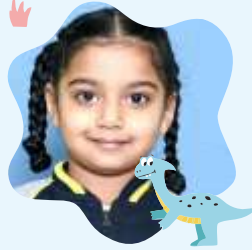
✓ Achievers Class LKG (DAFFODIL) Session 2021-22



ABHIJOT SINGH RANDHAWA
» Shown Remarkable Improvement



BRAHMEYA
» All Rounder



DIVLEEN KAUR
» Artistic Talent



INAYAT ARORA
» Rhythmic Skills



JAITEG SINGH
» Best Dressed



MANRAJVEER SINGH
» Shown Remarkable Improvement



MEHTAAB SINGH
» All Rounder



NAVROOP SINGH
» Congenial Skills



NEYAAMAT KAUR JAWANDA
» Articulation Skills



PALASH VERMA
» Congenial Skills



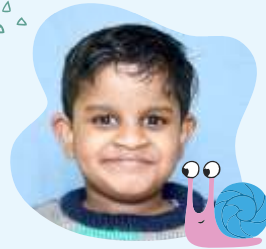
PRIZLEEN SIDHU
» Best Dressed



REHATLEEN KAUR MALHOTRA
» Articulation Skills



SAMAR SANDHU
» Artistic Talent

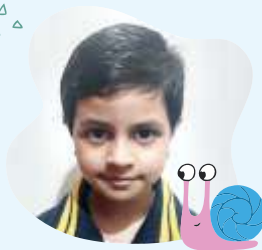


TARUN SUD
» Rhythmic Skills

✓ Achievers Class LKG (SUNFLOWER) Session 2021-22



AARZA NIBBER
» Articulation Skills



AASHI HEER
» Best Dressed



ANGADVEER SINGH
» Shown Remarkable Improvement



ANHAD SINGH
» Artistic Talent



DURON SHRIDHAR
» Best Dressed



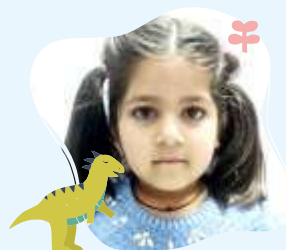
GURNAAZ KOCHAR
» All Rounder



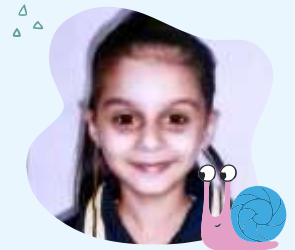
GURNAAZ SINGH
» Shown Remarkable Improvement



HARSHEEN KAUR
» Articulation Skills



KAYRA VASHISTH
» Rhythmic Skills



MIHIRA MARIA
» All Rounder



REYANA
» Rhythmic Skills



REYANSH MANDHOTRA
» Artistic Talent



SOHAM SHARMA
» Congenial Skills



YUVAN GANDHI
» Congenial Skills

✓ Achievers Class LKG (CARNATION) Session 2021-22



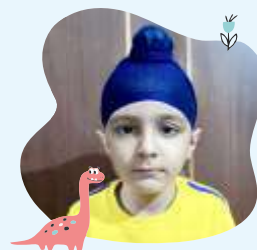
AVIJOT SINGH
» Best Dressed



AVINASH KAUR
» Artistic Talent



GRACE ARORA
» Shown Remarkable Improvement



HARSUKH SINGH
» Congenial Skills



HEJAL
» Rhythmic Skills



ISHANVI KALITA
» All Rounder



JAZZLYN KAUR
» Rhythmic Skills



KABIR SINGH KANG
» Best Dressed



MANRAJ SINGH BAIDWAN
» Artistic Talent



MANSHER SINGH
» Articulation Skills



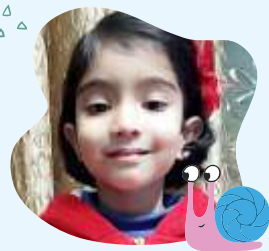
MOHAMMAD HAMDAN KHAN
» All Rounder



REYANSH SHARMA
» Congenial Skills



TARANJOT SINGH
» Shown Remarkable Improvement

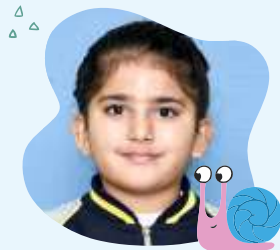


TOYAKSHI MEHTA
» Articulation Skills

✓ Achievers Class UKG (DAFFODIL) Session 2021-22



ADVIKA SHARMA
» Articulation Skills



ANUREET KAUR
» Best Dressed



AVITAAJ SINGH
» Best Dressed



DEVESH SHARMA
» Articulation Skills



JAPGEET KAUR
» Artistic Talent



JAPSHEER SINGH
» Congenial Skills



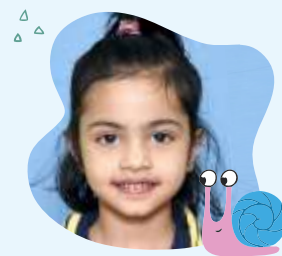
KOMALPREET KAUR
» All Rounder



NAVPREET SINGH KALSI
» Artistic Talent



PARV BAGDI
» Shown Remarkable Improvement



SAMEERA SETHI
» Rhythmic Skills



SANYI CHOPRA
» Rhythmic Skills



SATKAR SINGH
» All Rounder

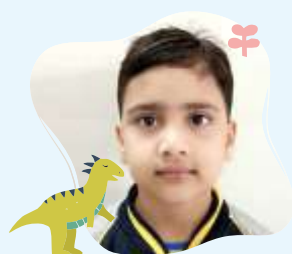


YASHASHWIN GULERIA
» Shown Remarkable Improvement

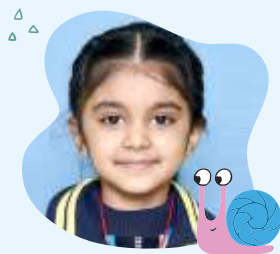


YASHIKA RANA
» Congenial Skills

✓ Achievers Class UKG (SUNFLOWER) Session 2021-22



ABHIRAJ MISHRA
» Best Dressed



AKSHITA TYAGI
» Rhythmic Skills



AMAIIRA SHARMA
» All Rounder



AVLEEN KAUR
» Articulation Skills



GAVIN SINGH GREWAL
» Shown Remarkable Improvement



HARLEEN KAUR
» Artistic Talent



HARLEEN KAUR
» Shown Remarkable Improvement



HARSHAUN SINGH RAI
» Articulation Skills



JAISVI SIERRA
» Best Dressed



KARUN BHARDWAJ
» Congenial Skills



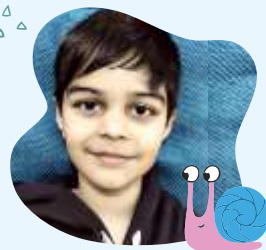
MAYRA RAWAT
» Rhythmic Skills



SAHIBAJIT SINGH
» Artistic Talent

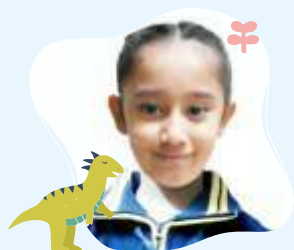


YASHMEET RANA
» Congenial Skills



YUVIN SHARMA
» All Rounder

✓ Achievers Class UKG (CARNATION) Session 2021-22



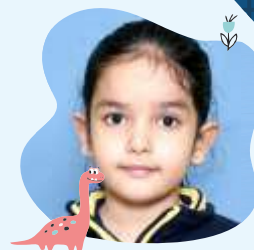
ARSHIYA MAHAJAN
» Articulation Skills



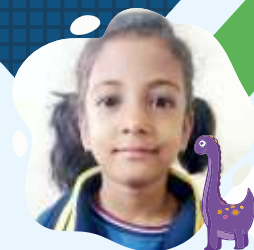
RASNEEK KAUR
» Artistic Talent



ARUSHDEEP SINGH
» Artistic Skills



ASHLEY SINGH
» Articulation Skills



DRISHYA KOCHGAWAY
» All Rounder



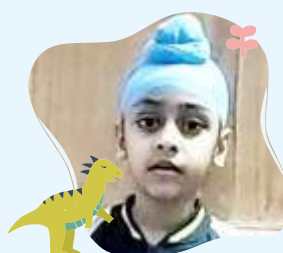
EKNOOR KAUR
» Best Dressed



JAPMAN KAUR
» Rhythmic Skills



KABIR GULERIA
» Congenial Skills



KAMALPREET SINGH
» Shown Remarkable Improvement (2)



KANVIKA SHARMA
» Rhythmic Skills



MANVIK SARIN
» Congenial Skills



SHEHREEN KAUR
» All Rounder



SHERYL
» Shown Remarkable Improvement



SUKHMANJOT KAUR
» Best Dressed



// The best is yet to come....
Happy Graduation –
A shout out to the graduates. //



KG CONVOCATION 'ON THE LADDER OF SUCCESS'

Graduation Ceremony at Doon International School
one of the special moments for the pre-school is the
Graduation Ceremony; they complete the very first
step of the academic performance and move forward.
Graduation Day marks the beginning of the journey of
the young Doonites towards success. The day was

celebrated with great pomp and show. The teachers
gave a spellbound performance for the tiny tots. The
graduation degree and certificates were given to the
children by Director Ma'am, Ms. Simrita Mann and
Principal Ma'am, Ms. Ira Bogra. They congratulated the
little ones and wished them success.

APPLAUDISSEMENTS

INTER SCHOOL ACTIVITIES

PRODIGIOUS POTENTIAL

MOVING AHEAD WITH TECHNOLOGY

The young prodigy, Arnav Prashar, a student of class VIII B, judiciously deployed his scientific and technical knowledge in 'Astrometrica Asteroid Search Campaign 2021' organised by the International Asteroid Search Collaboration, by participating in the analysis of images from Pan-STARRS. The Asteroid Search Programme was a programme initiated by IASC in which several students from different schools all over India enrolled every month and were trained by a team to find asteroids through the Astrometrica software. His valuable contribution to observing near-Earth objects and main-belt asteroids was recognised by the International Astronomical Search Collaboration.



SPACE RESEARCH

My interest in space grew when I attended IASC (International Asteroid Search Collaboration Program), in which several students from different schools all over India enrolled to find asteroids through Astrometrica software. It gave me the impression that I was a NASA scientist. I am very grateful to the school for giving me a chance to participate in this programme and letting me cherish this moment of success.

ARNAV PRASHAR
(Class: VIII-B)

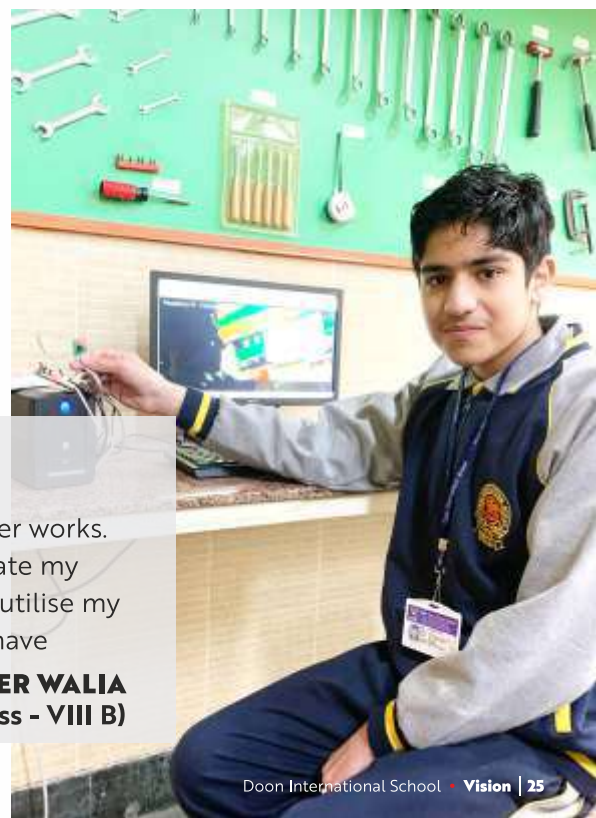
MAGIC WITH SCIENCE

Innovation is seeing what everybody has seen and thinking what nobody has thought. Ekamveer Walia, a student of class VIII B, created a camera module that can capture real images and modify them using commands in Python. In his project, 'Raspberry Pi Interface' was used, which is not only a very cheap credit card sized computer that runs LINUX and supports Python, but also provides a set of GPIO pins that allow us to control electronic components for physical computing and explore the Internet of Things. (IOT)

SPY CAMERA

Since my childhood, I have been obsessed with computers and their applications. I always want to explore and understand how a computer works. After enrolling in my robotics club, I got a chance to design and operate my own computer using the Raspberry Pi. My teacher encouraged me to utilise my Python skills through unique interfacing techniques. I am glad that I have designed "SPY Camera" using these skills.

EKAMVEER WALIA
(Class - VIII B)



COMPETITIONS KEEP THEM ON THEIR TOES

“
*Imagine with all your mind,
believe with all your heart,
and achieve with all your might.*
”

• DELHI PUBLIC SCHOOL, DEHRADUN

Sanyam Rana of
class II A stood third
in 'A Scavenger Hunt
Competition.'



Myrah Sethia
a student of class I C,
won the first prize in
'Bol re Kathputli.'



Khushi Arora
from IX B, showcased
her mental prowess
and secured third
position in
'Science Literati.'



Aaradhya Chandras
of class III C secured
second position in
'Bol re Kathputli.'



Danveer Singh, a
student of class XII
Humanities, clinched
first prize in 'Forensic
Sketch Competition.'



Tej Partap Singh Brar
a student of class XI
Non-Medical
pocketed second
position in
'Science Literati.'



• KNOWLEDGE BUS SCHOOL, KHARAR

Knowledge Bus School in Kharar organised multifarious levels of online competitions to engage the participants from different schools. DIS participants competed feverishly and made their places in various competitions by exhibiting their self-confidence and spirit to face the challenges boldly.



Yashica Beri, a student of class II A participated in 'The Elysian' a storytelling competition and made the school proud by securing second in the competition.



Navanya, a student of class III A, won second place in the "One Minute Book Talk" Competition.



Agamjot Kaur from class VIII B, brought laurels to the school by bagging second position in 'Illustration Competition.'

• ACT UNIVERSAL - 'PREMCHAND STORY FEST'

Stories always give wings to our imagination and take us to places beyond the boundaries of the physical world.

Divyanshi Chopra of class IV added another feather to the school's cap by securing the third position and winning a voucher by participating in the competition. He spoke remarkably well with the help of expression and voice modulation.

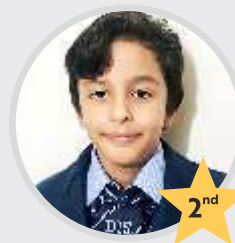
• GLOBAL KNOWLEDGE BUS SCHOOL - "ELYSIAN INTERSCHOOL QUIZ"

IN GROUP - I



2nd

Myrah Sethia
Classes I-C



2nd

Sanyam Rana
Classes II-A

IN GROUP - II



1st

Kavin Sa
Classes IV-A



1st

Harshit Singh
Classes V-B





PASSION TO PERFORM

Nothing can stop Anhad Singh, of class LKG Sunflower, who, when given a chance, faces the audience with brimming confidence.

At such an age, the boy brought laurels to the school by bagging first position in 'Gurbani Kanth Competition' and second position in 'Kirtan Competition' with a cash prize of Rs. 1500. The competition



was organised by Gurdwara Harcharan Kamal Sahib, Phase 10, Mohali.

The boy won applause from all and sundry when he recited I to V 'Pauri of Japji Sahib' and got first

prize in 'Gurbani Kanth Competition' and 'Shudh Ucharan Competition' organised by Sikh Sewak People Munch Society, Phase 9, Mohali.

TALENT UNMATCHED

IISER - FOUNDATION DAY

IISER PENCIL IN OIL PARADISE

In September 2021, **IISER-Mohali** celebrated its Foundation Day. It included a variety of programmes for students from various institutions in the region on various topics. Tej Partap Singh Brar of Class XI (Non-Medical) won second place in the 'Creative Photography' competition. Creative photography is a transformation of traditional photography into a kind of art that aims to elicit creative ideas and promote experimenting with new concepts that go beyond a plain snapshot.



WHAT THE PARTICIPANTS HAVE TO SAY -

“We are surrounded by science and it wouldn't be an exaggeration to say that our existence is also attributed to science.”

VIVIDHANJALI 2021

Inter-School Online Event was organised by Delhi Public School, Dehradun on 30 October 2021. The event had a wide range of competitions for the students from various classes to participate in. The participants from the school showcased their creative abilities, mental prowess and agility during their participation and brought laurels to the school.



It was an amazing journey full of awe-striking experiences from which I sailed through confidently and comfortably. One has to be pro attentive to understand the competition's requirements and act accordingly with mental prowess and agility. This has opened a new world of science and experiments for me and has instilled confidence in me to face the world confidently.

KHUSHI ARORA
(Class: IX-B)



'Science Literati', a Science Quiz, was organised online on Zoom for the participants from classes IX to XII of different schools who logged in to the meeting to compete with each other. I also got myself enrolled for the same.

The quiz kicked off with the first round of Science Poetry. The participants were shown a poem with blanks in-between and MCQ options. The second round was integrated science-language puzzles which were a round of riddles and sentence reordering related to science. Round three consisted of questions based on famous scientists. The last round was a science paragraph mystery. Only a few of the initial participants qualified to compete in this round, where participants had to answer questions based on a paragraph. My achievement was not securing second place but the exposure and experience I gained during the competition.

TEJ PARTAP SINGH BRAR
(Class: XI Non- Medical)

SALLY RIDE EARTHKAM

Two of our students Tej Partap Singh Brar of Class XI Non Medical and Khushi Arora from Class IX B participated in Sally Earthkam Ride, a NASA educational outreach program, and had an adventurous journey of exploring mysterious world of space. They were asked to click the images from earthKAM on the International Space Station.

Sally Ride EarthKAM is a NASA educational outreach initiative that allows students and teachers to submit their requests to the International Space Station (ISS) to take a photograph of a place of their choice from space using the earthKAM camera located at the ISS.

This year, Ms. Renu Satija and I, along with two pupils from Doon International School, Mohali, Khushi of class IX and Tej Partap of class XI, were given the opportunity to participate in the Sally Ride EarthKAM mission in September 2021.

The thrilling expedition began with a training session in which we were walked through the entire process. We were also given codes to access and request images from earthKAM on the International Space Station. From September 21 to September 24, 2021, this mission was carried out. The International Space Station (ISS) orbits the planet about 16 times every day. In one orbit, anyone can request a photo of any location in the ISS mission area. In a single mission, NASA offers the paths and areas covered by the International Space Station. While taking a photograph, the weather of the location is equally crucial.

At the beginning of the mission, I tracked the ISS orbit and submitted coordinates to earthKAM, requesting images of Ankola, Jigme Dorji National Park, the Yucatan Peninsula, and Lake Nasser. earthKAM posted the photographs to the system after they were taken. It was wonderful to see places from space.

This programme raises awareness of ISS flights and space photography of the Earth. From the training session to submitting requests to receiving images, the entire experience was enriching and gratifying.

ANUBHUTI SHARMA
(PGT Physics)



SALLY RIDE_LAKE NASSER



SIACHEN



SALLY RIDE_YUCATAN PENINSULA



SIACHEN

Sally ride Earthkam is a NASA educational outreach program that enables students, teachers and the public to learn about the Earth from the unique perspective of space. I was selected for the September 2021 mission. A few days prior to the event, an orientation session was held using YouTube live, wherein the participants were briefed about the process to put up the requests for images from the International Space Station (ISS). The participants received unique codes by E-mail the next day. Then it was time to get to work! The participants were supposed to go to the website and choose the locations to be photographed, keeping in mind the specifications provided in the orientation. The locations I chose were Mount Rushmore, Ubehebe Craters, Siachen Glacier and The Burdekin River. Once I requested the images, I had to wait for them to arrive. When the photos arrived, I was amazed to see how beautiful and fascinating the Earth looked from up above. In a nutshell, the whole program was an exhilarating experience, and yes... it has already boosted my interest in space!

TEJ PARTAP SINGH BRAR
(Class: XI Non- Medical)



RUSHMORE

No matter who you are or how old you are or where on earth you come from, space will always hold a unique fascination whether that stems from a love of science fiction or space films or you simply love to gaze at the stars in the night sky. I got selected to attend Sally ride EarthKAM workshop organised by EarthKam India wherein the participants could get any satellite images of the earth clicked for themselves and later use them for research or geographical studies. The images were clicked by the international space station within the specified days. It was a unique and learning experience for me to be able to explore the lands far away on my screen.

KHUSHI ARORA
(Class: IX-B)

HANDS ON EXPERIENCE

WE MADE THE HEADLINES



Experience can only be gained by
DOING not by thinking or dreaming.

– BYRON PULSIFER

FLIGHTS OF FANTASIES

Nurturing the students with love for reading is one of the key elements of Doon International School, Mohali. Two thirteen-year-old students from the school, Hargun Kaur and Harnoor Kaur, twin sisters and students of Doon International School, published a children's fiction e-book, "Rosemelonadia and the Black Cataract Curse," on the Amazon Kindle site on December 20, 2021. The book, filled with wonderful vocabulary, eye catching illustrations and vivid imagination, conveys a strong message to shun ego and has a universal appeal. The illustrations in the book have also been drawn by them. They have aptly used the skills taught to them at school and have astounded everyone with their captivating presentations.



CAMERA... YOU ARE UNDER e-Surveillance

Armaanpreet Singh, a student from Class IX B, amazed everyone by designing and gliding a drone, using basic electronic components. He assembled the drone in Robotics laboratory, under the guidance of his mentor, Ms. Mandeep Kaur and his achievement conveyed a deep message to the others that opportunity strikes but once and success is where the preparation and opportunity meet.



// Don't wait for the
right opportunity; create it.

– George Brnard Shaw



DRONE

I am always curious to understand how aeroplanes fly in the air. I wished to fly one on my own. It seems like a dream come true when I glide a drone around my school. In the I-wonder laboratory, I assembled a drone using basic electronic components and was finally able to fly it high above the open ground of the school. It was an amazing experience as I was bearing the fruits of my hard work.

ARMAANPREET SINGH
Class: IX-B



“Hard Work, A Life Time Career;
We are the next Generation,
What We Learn, Is Our Creation;
School – A Platform to dispel energies”

SECTION - II

CLASSES I TO VI



» TEAM CLASSES I & II



» **TEAM CLASSES III & IV**



» **TEAM CLASSES V & VI**

JUNIOR WING ACADEMIC REPORT



The educational journey at school goes beyond imparting knowledge. Through carefully planned interdisciplinary scholastic and co-scholastic programmes, we endeavour to equip our students with the necessary life skills and values that help them to face the challenges of life in a confident and courageous manner. But excellence is not achieved by accident. We keep on persevering towards the goal, with the vision encapsulated in these words.

*"Tiny seeds make boundless harvests,
Drops of rain compose the showers
Seconds make the minutes fly
and the minutes make the hours....."*

CLASS - I

Yes, I can do it!!!!!!!

ENGLISH

PRONOUN FLOWERS

The astute learners exhibited their knowledge of pronouns by making vibrant charts, pronoun flowers, and using the learnt rules to frame meaningful sentences.



MATHEMATICS



ART INTEGRATION WITH SHAPES

Applying the creative instinct, the young juniors presented a magnificent display of a variety of pictures, viz., scenery, rockets, jokers, houses, snowmen and animals made by them using shapes cut out from textured papers.

COMPARING NUMBERS IN THE REAL WORLD

Comparing numbers is an integral part of a student's initial stage. This activity of collecting, comparing and recording the cost of various household items, not only helped in building their number sense but also linked them to the real world, thus enhancing their practical thinking.



EVS

LET'S EXPLORE THE OCEAN LIFE

The oceans are full of life. A variety of animals and plants live together. Invertebrates like crabs, starfish and worms roam the ocean floor. Corals grow in large numbers, creating homes for these creatures. These facts not only fascinated the students but also let them acquire an in-depth knowledge of ocean life by assisting the teachers in making charts with sea creatures, clay sea sculptures and flip books.



PRESENCE OF AIR

"Science is what young children do. They experiment and discover".

Hands-on experiments are an excellent way to keep young learners engaged and to spark their intellectual curiosity. Various experiments performed by them on 'Air' evidently showcasing their understanding on the properties of air.





My World of Learning....

ENGLISH

FASCINATING WORLD

Our young scholars, inspired by Harry Potter, turned themselves into wizards and showcased their magical prowess by creating beautiful wands, using waste materials, avidly describing their ideal world and how they would contribute to creating it.



LIFE IN THE JUNGLE

By mainstreaming their artistic talents into a lesson on 'Importance of Animals', the students designed vibrantly coloured masks and enacted their favourite animals which brought forward a magical feeling of the majestic forests.



MATHEMATICS

WORLD OF MATHEMATICS

"Mathematics is not about numbers, equations, computations or algorithms: it is about UNDERSTANDING"

- William Paul Thurston.

To enable the young scholars to understand the concepts of 'Ascending and Descending', the board game 'Snake and Ladder' was incorporated, using ladders to teach ascending order and snakes to elaborate the concept of descending order.

To provide a practical understanding of the concept of fractions and to instil the moral value of "Sharing is Caring," the students brought various items and divided them into parts to explain the concept of the half, quarter, and other fractions.

The concept of Place Value was demonstrated through an activity in which students pasted colourful bindis based on the place values of the given numbers. The students enthusiastically participated in the conceptual activities.



CLEANING AND ORGANISING IS A PRACTICE, NOT A PROJECT

The students for themselves to become organised individuals, vehemently assisted the people at home in keeping the homes clean and organised, by doing household chores. This activity inculcated in them the values of life skills and time management.



MY DREAM JOB

If you choose a job that you enjoy, you will never have to work a day in your life. The 'My Dream Job' activity was held, empowering the ecstatic Doonites to dress up as professionals and talk about the jobs they aspire to be. Respecting every profession and employee was the objective of the activity.



SHOW AND TELL

The exuberant participants left their subject teachers awestruck with their participation in the 'Show and Tell' activity on the topic 'My Favourite Means of Transport'. They used props like toy cars, trains, aeroplanes, picture cut-outs of cars, bicycles and motorbikes to further exhibit their oratory talent.



SCAVENGER HUNT

The activity to hunt for living and nonliving things in their surroundings and to classify their differences enhanced the aspiring researchers' learning and understanding of the topic 'Living and Nonliving Things' easier.





Sneak A Peek...

ENGLISH



MAGIC WAND MAKING

The creative talent of the young artists came to the fore when the students participated in an art-integrated activity of making magic wands. The activity ensured a potpourri of joy, fun, happiness and learning at the same time as the students were engrossed in making beautiful and attractive magic wands using very basic craft materials and speaking about their wishes.



BOOK TALK

A book is a student's best friend that can not only widen the horizon of their knowledge but also helps them rise above the ordinary. The organised 'Book Talk' further instilled impressive reading skills in the minds of the aspiring readers when they spoke about their favourite books.

LITTLE MAGICIANS



Fairy Tales came true when the characters from the poem 'Her Magic Wand' were enacted by the learners. The young magicians performed various spells with their magic wands to create and engross themselves in the magical environment built in the class.



MY FAVOURITE SEASON

*"Spring passes & one remembers one's innocence.
Summer passes & one remembers one's exuberance.
Autumn passes & one remembers one's reverence.
Winter passes & one remembers one's perseverance."*

The ideas of social interaction and healthy interaction dawned upon the students through an activity based on 'My Favourite Season.' The students enthusiastically participated in it, using special food, clothing, flowers, etc., as props to describe their likes and dislikes of their favourite seasons.



CLOCK 'N' TIME

'The most precious resource we all have is time.'

Learning the concept of 'Time' was never easy for the learners before gaining hands-on experience in an activity conducted to design innovative clocks by using recycled materials like thermocol plates, shoe boxes, frames, etc.



TABLES

'Mathematics may not teach us how to add love or minus hate, but it gives us every reason to hope that every problem has a solution.' The students worked their brains to come to multiplication solutions in an activity conducted for them. They showcased their artistic endowments by fervently participating in the making of colourful huts to write tables from 12 to 20.

FRACTIONS

Another activity taught the students the concept of fractions. They used A4 sheets, strips of coloured glazed paper and learned how to represent $\frac{1}{2}$, $\frac{1}{3}$, $\frac{1}{4}$, $\frac{1}{8}$ by paper folding technique. This simple yet informative activity proved to be a great learning experience for them.



ABACUS

The vintage form of calculation was introduced to the budding minds through an activity on Abacus where they learnt to represent place values of thousand, hundreds, tens and ones systematically by using broom sticks, straws and colourful beads.



CLAY MODELLING

Learning and understanding of a particular topic is a culmination of art and craft and first hand experiences gained under the guidance of a trained teacher. The students participated fervently in one such learning experience by participating in an activity organised on the theme 'Free Mind and Body'. Rectangular clays were given the shapes of human organs to prepare clay models and were put on display as a treat for the eyes of the students of other classes.



GERMINATION OF PLANTS

The germinating minds of Class III were enchanted through the amazing process of germination viz., sowing seeds, watering the soil and keeping the setup out in the sun. This kindled their love for Mother Earth and encouraged them to grow more plants.



THE INVISIBLE AIR

The young scientists successfully concluded that air occupies space and has weight by participating energetically in the activity on 'Air Occupies Space.' They inflated balloons and observed that the inflated balloons were heavier than the deflated ones. The air not only inflated the balloons but also inflated their hearts with curiosity and wonder.



FUN WITH COLOURS

The vibrant colours flowing out in all directions fill children's tender hearts with appreciation and pleasure. The students excitedly performed a fun-filled activity called "Tie and Dye". They made all sorts of magnificent, differently

OUR FOOD

'Good food is the ingredient that binds us together'.

The necessity of having a balanced diet was given the spotlight in an activity on 'Our Food' where the students were asked to make charts to exhibit different types of foods like energy giving foods, body-building foods and protective foods, either by drawing or pasting the pictures of food items rich in nutrients.



coloured patterns using their imagination and creativity. They were excited and amazed to see how their hard work had paid off. All the students succeeded with flying colours.



FAMILY TREE

*“Family faces are magic mirrors.
Looking at people who belong to us,
we see the past, present and future.”*

The students reminisced the roots of their families by creating beautiful family trees on which they not only pasted the collected pictures of their near and dear ones but also explained their relationship with them.



CLEAN INDIA, GREEN INDIA

To make the dream of clean India come true, the students were made aware of the use of separate dustbins for throwing different kinds of wastes such as solid waste, biological waste, liquid waste etc.

ONLINE CULINARY ART ACTIVITY

An online culinary art activity was organised to inculcate the importance of eating right for a healthy body, healthy mind and a healthy lifestyle. They also made healthy and nutritious salads and sandwiches. The tempting and mouth watering preparations were relished not only by them but by their family members too.



EXPERIENTIAL LEARNING

Experiential learning is the process of learning by doing. The students are better able to connect theories and knowledge learned in the classroom to real-life situations when they are engaged in hands-on experiences and reflections. Based on this principle, the students enthusiastically participated in a variety of science activities organised especially for them time and again.





विद्यार्थियों ने,
भारतीय राष्ट्रीय
चिन्हों के फ्लैश
कार्ड के द्वारा हम
'नन्हे - नन्हे बच्चे हैं'
कविता से भारत के
बारे में उत्साह
पूर्वक जाना।



पेड़ पौधे हमारे जीवन में क्या महत्व
रखते हैं और उनके बिना हमारा
जीवन किस प्रकार कठिन हो जाता
है? कोविड -१९ ने इस बात को
भली -भांति समझा दिया। प्राकृतिक
रूप से ऑक्सीजन बनी रहे इसलिए
विद्यार्थियों ने पेड़ पौधे लगाने का
प्रण लिया और अपने आस-पास के
परिवेश में पौधे लगाए।



ਤੀਸਰੀ ਜਮਾਤ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਜਮਾਤ ਵਿੱਚ ਇੱਕ ਗਤੀਵਿਧੀ ਕੀਤੀ, ਜਿਸ ਦਾ ਉਦੇਸ਼ ਉਹਨਾਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵਰਤੀਆਂ ਜਾਣ ਵਾਲੀਆਂ ਮਾਤਰਾਵਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ ਸੀ। ਇਸ ਨਾਲ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਮਾਤਰਾਵਾਂ ਦੀ ਜਾਣਕਾਰੀ ਨੂੰ ਬਹੁਤ ਹੀ ਰਚਨਾਤਮਕ ਤਰੀਕੇ ਨਾਲ ਹਾਸਲ ਕੀਤਾ। ਉਨ੍ਹਾਂ ਨੇ ਆਪਣੇ ਆਲੇ-ਦੁਆਲੇ ਤੋਂ ਕੁੱਝ ਚੀਜ਼ਾਂ ਲੈ ਕੇ ਉਨ੍ਹਾਂ ਦੀਆਂ ਤਸਵੀਰਾਂ ਬਣਾਈਆਂ। ਜਿਨ੍ਹਾਂ ਵਿੱਚ ਇਹ ਮਾਤਰਾਵਾਂ ਵਰਤੀਆਂ ਜਾਂਦੀਆਂ ਹਨ।





ENGLISH



ADJECTIVES

'Adjectives are the sugar of literature and adverbs are the salt.' To understand the concept of adjectives, the students were made to write the full forms of their names using catchy and appealing adjectives, which indeed brought them great pleasure and delight.



FINGER PUPPET ACTIVITY

A hand puppet is a type of band that is controlled by our hand movements. Making and designing finger puppets activity was enjoyed by the students in which they made hand manikins of their family members and enacted their roles with voice modulation.

TOY TALK

Great ecstasy and joy was brought to the children when they were made to imagine their playthings become alive, pretend themselves to be their toys and express their feelings with others.



PICTORIAL STORYTELLING

The students mastered the ancient and valuable art of storytelling by advancing/sharing the imagined stories with the help of pictures drawn on charts and placards.



INGREDIENTS

By bringing the food items they savour the most, the students were introduced to the topic of 'Crops' and were also informed about the importance of consumption of seasonal crops in their daily lives.



CHIPKO MOVEMENT

The Chipko movement was a forest conservation movement in India where women hugged trees to stop deforestation. The students were taken to the open fields where they hugged the trees and experienced the essence of the movement and understood its significance.

DETECTIVE HUNT

The students were taught, in a very innovative manner, the location of different places. They made their own sheriff badges and undertook the task of finding different countries, capitals and states in the atlas within the given time frame.



SCIENCE



MY BALANCED DIET

To know about the importance of a balanced diet is a must for a healthy lifestyle. Teaching students about a balanced diet is an essential task. An activity on 'Balanced Diet' was conducted in which the children made their balanced diet charts and understood its importance.



ANIMAL HABITAT TRIORAMA

Imbibing knowledge is not limited to books. The students learn and understand when they are given exposure through practicals. An activity on 'Habitats of Animals' was conducted, letting the students understand different habitats of animals by building a 3D model of their surroundings. The models were precise and beautifully presented.



MATHEMATICS

Waste materials were given a variety of shapes in activities organised to teach the students the concepts of four basic operations (addition, subtraction, multiplication and division), place values and Roman numbers.



TOOTH TO TOOTH

Another activity conducted in the sections of class IV became instrumental in their better understanding of the jaw structure when the students made models of teeth to learn more about different types of teeth, the number of teeth in each jaw, their shape and functions. All the students ardently participated in the activity.

PARTS OF LEAVES - LEAF FRAGMENTS

Focusing on learning while doing so, the students were taught the different parts of a leaf by pasting real leaves on A4 sheets and then labelling the different parts.



HINDI

सौर मंडल परिवार के सदस्य सैर करते हुए पृथ्वी नामक ग्रह पर थोड़ी देर रुके फिर अंतरिक्ष की सैर करते हुए उसे एक चार्ट व अन्य साधनों के द्वारा दर्शाया। जिस से विद्यार्थियों ने सौर मंडल के बारे में जानकारी हासिल की।



PUNJABI

ਇਨਸਾਨ ਦੁਨੀਆਂ ਵਿੱਚ ਆਉਂਦਿਆਂ ਹੀ ਮੋਹ ਦੀਆਂ ਤੰਦਾਂ ਵਿੱਚ ਬੱਝ ਜਾਂਦਾ ਹੈ, ਸਭ ਤੋਂ ਮੋਹ ਭਰੀ ਤੰਦ ਹੁੰਦੀ ਹੈ, ਮਾਂ ਦੇ ਰਿਸ਼ਤੇ ਦੀ। ਮਾਂ ਨਾਲ ਬੱਚੇ ਦਾ ਰਿਸ਼ਤਾ ਦੁਨੀਆਂ ਵਿੱਚ ਆਉਣ ਤੋਂ ਪਹਿਲਾਂ ਹੀ ਜੁੜ ਜਾਂਦਾ ਹੈ। ਇਸ ਗਤੀਵਿਧੀ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੀ ਮਾਂ ਲਈ ਵੱਖ-ਵੱਖ ਤਰੀਕਿਆਂ ਨਾਲ ਪਿਆਰ ਦਿਖਾਇਆ।





ENGLISH

THE SOARING DRAGONS

A 'Quiz and Dragon Making Activity' was held in all the sections of class V. The students visualised the dragon from the poem 'The Tale of Custard the Dragon' by creating colourful origami versions of it. The sight of all their creations soaring high in the sky was breathtaking.



CHARACTERS PORTRAYED

By mimicking the roles of two immortal fictional characters, Snow White and Pinocchio, in an activity 'Character Portrayal', the rookie actors created unforgettable impressions on the spectators with their impressive speech modulation, stress, intonation and flawless rhythm.



READING IS FUN

"Reading maketh a full man; conference a ready man; and writing an exact man." – Francis Bacon

An activity based on the scholastic book 'Oliver Twist' was conducted for the students in which they were asked to use appropriate adjectives to describe the protagonist, Oliver. The activity helped to make the students empathise with Oliver and understand the plight of orphaned children. While selecting the adjectives for Oliver, the students unknowingly added his name to the list of their pals.



MATHEMATICS

FUN WITH PATTERNS

A mathematician, like a painter or a poet, is a maker of patterns. If his patterns are more permanent than theirs, it is because they are made with ideas." – G.H. Hardy

The students, by bringing forth their creativity in an activity 'Fun with Pattern', created vivid and alluring designs and patterns with numbers, nature, alphabets, shapes etc. to practically understand the concept of 'Pattern.'



LET'S LEARN DATA HANDLING

"Errors using inadequate data are much less than those using no data at all." – Charles Babbage

To let the students grasp the reins of data handling and its use in their everyday life, an activity 'Innovative Representation of Data' was conducted in which the students were asked to collect data and represent it in the form of bar graphs and pictographs. Their unique presentation styles were commendable.

SCIENCE

“You don't learn to walk by following rules. You learn by doing and by falling over.” – Sir Richard Branson



The young scientists took a plunge in the vast sea of scientific knowledge by performing a maze of activities comprising seed dispersal, phases of the moon using Oreo biscuits, germination of seeds, magic mania, amazing world of animals, to name a few.



SOCIAL SCIENCE

BRaille – A BOON

“Better to be blind and see with your heart, than to have two good eyes and see nothing.” –Helen Keller



An activity 'The Braille- A Boon' was conducted to apprise the students with the method of communication used by the blinds so that they could, for a few minutes, step into their shoes and understand it as the means of their learning in their lives. The students learnt a deep message, but in a hidden and enjoyable way.



DRESS AND CULTURE

In a vibrant activity 'Saudi Arabian Women's Folk Wear,' the students adorned themselves in graceful and traditional dresses of Saudi Arabia to get a vivid reflection of their rich culture.



RECYCLING – A WONDER

The future environmentalists learnt the magic of recycling through an activity 'Best out of Waste' in which they showcased their wizarding talent by transfiguring old and waste things to the gleaming new ones.





विद्यार्थियों ने भारतीय पारंपरिक खेल गुल्ली डंडे को खेल के मैदान में खेल कर उस का लुप्त उठाते हुए इस खेल की खूबियों से अवगत हुए और यह जाना कि इन्हें खेलने के लिए अधिक सामान व पैसों की जरूरत नहीं, बस हौंसले और भाईचारे की जरूरत है।

PUNJABI

ਸਵੱਛਤਾ ਇੱਕ ਚੰਗੀ ਆਦਤ ਹੈ ਜੋ ਸਾਡੇ ਸਾਰਿਆਂ ਲਈ ਜ਼ਰੂਰੀ ਹੈ। ਕਿਹਾ ਜਾਂਦਾ ਹੈ ਕਿ ਸਫ਼ਾਈ ਵਿੱਚ ਰੱਬ ਵੱਸਦਾ ਹੈ। ਅਸੀਂ ਆਪਣੇ ਘਰ, ਪਾਲਤੂ ਜਾਨਵਰ, ਆਸ-ਪਾਸ ਸਭ ਦੀ ਸਫ਼ਾਈ ਕਰਦੇ ਹਾਂ। ਸਾਡੀ ਇਹ ਆਦਤ ਸਾਡੇ ਚੰਗੇ ਚਰਿੱਤਰ ਨੂੰ ਪੇਸ਼ ਕਰਦੀ ਹੈ। ਪੰਜਵੀਂ ਜਮਾਤ ਦੇ ਵਿਦਿਆਰਥੀ ਵੀ ਸਾਨੂੰ ਇਹ ਸੰਦੇਸ਼ ਦੇ ਰਹੇ ਹਨ।



CLASS - VI



ENGLISH

NOW I KNOW THEM

The students realised the power of words when they were influenced by the powerful speeches of some eminent personalities. Using their acumen, they converted these speeches into indirect speeches and presented them in the class.



KNOW THY WORLD

Inventing something not only gives us happiness but also ignites the spark to think out of the box. An activity conducted in the class allowed the students to imagine the atoms of beautiful creations around us, make birds' nests using waste material and hang them on the trees. The inventors vehemently enjoyed the activity and expressed their gratitude towards God for giving them this enchanting world to dwell in.

TETE-E-TETE

Writing and speaking skills boost one's learning. It helps to master other skills and enhances one's confidence. To inculcate the same, a Tete-e-Tete activity was organised, wherein the students were given an opportunity to hone these skills by designing questionnaires and asking their teachers the same questions.



ART-E-FACT

'Art is the language of even those who can't speak.' Art lets you open your wings, fly high and think out of the box. Enlightened by what they had learnt in the chapter 'The Artists of Mithila', the young Doonites, when given an opportunity to showcase their artistic endowment, left no stone unturned and came up with eye-catching painting ideas in the Madhubani Painting Competition (Art integrated), especially organised for them.



MATHEMATICS

TODAY'S NEW LESSON

'Art is not merely a drawing subject, but also incorporates other subjects as well.' The only thing needed is to guide the students and therein lay the outcome. The students created magnificent designs in an "Art Integrated Inter-Class Creative Compass," demonstrating their mastery of using pairs of compasses.

The other activity taught the students different geometrical shapes to create different designs.



SCIENCE

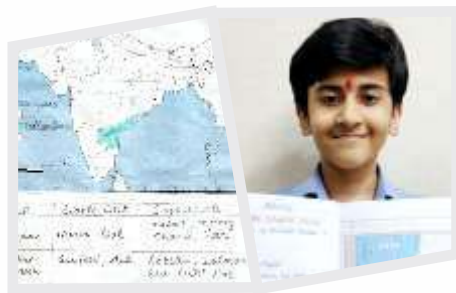
NOW I KNOW – THE SOLUBILITY CONCEPT

The world of science is a world of amazing facts. The mystery of the objects' ability to float or sink was revealed to the students. Practical thinking was not undermined. To enrich the concept and to attain first-hand experience, the young scientists were taken to the science lab to perform an activity on Solubility, using the apparatus from their science kits.



LET'S DISCUSS THE MYSTERIES OF NATURE

The brainstorming session successfully culminated with the zealous participation of the students where they poured in their views about the mysteries of useful and nutritional things provided to them by nature.



THE FOOD WE EAT

India is a diverse country in terms of languages, culture, weather, climate, soil and flora and fauna. Different soils with different climates bear different crops, hence bringing out unique eating habits, styles, diets, etc. In an Interdisciplinary activity, the students showcased their creativity related to the concept of sources of food items with staple foods from different states of India and enhanced their knowledge by presenting the information on the map of India.

SOCIAL SCIENCE

SEAL THE ZEAL

Learning from history to live in the present and prepare for the future helps to prepare for any challenge. The students gained insightful glimpses into the lives of ancient and medieval kings. They made seals using clay, which were used by the kings as their official stamps. It helped them understand the administration in the old times.



GEOGRAPHY DEFINED

Knowing the latitude and longitude makes the students think of the world as a global village. To promote this vision, an activity was organised for the students in which they were asked to take round-shaped objects and mark important lines of latitude on them. It helped them to understand the important time zones, distances between places, time differences, different climatic zones etc. The activity culminated with a better understanding of the fundamental concept of geography as it gave a hands-on experience to all the participants.

LET'S GET UNITED

India is one of the few countries where people with different religions, cultures, languages and rituals, etc., live together without any discord. To mark this theme i.e. 'Unity in Diversity,' the students were given the opportunity to perform different dances, showcase different dresses, wear religious symbols, etc. They also brought prepared food items to be shared with others. This activity gave them an enriching experience of staying together and celebrating festivals other than their own.



CLASS CONSTITUTION

The whole universe is bound by rules, laws and disciplines and so are we. The constitution of any country lays down some do's and don'ts for its citizens. To strengthen the concept of the preamble and constitution, the students were asked to draft a class constitution wherein they mentioned the basic rules to be followed by all the students.



HINDI

आँखों पर पट्टी बाँधकर बगीचे की सैर करना किसी भी रोमांच से कम नहीं। इसी खेल के माध्यम से आँखें ना होने वाले व्यक्ति की कठिनाइयों को महसूस किया।



PUNJABI

ਅਜ਼ਾਦੀ ਸਭ ਨੂੰ ਚੰਗੀ ਲੱਗਦੀ ਹੈ। ਗੁਲਾਮ ਪਸ਼ੂ ਪੰਛੀ ਵੀ ਸਾਰੇ ਬੰਧਨਾਂ ਨੂੰ ਤੋੜ ਕੇ ਮੁਕਤ ਹੋਣਾ ਚਾਹੁੰਦੇ ਹਨ। ਭਾਰਤ ਦਾ ਇਤਿਹਾਸ ਸੁਰਬੀਰਾਂ, ਯੋਧਿਆਂ ਦੀਆਂ ਕੁਰਬਾਨੀਆਂ ਨਾਲ ਭਰਿਆ ਹੋਇਆ ਹੈ। ਉਨ੍ਹਾਂ ਦਾ ਜੀਵਨ ਇੱਕ ਅਜਿਹਾ ਪ੍ਰਕਾਸ਼ ਸਤੰਭ ਹੈ ਜੋ ਬਲਿਦਾਨ ਦੇ ਰਾਹ ਵੱਲ ਸਦੀਆਂ ਤੱਕ ਸਾਨੂੰ ਰਾਹ ਦਿਖਾਵੇਗਾ। ਅੱਜ ਉਨ੍ਹਾਂ ਕਰਕੇ ਹੀ ਅਸੀਂ ਅਜ਼ਾਦ ਭਾਰਤ ਦੇ ਵਸਨੀਕ ਹਾਂ।









JUNIOR WING ACHIEVERS





1A

Aayyan Mahajan
(Co-curricular activities)



1A

Amayra Thakur
(All- Rounder)



1A

Fateh Singh
(Rhythmic Skills)



1A

Harshit Sood
(Best Dressed)



1A

Maheer Sandhu
(Co-curricular activities)



1A

Hoornaz Kaur
(Best Dressed)



1A

Rehana Mann
(Articulation Skills)



1B

Aarvi
(Articulation Skills)



1B

Amrinder
(Co-curricular activities)



1B

Humisha
(Co-curricular activities)



1B

Jaskirat Kaur
(Best Dressed)



1B

Kaira Mahajan
(All Rounder)



1B

Ranvir Singh
(Best Dressed)



1B

Shaurya Mahajan
(Rhythmic Skills)



1C

Aradhya Kumari
(Rhythmic Skills)



1C

Arin Trehan
(Best Dressed)



1C

Davinya Sharma
(Best Dressed)



1C

Gulnaaz Sangra
(Articulation Skills)



1C

Myrah Sethia
(All Rounder)



1C

Riyan Yasin Kampuri
(Co-curricular activities)



2A

Ayaan Garg
(Co-curricular activities)



2A

Deevansh Kumar
(Best Dressed)



2A

Japleen Kaur
(Best Dressed)



2A

Kavalnoor Kaur
(Rhythmic Skills)



2A

Saanvi Bhatti
(Rhythmic Skills)



2A

Sanyam Rana
(Articulation Skills)



2A

Yashika Beri
(All Rounder)



2B

Aashita Sharma
(Co-curricular activities)



2B

Bhavisha Bhatia
(Best Dressed)



2B

Dilsaanjh Singh Saini
(Rhythmic Skills)



2B

Harkirat Singh
(Best Dressed)



2B

Sukhmani Kaur Gill
(Articulation Skills)



2B

Yashika Gupta
(All Rounder)



2C

Ashank Saini
(All Rounder)



2C

Dhaanvi Kumar
(Articulation Skills)



2C

Kamakshi
(Rhythmic Skills)



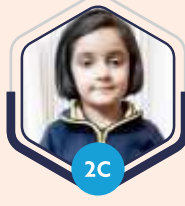
2C

Manit Bakshi
(Best Dressed)



2C

Rithika Sasikumar
(Rhythmic Skills)



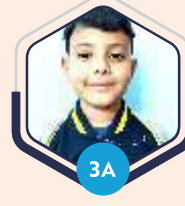
2C

Tanishka Sharma
(Best Dressed)



2C

Tejas Mittal
(Co-curricular activities)



3A

Aayushman Kalita
(Artistic Skills)



3A

Abhiraj Singh
(Artistic Skills)



3A

Divya Pratap
(Articulation Skills)



3A

Ekamjot Singh Sood
(Rhythmic Skills)



3A

Ekamjot Kaur Gill
(Best Dressed)



3A

Gurfateh Singh
(Best Dressed)



3A

Prabghun Kaur
(Avid Reader)



3A

Seerat Sandhu
(Best Dressed)



3A

Siddid Manchanda
(Articulation Skills)



3A
Navanya Seth
(All Rounder)



3B
Akshita Singh
(Articulation Skills)



3B
Amrinder Singh
(Best Dressed)



3B
Dhruv
(Articulation Skills)



3B
Divjot Singh
(All Rounder)



3B
Hwang Mijeong
(Artistic Skills)



3B
Kanav Shridhar
(Artistic Skills)



3B
Ridhi Aggerwal
(Rhythmic Skills)



3B
Riyansh
(Best Dressed)



3B
Shaurya Shridhar
(Avid Reader)



3B
Viaan Raj
(Avid Reader)



3B
Saanvi Rawat
(Rhythmic Skills)



3C
Aaradhya Chandras
(Avid Reader)



3C
Deepinder Singh
(Best Dressed)



3C
Adyansh Kumar
(All Rounder)



3C
Angad Walia
(Rhythmic Skills)



3C
Hushi Sharma
(Rhythmic Skills)



3C
Harkirat Kaur
(Articulation Skills)



3C
Ishika
(Artistic Skill)



3C
Janisha
(Best Dressed)



3C
Parmraj Singh Aulakh
(Articulation Skills)



3C
Sanvi Gosawami
(Avid Reader)



4A
Aadya Rawat
(Rhythmic Skills)



4A
Aarya Rawat
(Articulation Skills)



4A
Aasmi Jatana
(Best Dressed)



4A
Arnab Saini
(Best Dressed)



4A
Harleen Kaur
(Avid Reader)



4A
Ransher Mann
(All Rounder)



4A
Sanyam
(Artistic Skills)



4A
Sehaj Preet Kaur
(Avid Reader)



4A
Kavin Sa
(Articulation Skills)



4A
Saanvi Sharma
(Rhythmic Skills)



4B
Aarvi
(Best Dressed)



4B
Ashish Verma
(Rhythmic Skills)



4B
Kanav Mahajan
(Avid Reader)



4B
Poorvi Tyagi
(Artistic Skills)



4B
Ekampreet Singh Jhaggi
(Best Dressed)



4B
Divya Gupta
(Articulation Skills)



4B
Navtresh Verma
(Rhythmic Skills)



4B
Nidhish Mall
(Artistic Skills)



4B
Sameer Singh
(All Rounder)



4B
Tanishka Passi
(Avid Reader)



4B
Viraj Saini
(Articulation Skills)



4C
Aaradhya Sharma
(Rhythmic Skills)



4C
Dhruv Sharma
(Articulation)



4C
Harneet Kaur Sandhu
(Best Dressed)



4C
Kiratveer
(Artistic Skills)



4C
Aahan Sharma
(Rhythmic Skills)



4C
Japanpreet
(Best Dressed)



Agamjot Singh
(All Rounder)



Armaan Singh Sheergill
(Avid Reader)



Harjas
(Articulation)



Sukhnoor
(Artistic Skills)



Ishika Mishra
(Avid Reader)



Aaina Singh
(Articulation)



Arnav Gupta
(Avid Reader)



Ekamjot Kaur Garcha
(All Rounder)



Gurveer Singh
(Best Dressed)



Kaushiki Nauriyal
(Rhythmic Skill)



Prisha Patial
(Best Dressed)



Sanvi
(Artistic Skill)



Aarchi Gupta
(Rhythmic Skill)



Damanpreet Singh
(Best Dressed)



Divyanshi Chopra
(All Rounder)



Druvika Jain
(Best Dressed)



Harshit Singh
(Avid Reader)



Naksh Kochar
(Artistic Skill)



Nayanika Tiwari
(Articulation)



Aditya Sharma
(Avid Reader)



Anmol Chopra
(Artistic Skills)



Harjot Singh
(Rhythmic Skills)



Hrutiya
(Best Dressed)



Japjeet Singh
(Best Dressed)



Neharika
(Avid Reader)



Harnoor Kaur
(All Rounder)



Vani
Articulation



Abhay Rana
(Avid Reader)



Abhiraj Singh
(Best Dressed)



Anvesha Chandel
(Articulation)



Gurnoor Kaur
(Rhythmic Skills)



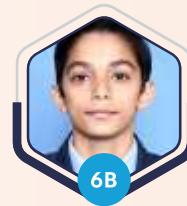
Samarbir Singh Gill
(Best Dressed)



Shakshi
(Artistic Skills)



Taranpreet Kaur
(All Rounder)



Ali Ahmer
(Articulation)



Anmoljeet Kaur
(Best Dressed)



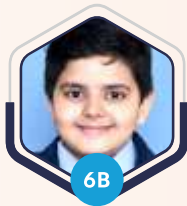
Gurshaan Singh
(Best Dressed)



Mahi Uppal
(Rhythmic Skill)



Manpreet Kaur
(All Rounder)



Rudra
(Avid Reader)



Sehajveer Singh
(Artistic Skill)



Chehek Thakur
(Best Dressed)



Ekjot Singh
(Avid Reader)



Maninder Singh
(Artistic Skill)



Naitik Singh Hansa
(Rhythmic)



Riyanshi
(Articulation)



Samarpreet Singh
(Best Dressed)



Udayjot Singh
(All Rounder)

BRAIN - O - VITA

INTER CLASS ACTIVITIES

MATHEMATICS QUIZ ZONE (CLASS V)

*'Sharpen your brains with these
Mathematical problems!'*

“

*Imagine with your
entire mind, believe with all
your heart, and achieve with
all your might.*

”



MQ-1

1st

**HARSHIT
SINGH**



MQ-1

2nd

**DIVYANSHI
CHOPRA**



MQ-1

3rd

**JASHIKA
BISHT**

'It made my learning easy.' - Amalgamation of Art with Mathematics

— MQ-2 —



1st

**TEJBEER SINGH
NARANG (VB)**



2nd

**NAYANIKA TIWARI
(VB)**



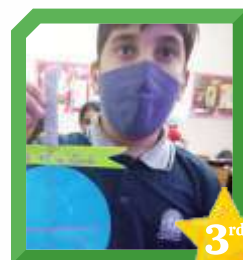
2nd

**HARSHIT SINGH
(VB)**



3rd

**DIYANSHI CHOPRA
(VB)**



3rd

**ANMOL CHOPRA
(VC)**



Consolation
Prize

**EKAMJOT
KAUR
(VB)**



Consolation
Prize

**HRUTUJA
(VC)**

FRENCH POETRY RECITATION COMPETITION

1st Position

Damanpreet Singh and
Druvika Jain of Class V B

2nd Position

Ekamjot Kaur and
Shorya Yadav of Class VA

3rd Position

Divyanshi Chopra and
Nayanika Tiwari of Class V B



G.K QUIZ



GRADE - I

Class I C bagged first position by displaying
the intellect and passionate teamwork.



GRADE - III

Amrinder Singh and Viaan Raj Saxena (III B)
emerged as the winners.

GRADE - V



GK

HARSHIT SINGH
(Class - VB)



GK

AHAANA SINGH
(Class - VB)



SUKHJIT SINGH
(Class - VC)



RIDHIMA SAHU
(Class - VC)



EKAMJOT KAUR GARCHA
(Class - VA)



JASHIKA BISHT
(Class - VA)

HARSHIT was declared as the top performer.

GRADE - VI



GK

GANIKA BISHT
(Class - VIB)



GK

ARNAV THAKUR
(Class - VIB)



AMAAN HUSSAIN
(Class - VIA)



DRISHTI OBEROI
(Class - VIA)



JASMEET KAUR
(Class - VIC)



RUSHALI GUPTA
(Class - VIC)

AMAAN HUSSAIN VI A & GANIKA BISHT VI B were announced the top performers.

INTRA CLASS CLAY MODELLING COMPETITION

Clay modelling is a great way to develop a child's fine motor skills, imagination and spark creativity. An Intra-Class Competition on clay modelling was conducted for grade VI wherein the students participated

exuberantly. They presented clay models on the theme 'Marine Life'. The main objective of the competition was to stimulate the imagination of the children and enable them to learn the names of sea animals.



"TOGETHER
WE CAN DO
GREAT THINGS".

- MOTHER TERESA



MY VISIT TO

BATHINDA CANTONMENT

A few days back, I went to Bathinda, to meet my uncle who is in the Indian army. I went with my parents and younger sister. It took four hours to reach there. I met my uncle, aunt, cousin Tanishka, and a dog named Coco. We enjoyed bonfire in the evening. We played music and danced a lot.

Next day, we went to the Golf Course and played golf. Then I had brunch with my family, and on the way back, I saw the Racecourse. I also saw army tanks, guns and rifles. I enjoyed my stay there and I can proudly say that I love my Indian army and I will become an Indian Army Officer and serve my country.

JAI HIND

RANVEER SINGH
CLASS - III B



THE FOOD OF THE CROW

Once there was a Mr. Crow,
Having his energy low,
He had a big black beak,
But he couldn't even go to seek.
Said the crow,
"Oh! I'm so tired,
So how could I find my food!!"
He mused upon his curious case,
How to find food at his place?
Got an idea to solve the puzzle
He said, "Come, food come."
and the foolish Mr. Crow just saw
a camel's hump.



SEHAJPREET
CLASS - IV A

RIDDLES



Q1. When I'm needed everyone throws me, When I'm not needed everyone keeps me with them. Who am I?

Q2. If you drop me. I am sure to crack, but give me a smile and I'll always smile back. What am I?

Q3. What word start with 'E' and ends with 'E' but has only one letter in it!!

Answers

- A1.** Ship's Anchor
A2. Glass
A3. Envelope

MY SISTER

As kids, we lived together,
we fought together and together we cried.
We didn't always show the love,
that we both had inside.

We shared our dreams and plans,
and some secrets too.
All the memories we share,
is what binds me forever with you.

We grew up to find love is our voice
you are my sister, not by choice.
It's the love shared by our family,
that it very strong.
And I wish that it must last long.

I couldn't have got a better one my Devoo dee,
You are the best on the Earth, and I love u my diii.



KRISHIV SETIA
Class - III A

WILD RITUALS

This is a true story of wild elephants, told to me by my grandfather, who had served as a forest officer in North East in the state of Assam for about 25 years. A herd of elephants was located in the reserved forests around the Assam Oil refinery in Digboi, a place in the dense forest where there are many crude oil wells and plenty of bamboo crops as undergrowth.

The effluents from the refinery are discharged into this reserved forest. One day, a member of the herd drank this water, full of poisonous chemicals and died. The field forest staff reported the death to the Divisional Forest Officer, Digboi, who went to the site to ascertain the cause of death. He found that the entire herd, in the evening, moved to the site and stayed there for the whole night, mourning the death of their departed member and moved out in the morning only. The members of the herd mourned the loss of their comrade for about 15 days.

The media also visited the site and reported the loss in local newspapers. Wild life lovers started visiting the site and ultimately, the matter was brought to the notice of the state government. A post mortem was conducted, which led to the cause of death. The refinery had to compensate for the loss of one elephant by stopping the flow of effluents into the reserve forest.

The environmental and economic issues are actually two sides of the same coin. We won't be able to sustain ourselves if we can't sustain the environment.



PARMRAJ SINGH AULAKH
CLASS - III C

LIFE IS AROMATIC

God gave us all the sense organs
To enjoy and live happily as humans;
Among those, our nose is wonderful
It senses all pleasant odours and makes us cheerful;
My mother always calls me a sniffy pup
As I never fail to sense any smell that is up,
I love the flavour of crisp dosas,
Just like I sense fresh samosas.
Wherever I am, I can guess my favourite dishes
As my mother makes them according to my wishes.
Thank you, God, for giving me good health,
Which is indeed the greatest wealth!!

KAVIN SA
Class - IV A



MY SECRET DREAM

My secret dream is to go on a Disney Cruise. I would swim under the clear blue sky, have a scrumptious feast in the Enchanted Garden and play with seals and dolphins. I would go to Bibbidi Bobbidi Boutique. I would dress up like the Princess Moana and get a suitcase full of make-up. I wish to spend nine whole days at this fantastic place with my family. I hope my secret dream comes true.

AAINA SINGH
Class - VA



IF I HAD WINGS

If I had wings,
I would fly over the hills.
in the countryside and over the seas.
If I had wings
Only if I had wings
I could fly across the globe.
All my dreams would come true.
This is what I hope.
I'll perch on the Statue of Liberty.
And it showcases my capability.
If I had wings
Only if I had wings!!!

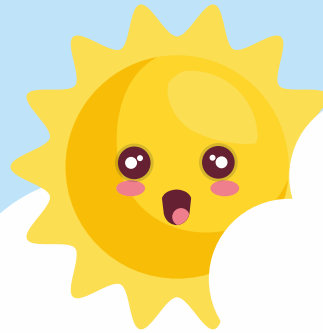
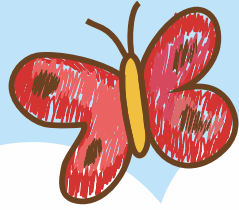
NAKSH KOCHAR
Class - VB

IF I HAD WINGS

If I had wings, I would fly around the whole world. I would perch on the branches of tall trees and gorge myself on all the delicious fruits they produced. I would soar to the top of the mountains covered in snow and enjoy the magnificent beauty of nature. I would keep on flying in the limitless sky. I would visit my favourite places all over the globe without a passport.
Recently, massive destruction was caused by floods in Bengaluru, Chennai and parts of Southern India. I would fly over to these areas and provide food and other necessities to the needy. With my amazing wings, I would fly from one place to another without using any gasoline, petrol or diesel. In this way, I would not only save money and mineral resources, but also do a small favour to Mother Earth by not polluting it.

HARSHIT SINGH
Class - VB

KIDS

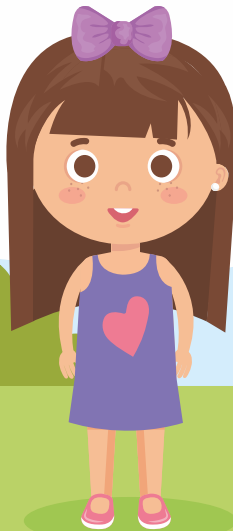


A SINCERE PLEDGE

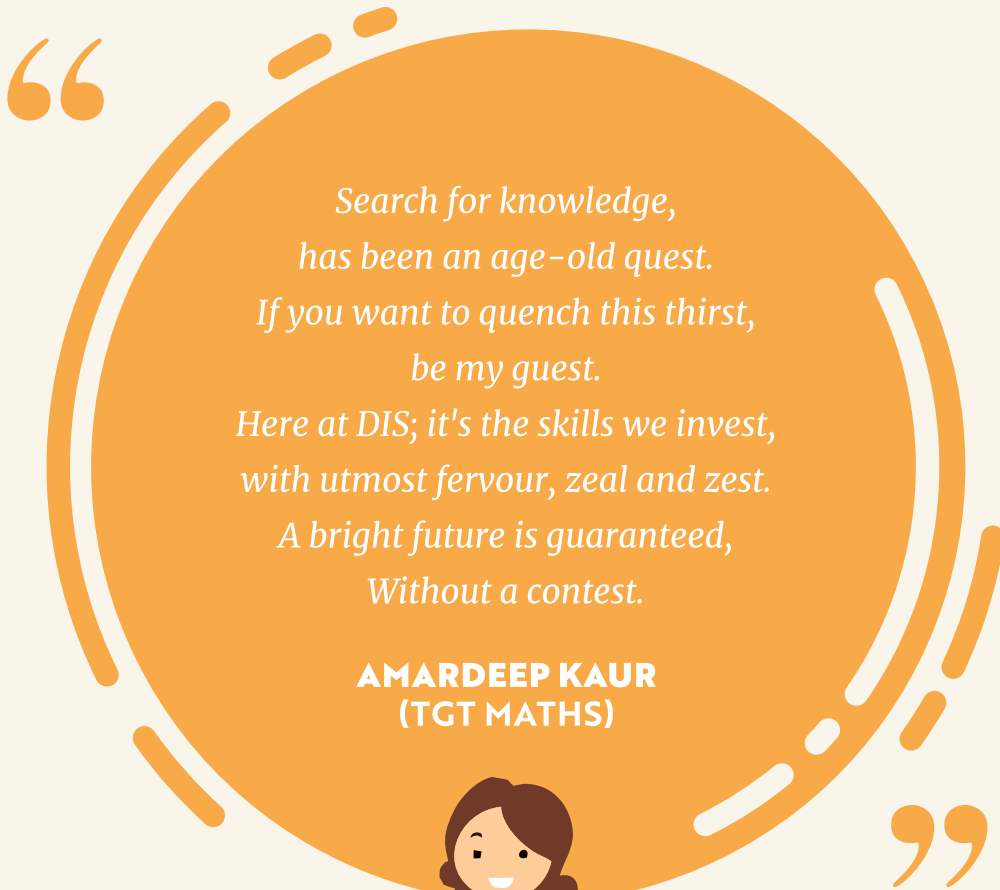
I am good at technology. I can even fix accounts with forgotten passwords. I can solve mathematical problems in a jiffy.

Oh! I forgot to introduce myself. I'm Ishaan. I'm tall and handsome. I'm confident that my dream of becoming a software developer will be fulfilled. I have faith in myself and the strength I get from my mother's blessings infuses courage in me. I strongly believe in the proverb 'God helps those who help themselves.'

ISHAAN NEGI
Class - VA



FROM A TEACHER'S PEN



*Search for knowledge,
has been an age-old quest.
If you want to quench this thirst,
be my guest.
Here at DIS; it's the skills we invest,
with utmost fervour, zeal and zest.
A bright future is guaranteed,
Without a contest.*

AMARDEEP KAUR
(TGT MATHS)



I've been teaching at this esteemed institution for the past two years. It has been a fantastic experience here. I actually have a homely feel about it. The development of relationships with students and staff members is valuable and indescribable. The management has always been extremely helpful and principal ma'am is more like a mother to me, always willing to teach and assist whenever I need it. That's why I've decided to devote more and more years of my teaching career to the school.

ALKA CHOUDHARY
TGT (Social Science)

A Teacher's Diary!!

Teaching is the first choice every child wants to make. From my early childhood, I too wanted to be a teacher. I used to take my mother's dupatta and drape myself to teach my toys to write with chalk on my wooden cupboard. Yes, I know it is a bit humorous, but that's true and now you might also be relating this to your childhood.

But, when I grew up and took teaching as a profession, I realised that teaching is not everybody's cup of tea. It's not a game we used to play as children! My toys became my students, and my cupboard turned out to be a real board. Teaching is not a child's play. One has to take responsibility for the whole class. To teach, one has to learn. A teacher prepares herself/himself three times to teach the pupils.

The experience was totally new when the online classes started during COVID-19. We, the teachers, were giving our 100% just to ensure the continuous learning of the students. We were judged, we were laughed at, and we were appreciated too. We busted the myth that learning is impossible without the four walls of a classroom. Many teachers, who were not computer savvy, burned the midnight oil to learn how to take online classes using computers.

Teaching can be easy, if the environment of the school is friendly and co-operative. I am so lucky to be a part of Doon International where our esteemed Directors are very supportive and worthy Principal is just a call away. I am very thankful to our department head and her team for always helping me. Last but not the least; I am grateful to all my colleagues and coordinator for guiding me always.

VIMALJEET KAUR
(English)



सच्ची मित्रता

'दोस्ती' एक ऐसी चीज़ है जो सिर्फ 'सच्ची मित्रता' में निभाई जा सकती है। सिर्फ एक सच्चा मित्र ही सच्ची मित्रता का अर्थ समझ सकता है। इस संसार में कई मुश्किल पड़ाव हैं जिनमें से कई ऐसे पड़ाव हैं, जिसमें एक सच्चे मित्र की ज़रूरत होती है। जिसके मन में बुराई, भेदभाव या बदला लेने की इच्छा हो, वह कभी सच्चा मित्र नहीं कहलाया जा सकता। सच्चा मित्र वह जो आप का साथ दे, आप पर भरोसा रखे और किसी के बारे में गलत विचार न रखे, वही है सच्ची मित्रता। हम सभी को मन में सच्ची मित्रता का विचार रखना चाहिए। यह विचार रखकर हम सभी शांति से रह सकते हैं।

'आओ सभी आओ, यह रिश्ता निभाओ और खुशियाँ फैलाओ'

सच्ची मित्रता एक ऐसा जादू है, जो सभी को एक जुट कर के इस संसार से बुराई मिटा सकता है; अगर यह रिश्ता ईमानदारी से निभाया जाए, ना कि गद्दारी से। हमें दोस्ती अपना लेनी चाहिए और गद्दारी को मिटा देना चाहिए। इसे निभाकर हम दुनिया में बदलाव ला सकते हैं। यह एक शस्त्र है, बुराई के खिलाफ।

हरनूर कौर
पाँचवी 'स'



अध्यापिका की कलम से:

शिक्षिका हूँ, जाऊंगी कहाँ ?
रहूंगी कहानी के शब्दों में ।
शब्दों के अक्षरों में,
बच्चों की मुस्कान में,
उनकी खिंची गई, आड़ी-तिरछी रेखाओं में ।

भूल जाती हूँ, सारे दर्द-परेशानियों को,
बस बच्चों से यह सुनकर कि
"मैडम आप बहुत अच्छे हो ।"
देखकर उनके भोले और उम्मीद भरे चेहरे,
शामिल कर लेती हूँ, किसी नई गतिविधि के घेरे ।

मैं एक शिक्षिका हूँ, रहूंगी यहीं,
बच्चों की आशाओं में, उनके सृजन में ।
मैं एक शिक्षिका हूँ, मैं एक शिक्षिका हूँ ॥

द्वारा :
अचला शर्मा (TGT हिंदी)



ਮਾਂ ਬੋਲੀ ਪੰਜਾਬੀ

ਪੰਜਾਬੀ ਮੇਰੀ ਜਾਨ ਵਰਗੀ
ਪੰਜਾਬੀ ਮੇਰੀ ਪਹਿਚਾਣ ਵਰਗੀ
ਪੰਜਾਬੀ ਬਜ਼ੁਰਗ ਦੀ ਦੁਆ ਵਰਗੀ
ਪੰਜਾਬੀ ਨਿਰੀ ਖੁਦਾ ਵਰਗੀ
ਪੰਜਾਬੀ ਵਾਰਿਸ ਦੀ ਹੀਰ ਵਰਗੀ
ਪੰਜਾਬੀ ਨੈਣਾਂ ਦੇ ਨੀਰ ਵਰਗੀ
ਭੁੱਲ ਕੇ ਵੀ ਨਾ ਭੁਲਾਉਣਾ ਇਸ ਨੂੰ
ਕਿਉਂਕਿ ਪੰਜਾਬੀ ਹੈ ਸਾਡੀ ਮਾਂ ਵਰਗੀ

ਅਰਨਵ ਸੈਣੀ
ਜਮਾਤ ਚੌਥੀ 'ਏ'



ਸੁਕਰਾਨਾ
ਚਿੱਤ ਪਰਚਾ ਲੈ
ਮਨ ਸਮਝਾ ਲੈ, ਚਿਤ ਪਰਚਾ ਲੈ
ਸੁਕਰ ਮਨਾ ਲੈ ਸਾਈਂ ਦਾ
ਨਿੱਕੀ- ਨਿੱਕੀ ਗੱਲ 'ਤੇ ਮੱਥੇ ਵੱਟ ਨਹੀਂ ਪਾਈ ਦਾ।
ਦਿਨ ਛਿਪਿਆ ਹੈ ਫਿਰ ਚੜ੍ਹੇਗਾ,
ਰਾਤ ਸਦਾ ਤਾਂ ਰਹਿਣੀ ਨਹੀਂ,
ਰੱਖ ਉਮੀਦਾਂ, ਕਰ ਹੌਸਲਾ ਇੰਝ ਚਿਤ ਨਹੀਂ ਡੁਲਾਈ ਦਾ।
ਖੁਦ ਨਾਲ ਕਰਕੇ ਗੱਲਾਂ, ਘੁੱਟ ਗਲਾ ਤਨਹਾਈ ਦਾ
ਸਰਦ ਮੌਸਮ ਅੰਦਰ ਕੁੱਝ ਦਿਨ ਸੂਰਜ ਦੀ ਵੀ ਚਲਦੀ ਨਹੀਂ,
ਇੰਜ ਦੇ ਕਥਨ ਟਿਕਾ ਕੇ ਮਨ ਵਿੱਚ ਆਪਣਾ ਵਕਤ ਟਪਾਈਦਾ।
ਹਰਲੀਨ ਕੌਰ
ਜਮਾਤ ਚੌਥੀ (ਏ)

ਪਾਣੀ

ਪਾਣੀ ਦੇ ਵਿੱਚ ਸ੍ਰਿਸ਼ਟੀ ਰਚੀ,
ਕੁਦਰਤ ਦੇ ਵਿੱਚ ਪਾਣੀ।
ਇਸ ਪਾਣੀ ਨੇ ਸਭ ਕੁੱਝ ਦਿੱਤਾ,
ਇਸ ਦਾ ਕਰਜ਼ਦਾਰ ਹੈ ਪ੍ਰਾਣੀ।
ਪਵਣ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ,
ਲਿਖਿਆ ਵਿੱਚ ਗੁਰਬਾਣੀ।
ਖਿਆਲ ਕਰੇ ਇਸ ਸੁਹਣੇ ਜਲ ਦਾ,
ਨਹੀਂ ਜੀ ਸਕਦੇ ਬਿਨਾਂ ਪਾਣੀ।

ਸਨਵੀ ਸ਼ਰਮਾ
ਜਮਾਤ ਪੰਜਵੀਂ 'ਏ'

ਉਹ ਕੌਣ ਹੈ?

ਸਦਾ ਸਾਨੂੰ ਸਮਝਦੀ ਹੈ ਬਰਾਬਰ,
ਇੱਕ ਅੱਖ ਨਾਲ ਵੇਖਦੀ ਹੈ।
ਸਾਨੂੰ ਗਿਆਨ ਦਿੰਦੀ ਅਤੇ ਮਹਾਨ ਬਣਾਉਂਦੀ,
ਗਿਆਨ ਦਿੰਦੀ ਜਿੰਨਾ ਕੋਈ ਨਹੀਂ ਦੇ ਸਕਦਾ।
ਉਹ ਕੌਣ ਹੈ?
ਜੇ ਸੰਸਾਰ ਵਿੱਚ ਵਧਣਾ ਹੈ ਅੱਗੇ,
ਜਾਨਣਾ ਜ਼ਰੂਰੀ ਹੈ ਤਰੀਕੇ ਜਿਸ ਨਾਲ ਅਸੀਂ ਅੱਗੇ ਵਧੇ।
ਹਰ ਸਮੇਂ ਮਿਲ ਕੇ ਖੇਡਣ ਦੀ ਨਸੀਹਤ ਦਿੰਦੀ,
ਹਰ ਸਮੇਂ ਸਾਥ ਰਹਿਣ ਦੀ ਸੀਖ ਦਿੰਦੀ।
ਉਹ ਕੌਣ ਹੈ?
ਚੰਗੀਆਂ ਸਿੱਖਿਆਵਾਂ ਦਾ ਪਾਠ ਪੜ੍ਹਾਉਂਦੀ,
ਸ਼ੁੱਧ ਅਤੇ ਸੱਚੇ ਜੀਵਨ ਦਾ ਰਾਹ ਦਿਖਾਉਂਦੀ।
ਜ਼ਿੰਦਗੀ ਦੇ ਤੌਰ ਤਰੀਕੇ ਸਿਖਾਉਂਦੀ,
ਲੈ ਜਾਂਦੀ ਸਾਨੂੰ ਅਸਮਾਨ ਤੇ।
ਉਹ ਕੌਣ ਹੈ?
ਉਹ ਸਾਡੀ ਮਿੱਤਰ ਹੈ,
ਉਹ ਤਾਂ ਸਾਡਾ ਜੀਵਨ ਸੰਵਾਰਨ ਵਾਲੀ ਹੈ,
ਉਹ ਸਕੂਲ ਵਿੱਚ ਮਾਂ ਦਾ ਰੂਪ ਹੈ।
ਉਹ ਮਾਂ ਤੋਂ ਵੱਧ ਕੇ ਹੈ।

ਤਰਨਪਰੀਤ ਕੌਰ
ਛੇਵੀਂ ਏ

ਸਤਿਕਾਰ

ਵੱਡਿਆਂ ਦਾ ਕਰੋ ਸਤਿਕਾਰ ਬੇਲੀਓ,
ਫਿਰ ਕਦੇ ਨਾ ਪੈਂਦੀ ਮਾਰ ਬੇਲੀਓ।
ਰੱਬ ਨਾਲੋਂ ਵੱਡਾ ਗੁਰੂ ਅਖਵਾਉਂਦਾ ਹੈ,
ਅੰਬਰਾਂ ਤੋਂ ਦੂਰ ਦੀਆਂ ਬਾਤਾਂ ਸੁਣਾਉਂਦਾ ਹੈ।
ਉਹਦੇ ਗਲ ਪਾਉ ਇੰਜਤਾਂ ਦੇ ਹਾਰ ਬੇਲੀਓ,
ਵੱਡਿਆਂ ਦਾ ਕਰੋ.....
ਪਿਆਰ ਨਾਲ ਜਿੱਤ ਹੁੰਦੀ ਜੰਗ ਸੰਸਾਰ ਦੀ,
ਰਹਿਣੀ ਨਾ ਨਿਸ਼ਾਨੀ ਇੱਥੇ ਕਦੇ ਹੰਕਾਰ ਦੀ।
ਨੀਵੇਂ ਰਹਿ ਕੇ ਮਾਰ ਲਵੋ ਮਾਰ ਬੇਲੀਓ,
ਵੱਡਿਆਂ ਦਾ ਕਰੋ.....

ਸਮਰਬੀਰ ਸਿੰਘ ਗਿੱਲ
ਛੇਵੀਂ ਏ

ਅਰਦਾਸ

ਮੁਸੀਬਤਾਂ ਦਾ ਸਿਰ 'ਤੇ
ਪਹਾੜ ਚਾਹੇ ਲੱਖ ਹੋਵੇ।
ਪੱਲੇ ਮੇਰੇ ਭਾਵੇਂ ਨਾ ਕੱਖ ਹੋਵੇ
ਪਰ ਇਕੋ ਮੰਗ ਮੇਰੇ ਮਾਲਕਾ
ਮੇਰੇ ਸਿਰ ਤੇ ਤੇਰਾ ਹੱਥ ਹੋਵੇ।

ਜਸਕਰਨ ਸਿੰਘ
ਜਮਾਤ ਪੰਜਵੀਂ 'ਸੀ'



CONVIVIALITY SCHOOL CELEBRATES

MOTHER'S DAY



INDEPENDENCE DAY



TEACHER'S DAY





CHILDREN'S DAY



AMRITSAR EXCURSION.... SUNNY SMILE



DIWALI CELEBRATION



Christmas Celebration



REPUBLIC DAY



FAREWELL



A FOND ADIEU

The Class XII batch of 2021-22 was given a warm farewell party by the management and the students of class XI on 13 April 2022 in the school auditorium. The parting ceremony began with the gifting of pens and tag lines as good luck tokens. The students were then treated to a welcome song and a Powerpoint presentation in which they reflected on their years at school. Following that, the impressively dressed students entered the stage with great poise and panache to the accompaniment of music. They were entertained with slick foot tapping presentations comprising beat box, hip-hop and vibrant bhangra. Through games specifically prepared to add fun, variety and hilarity to the event, the outgoing students were exposed to the voices of the teachers to recognise and the corners of the school.

Class XII representatives gave a

'Thankyou' speech dedicated to their teachers and shared their school experiences.

The most awaited and exciting segment of the event began with the announcement of the coveted titles. The titles of 'Mr. Doon and Ms. Doon' were clinched by Saurav Saswat Samantaray and Ashmanpreet Kaur from Science and Humanities streams respectively. Prithvi and Jashanpreet Kaur were named as the most 'Well-dressed boy and girl' respectively. Krishna Mishra and Danveer Singh were crowned 'Mr. and Ms. Meritorious'. The titles of 'Mr. and Ms. Voice of DIS' went to Avneet Singh Kalra and Gurneet Kaur. Arshdeep Singh Bhogal won the 'Old is Gold' title. Gurmukh Singh and Anmol Verma were announced as the winners of 'Mr. and Ms. Dancing Diva'. 'Million Dollar Smile' title was awarded to Anshul Vasishth. Gunesha, Raj Shekhar Jha, Harmanjot Singh,

Brahmjot Singh Tatla, Chetan Tripathi, Bhupinder Singh, Jasmeen Kaur and Karandeep Singh received the titles of Ms. Silent, Mr. Quietude, Ms. Debonair, Mr. Photogenic, Mr. Amiable, Epitome of Decency, Ms. Pleasing Personality and Jolly Good Fellow respectively. 'Sporty Splendor' awards were presented by Yuvkaran Singh and Harnoor Kaur. A cake cutting ceremony accompanied the award ceremony.

Director Mr. Charanjeet Singh Mann and Principal Ms. Ira Bogra congratulated the award winners and wished all the students 'Good luck' for their bright future. The students were seen exchanging emotional words with their juniors, classmates and teachers. All were engaged in collecting memories by clicking photos with their friends and teachers. They reaffirmed their commitment to DIOSA and their desire to be a part of this prestigious institution.







ACTIVITY TEACHERS

PROVING THEIR METTLE

(INTER HOUSE ACTIVITIES)

"A Journey of several miles begins with a small step."

DIS, Mohali aims at providing a platform, where the students can give wings to their dreams. Inter Class, Intra Class and Inter House Competitions are the stepping stones to the holistic development of the students. In such organised competitions, the students not only exhibit their self confidence but add points to their respective the students classes and houses also.

INTER - HOUSE KAVITA GAYAN COMPETITION

कविता के द्वारा कवि मन के भावों को प्रकट करता है व समाज को एक नई दिशा देता है। हिंदी साहित्य की इसी विधा से विद्यार्थियों को परिचित करवाने के लिए नवंबर 27, 2021 को स्कूल में 'इंटर हाउस कविता गायन प्रतियोगिता' करवाई गई। जिसमें कक्षा सातवीं व आठवीं के विद्यार्थियों ने बढ़ चढ़कर भाग लिया। विद्यार्थियों के द्वारा देश भक्ति, मातृभाषा हिंदी वह उत्तम जीवन शैली की सीख देने वाले विषयों को चुना गया जिसकी

प्रस्तुति उनके द्वारा बखूबी दी गई। इस प्रतियोगिता में प्रथम, द्वितीय व तृतीय स्थानों का निर्णय करना निर्णायक गणों के लिए सबसे अधिक कठिन कार्य था। अंत में कक्षा सातवीं में अशोका हाउस प्रथम स्थान पर, रंजीत व टेरेसा हाउस द्वितीय स्थान पर और अकबर हाउस तृतीय स्थान पर रहा। कक्षा आठवीं में अकबर हाउस प्रथम स्थान पर, अशोका व टेरेसा हाउस द्वितीय स्थान पर और रंजीत हाउस तृतीय स्थान पर रहा।



INTER - HOUSE G.K. QUIZ

The students from Classes VII and VIII competed in a General Knowledge Quiz as a part of an Inter-House Competition.

There were various rounds of questions, such as the Rapid Fire Round, Multiple Choice Round, Audio Round, and Visual Round among others. The Audience Round stole the limelight as everyone, including the teachers, answered the questions enthusiastically. The participants from all houses made their respective house masters proud with their outstanding performances. The results were...



Class VII

Ist Position - Ashoka

IInd Position - Akbar

IIIrd Position - Teresa and Ranjit

Class VIII

Ist Position - Ashoka

IInd Position - Akbar

IIIrd Position - Ranjit

INTER - HOUSE PATRIOTIC SONG COMPETITION



An Inter House Patriotic Song Competition for classes IX and X commenced with great patriotic fervour. The spirit of nationalism and freedom was well exhibited by the participants throughout the competition. They came up with melodious songs to showcase their love for the motherland and their commitment to the task of nation building. They pledged to serve their motherland through spreading education and serving the nation. The results of the competition were

Class IX

Ist Position - Ashmeet (Ashoka)

IInd Position - Aadhya (Teresa)

IIIrd Position - Asmi (Ranjit), Vansh Thakur (Akbar)

Class X

Ist Position - Divyam Manro (Ranjit)

IInd Position - Sidharth Singla (Teresa)

IIIrd Position - Aniket (Akbar)



DIS ECO ENDEAVOUR

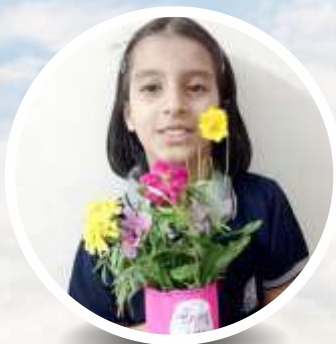
EARTH DAY

**SAVE EARTH,
SAVE HUMAN RACE
DO IT TOGETHER**



// Our lovely blue planet is no more blue.
It is in distress and in rue.

We the humans living on this Earth have caused this all,
Unless we wake up, we'll repent, all big and small.





Care for our Galaxy - The Earth is God's best gift to us, and we've ruined it; let's take care of it and save the green. On the occasion of Earth Day, an array of creative activities were organised with the view of motivating young children to do their bit towards making the

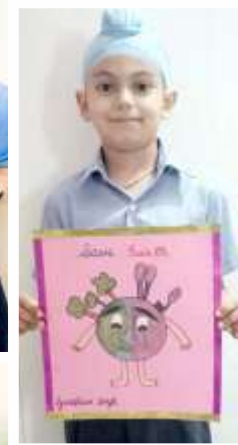
planet even more beautiful. The enthusiastic learners of Grade I to X made amazing and creative products like hanging bags, cards, and paper boxes. They also volunteered to make a difference this Earth Day by brainstorming the ways to 'Go Green', by doing

various activities like growing and nurturing plants, saving water, recycling waste, making bird feeders and nests, etc. The importance of Earth Day dawned upon the young students and they took a pledge to preserve and conserve it.

***"When you plant a tree, plant three.
one for shade, one for fruit, one for beauty."***

To make it a better place, for the entire human race

***We need to grow more trees instead of denuding the jungles
We need to save this planet, make it a unanimous view***





SWACHHTA PAKHWADA

All life on earth is a part of one great interdependent system. Disturbing one part of the biosphere affects the whole. It is a matter of ethics as well as practicality to manage development so that it does not threaten the survival of all on this

beautiful earth. Keeping in view the same, an activity 'Swachhta Pakhwada' was organised by the school in association with Municipal Corporation, Mohali in which the students of class IX participated and showcased their creativity by preparing clay

models, posters and placards with slogans to motivate all to save our planet earth by controlling pollution of all kinds which is causing havoc. They really enjoyed the activity and were motivated to keep their surroundings clean and pollution-free.

***There are no passengers on spaceship Earth. We are all crew.....
We all need to take the responsibility that the spaceship remains safe.....***

Change your lifestyle..... Heal the world and Save Earth.



COVETED CONGRUENCE



LABOUR DAY

*Watch your thoughts, they become
your words.*

*Watch your words, they become
your actions.*

*Watch your actions, they become
your habit.*

*Watch your habits, they become
your character.*

*Watch your character, it becomes
your destiny.*

*'All labour that uplifts humanity has dignity and importance,
and hence should be undertaken with excellence.'*

To celebrate the unceasing support of the menial labour that works tirelessly, Labour Day was celebrated by the young learners from classes I to IV. The children expressed their gratitude not only to the school helpers but also at home, by gifting hand-made thank you cards, badges and goodie bags. The act was designed to forge a

better understanding of the labour community among our children, who must learn to respect and appreciate their painstaking efforts. A special assembly was organised to show their respect to the hard-working labourers, in which the joyful participants from class V expressed their affection for the labourers from the depths of their

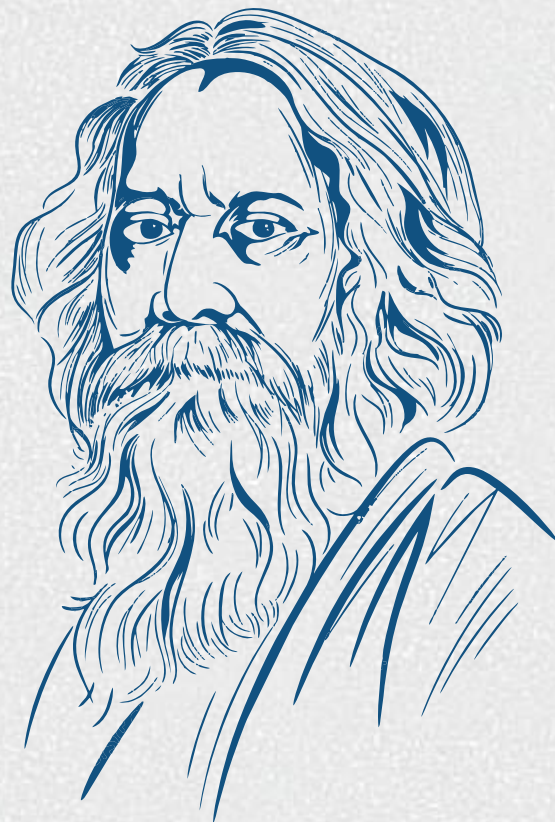
tender merry hearts. The assembly commenced by chanting hymns in praise of the Almighty. They delivered captivating speeches, played musical instruments, made PowerPoint presentations and created glamorous slogans to thank the tireless efforts of the labourers.



COMMUNAL HARMONY DAY

"If God had so wished, he would have made all Indians speak one language... the unity of India has been and shall always be a unity in diversity."

- Rabindranath Tagore



The youth of today can mould the future and make the nation prosper. The need of the hour is to teach our children the value of working in unison. This thought dawned on the young minds of Classes III to VI through an enjoyable activity. They made colourful posters using their creativity on the theme 'Communal Harmony' and learnt about unity in diversity. The students enjoyed the activity to the fullest and took a pledge to live in harmony.

Continuing with the zeal to spread the message of communal harmony and unity in diversity, the students of classes VII and VIII took the initiative to march past in the school premises holding placards and quoting slogans. The flags on their chests conveyed the very spirit of the occasion. The students went to several other classes to enlighten their juniors on 'How to Live in Peace and Harmony with Each Other'. A mime depicting the sense of brotherhood and sportsmanship was also enacted by the students of class VII. A warm message of national integrity was given, and it had a mind-blowing impact on the audience.



UNITY IN DIVERSITY

- BRINGS OUT THE BEST IN EACH OTHER

*"Values permeate in every way
and are reflected in every action."*

India is the epitome of 'Unity in Diversity.' It is a country with diverse customs and cultures. People follow different lifestyles, languages, and so forth. Even so, when a problem arises, the people of the country come together and face the challenges as one.

Learners of Grade I enacted the role of their favourite character from the story 'Good Morning India'. It helped them learn about the cultural diversity in India, respect each religion and live in harmony. This activity cultivated imaginative and divergent thinking among the learners. It also helped to enhance communication and language skills.

In a special assembly with the theme 'Unity in Diversity', the students from Class III demonstrated culture, cuisine, folk dances, and so on with their mesmerising dance performances, enlightening thought for the day and a speech, to showcase the rich legacy of Indian culture.



LIFE SKILLS ACTIVITY

We all have a mental picture of who we are, how we look, what we're good at, and what our weaknesses might be. We develop this picture overtime, starting when we're very young. Being aware of this picture and accepting it, is the first step towards self-respect and self-

respect is the first step towards respecting others and being compassionate. Art-based activities on self-image were conducted in the life skills periods of classes VII and VIII to help them become empathetic towards their fellow beings.



"Wanting to be someone else is a waste of the person you are."

- Marilyn Monroe, Actress

DALE BANK - RE OPENING

TAKING AN OATH OF RESPONSIBILITY

The year 2021 marked the 2nd anniversary of Dale Bank of DIS, which continued its incessant services towards its customers. The bank functions to support the needy through loans, deals with debit and credit transactions and fixed deposits. On the day of its anniversary, the responsibility of running the bank was forwarded to the students of Class XI commerce. The students of the school were once again apprised of the schemes and other important information regarding bank services.



SECTION - III

CLASSES VII to XII



SENIOR SCHOOL REPORT

ACADEMIC REPORT

“*Literacy in itself is no education. Literacy is not the end of education or even the beginning. By education we mean an all- round drawing out of the best in the child-body, mind and spirit.*”

MAHATMA GANDHI



This philosophy of Mahatma Gandhi is followed to a tee at DIS. The academic curriculum designed at the school is committed to the development of all-round excellence within the student body and creates individuals capable of dealing with the challenges of today's globalised world.

A variety of curricular and co-curricular practices are embedded in the culture of the school to hone the skills of the students. Discipline and a sense of brotherhood are developed through morning assemblies, which are held every Monday and Friday for Senior Wing students. Participation in such assemblies enhances the confidence of the students, reduces stress and makes learning fun.

Learning has been taken to a whole new level with both online and offline classes wherein extra

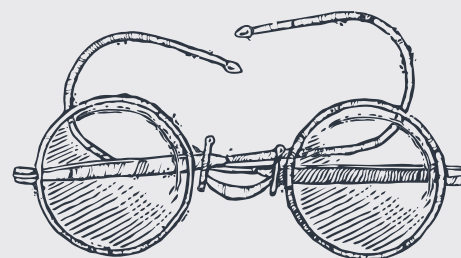
efforts are made to let the students take the learning seriously, seize the opportunity positively, be resilient, have a go, strive for excellence and never give up in any situation.

The school witnessed the active participation of the students in the DISMUN conference, Science, Mathematics, English, Social Studies, General Knowledge, Computers, and Business Olympiads, as well as numerous inter-school or inter-house competitions throughout the year. The emphasis now is on setting minds to new heights in the pursuit of excellence and achievement.

On a newly constructed floor, the Robotics Lab, New Computer Lab, Shooting Range, NIIT Guru Maths Lab, Psychology Lab, Home Science Lab and Music Lab have been given new larger venues and many new rooms fully equipped with smart

boards and other paraphernalia are also there. Every year, the school spreads its wings to reach new heights of success.

The school is known for its zeal to provide the best facilities to National Cadet Corps (NCC) cadets. A lot of activities are conducted solely for them, keeping in mind their holistic development. The NCC cadet in charge of the school, ANO, Amarjeet Singh, got one month training for elevation as Second Officer at Nagpur, where he was also equipped with a better understanding of the ways to train the NCC cadets at school level.



EXPLORING OUR WORLDS OF LEARNING.....

CLASS VII

ENGLISH

IDEAL SCHOOL

"Imagination is the ability of an individual to think of what could be, could have been and what could never be."

Making a model of their ideal school by incorporating all the elements could not drain the students' excitement. Rather it led them to come up with an array of ideas which would make the school more intriguing and a fun place to learn.



PUPPET SHOW

The ignited young minds worked together to make manikins and to stage a puppet show presenting the fictitious stories of their own. The zing to design the backdrops, narrate the stories with proper expressions and dramatics and to send across a message to the audience earned applause and boosted their confidence.



LEARNING WHILE CREATING

To make a clear distinction between adverbs and adjectives, the prodigies constructed a 'Tree of Adverbs'. The activity was fun as it was performed by the students in groups of five.



MATHEMATICS

AREA AND PERIMETER

A mathematics activity on 'Area and Perimeter' conducted in the class by using matchsticks, thermocol sheets enhanced the students' learning and broadened their vision to the practical applications of the same in buildings, farming, architecture and science.

SCIENCE

HALLOWEEN LEAF ART

'Art is as natural as sunshine and as vital as nourishment.'

An activity to design leaves on the theme of 'Halloween Leaf Art' became a unique blend of fine arts and sciences that assisted the students to showcase their creativity, exhibit their talent and retain the concept of 'Leaf and its Parts' thoroughly.



SOCIAL SCIENCE

DIFFERENT COUNTRIES AND STATES

Understanding and learning about the topic 'Different Countries and States' was delightful when the students discussed and then presented their ideas in a brainstorming session about different languages, religions, clothing, and cuisines of Indian states.



WOMEN'S EMPOWERMENT - ROLE PLAY

The aspiring performers paid a huge tribute to the brave and fierce women who prevailed during ancient India. They adorned the ensembles of the women of that era and tried to imitate their mannerisms. They also paid homage to women like Razia Sultan, who didn't succumb to societal pressure and reigned as proud empresses of the Delhi Sultanate.

NEW KINGDOMS

Though clay modelling is an unconventional art form, over the years it has been emerging as a hobby among youngsters. To give vent to the sculpture skills of the students, a clay modelling competition was organised for the students on the topic, 'New Kingdoms'. The young sculptors created exquisite clay models of gods and goddesses and displayed their inclination towards this skill.



HINDI

मीठे के बिना खाना अधूरा है। उसी अधूरे खाने को पूरा करने के लिए परिवार सहित मिठाइयाँ बनाने व खाने का आनंद लिया गया।



PUNJABI

ਕੁੜੀਆਂ ਦੀ ਮਹਾਨਤਾ ਇਸ ਕਰਕੇ ਨਹੀਂ ਹੋਣੀ ਚਾਹੀਦੀ ਕਿ ਉਹ ਦੇਸ਼ ਲਈ ਮੈਡਲ ਜਿੱਤਦੀਆਂ ਹਨ, ਦੇਸ਼ ਦੀ ਇੱਜ਼ਤ ਬਚਾਉਂਦੀਆਂ ਹਨ ਅਤੇ ਪੁਲਾੜ ਵਿੱਚ ਜਾਂਦੀਆਂ ਹਨ। ਤੁਹਾਡੀ ਧੀ ਤੁਹਾਡੇ ਉੱਨੇ ਹੀ ਪਿਆਰ ਦੀ ਹੱਕਦਾਰ ਹੈ ਜਿੰਨਾ ਕਿ ਪੁੱਤ। ਇਸ ਵਿੱਚ ਕੋਈ ਸ਼ੱਕ ਨਹੀਂ ਹੈ ਕਿ ਕਿਸੇ ਦੇਸ਼ ਦੀ ਮਹਾਨਤਾ ਉਸ ਦੇਸ਼ ਦੀ ਇਸਤਰੀ ਦੀ ਸਥਿਤੀ ਅਤੇ ਸਥਾਨ 'ਤੇ ਅਧਾਰਤ ਹੁੰਦੀ ਹੈ। ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਵਰਗੇ ਮਹਾਨ ਪੁਰਖਾਂ ਨੇ ਵੀ ਔਰਤ ਨੂੰ ਮਹਾਨ ਦੱਸਿਆ।



CLASS VIII

ENGLISH

ROLE PLAY

Through spectacular costumes and conversations, the ambitious pupils conducted enactments of 'Macavity, the Mystery Cat,' displaying their skills in story-telling, imagination, communication, and self-regulation. Each group effectively portrayed the role with props, specialized language, eye contact, gestures, and voice projection.



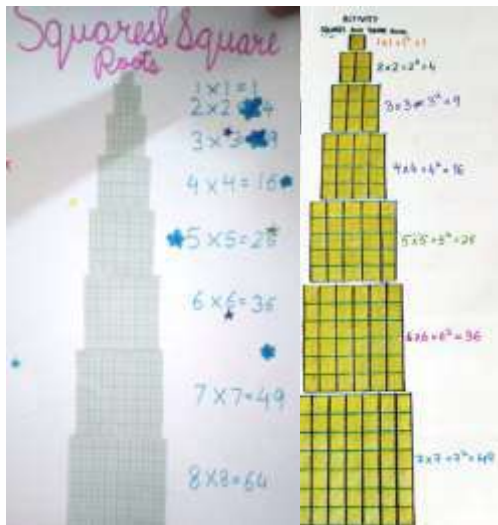
TETE - E - TETE

An activity called 'Tete-E-Tete' was held based on their chapter 'Unbreakable Mary Kom' to help students gain a better understanding of the concept of interviews and to help them become more confident when answering the challenging questions. They made a beautiful questionnaire and had a lot of fun pretending to be a journalist and Mary Kom, a well-known boxer. The aspiring interviewers and interviewees practised basic etiquette, voice tone and body language during the course.

MATHEMATICS

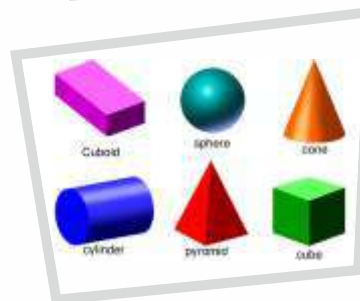
MAKING QUTUB MINAR USING SQUARES

Art and craft-related activities instil a sense of pride and achievement in a child, which helps in boosting self-esteem. The students displayed their brilliant architectural skills by using squares to construct the models of the historical monument, Qutub Minar.



RECREATING DIFFERENT 3D SHAPES

Prisms, footballs, crowns, monuments, pyramids, and other three-dimensional figures were created by the inventive Doonites by employing their mastery of geometry. This art-integrated work demonstrated a perfect balance between their mathematics, science, and social science abilities.



SCIENCE

LAB KIT ACTIVITIES

Science kits are nothing short of a treasure for students who enjoy getting involved in science activities and exploring everything the kits have to offer. While experimenting with lab equipment included in their science kits, the budding scientists learnt about heat transport and temperature measurement. Their curious minds contributed to a better grasp of the fermentation process and instilled in them the idea of learning by doing.



NATIONAL NUTRITION WEEK

This year's theme for National Nutrition Month was "Feeding Smart from the Start." Throughout the week, children revealed their hidden culinary talents by repurposing leftover food into delicious dishes and refreshing drinks to beat the heat. They also emphasised the nutritional value of the ingredients they used in their recipes.

AGRICULTURE IS OUR COUNTRY'S BACKBONE

The students were given an opportunity to engage in an Intra-Class Competition to learn about the art of farming and to show performed respect to farmers. They performed an activity in which they had to collect data on the most important crops grown in various states. The pupils had to stick the actual grains or pictures (for crops like cotton that don't have grains) on the board.

They also looked at the link between soil type, climatic circumstances, and the crops grown in a particular area.



LET'S PRESERVE OUR RESOURCES

The classroom became a window through which a ray of knowledge enlightening the students about indiscriminate use of natural resources dawned upon them. A variety of prepared models and charts became instrumental in spreading the messages like **'use less water for showers', 'turn off the lights when not in use'** and **'use renewable energy,'** to many.

HINDI

वर्तमान में भला कौन जीता है, हमें तो चिंता अपने भूत व भविष्य की होती है लेकिन वर्तमान हमारे लिए कितना जरूरी है ! यह हमने गीता सार से सीखा, जिसे बच्चों ने बड़े ही आकर्षक ढंग से लिखा और कक्षा में सुनाते हुए आनंद महसूस किया।

अपनी मनपसंद फिल्म के संवाद को बोलते हुए जो आनंद आता है, उस आनंद की अनुभूति विद्यार्थियों ने अपनी कला दिखाते हुए महसूस की।



PUNJABI

ਕਿਸੇ ਵੀ ਦੇਸ਼ ਦੇ ਸੱਭਿਆਚਾਰ ਵਿੱਚ ਉਸ ਦੀ ਕੌਮ ਦਾ ਪ੍ਰਤੀਬਿੰਬ ਦੇਖਿਆ ਜਾ ਸਕਦਾ ਹੈ। ਜਿਹੜੀ ਵੀ ਕੌਮ ਆਪਣੇ ਸੱਭਿਆਚਾਰ, ਸੰਸਕ੍ਰਿਤੀ ਦੇ ਪ੍ਰਤੀ ਅਵੇਸਲੀ ਹੋ ਜਾਂਦੀ ਹੈ। ਉਹ ਆਪਣੀ ਪਹਿਚਾਣ ਗੁਆ ਬੈਠਦੀ ਹੈ। ਇਸ ਕਥਨ ਦੀ ਪੁਸ਼ਟੀ ਲਈ ਜਮਾਤ ਅੱਠਵੀਂ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਗਈ, ਜਿਸ ਨੂੰ ਉਨ੍ਹਾਂ ਨੇ ਤਸਵੀਰਾਂ ਰਾਹੀਂ ਪੇਸ਼ ਕੀਤਾ।

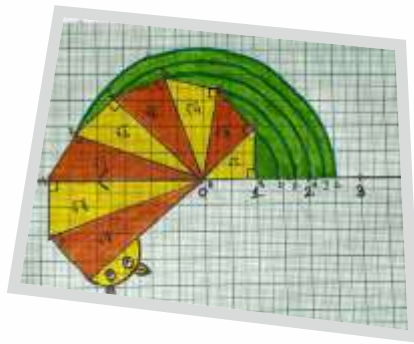
CLASS IX and X

ENGLISH

The passionate Doonites put together fantastic food hampers comprising packed delicacies in reference to their humorous literary chapter "Packing," in which three friends packed a food hamper when they planned to embark on a long vacation.

An Intra-Class debate session, based on their poem, "The Snake Trying," led the students to forget about the time of their class when they participated in it

zealously. With intense and protracted discussions, the students defended their answers to the question, "Is it ever justified to murder an animal or a bird?"



MATHEMATICS

An activity on Square Root Spiral was performed by the students of Class IX to learn how to represent irrational numbers on the number line. The colourful display of the spiral showcased their innovative ideas, talent and creativity.

For the activity on Area of a Cylinder, the students of Grade IX demonstrated their creativity by using coloured origami sheets to display the concept in an easy and effective manner.

SCIENCE

MY INNOVATION

***"The best way to learn science is by doing science.
Bring the scientist out of every student."***

The school has always been on the forefront with numerous activities and events aimed at inculcating scientific temperament amongst its students. Keeping this tradition alive, an activity "My Innovation" was organised in which the students of Grade IX and X passionately demonstrated their abilities and understanding of scientific concepts. The young learners prepared projects, both still and working, PPTs and charts.

Top three students from each section of Grade IX and X were given certificates by the Principal Ms. Ira Bogra.



GEOGRAPHY

WHAT I UNDERSTAND BY TOPOGRAPHY

The subject 'Geography' teaches the students about the flora and fauna. A variety of activities were carried out in Class X to introduce several ideas to the students in order to apprise them of the soil of India, the prudent use of resources, and

resource conservation. These activities represented the concepts through map work and model construction.

Class IX learnt about topography. The activities undertaken to teach and introduce various concepts in

topography, such as the water divide, drainage pattern and atmospheric pressure belt, were represented through map work and by making models.



POLITICAL SCIENCE

IMPACT OF POLITICAL CARTOONS

Political cartoons are made for the purpose of conveying editorial commentary on politics, politicians and current events. Such cartoons play an important role in the political discourse of a society that provides freedom of speech. The students were asked to draw cartoons related to the topic and interpret them. This activity augmented their

understanding of the practice of federalism in India. The activity was related to the chapter "Federalism". The objective was to create awareness about the importance of the power sharing in practice. The students understood the major forms of power sharing in modern democracies.



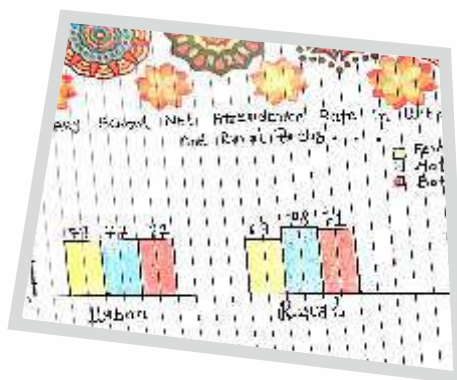
The Constitution is the supreme law of the country. It determines the rights of citizens, the powers of the government and how the government should function. The students of class IX drafted a 'Classroom Constitution for the

year.' After brainstorming the rules, they were required to implement the set rules to maintain order and fairness in the classroom. This activity helped the students to understand the importance of having rules not only to maintain

law and order in the country but also to maintain order at home, at school and in their community. The students also comprehended the values, rights and responsibilities enshrined in the Constitution.

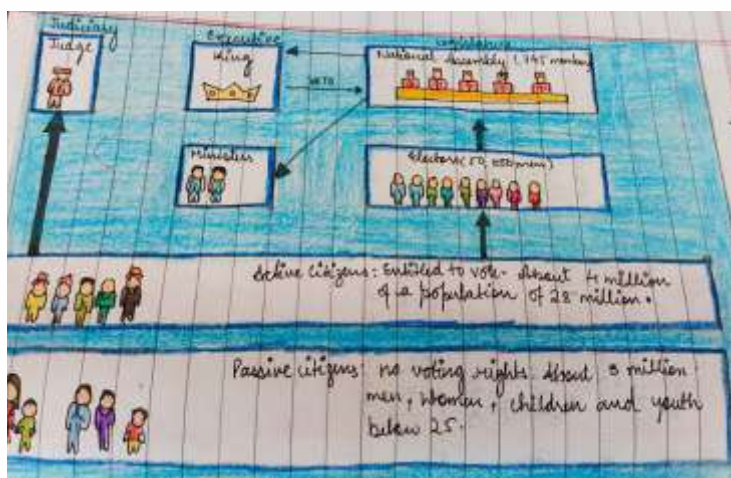
To understand the concept of GDP and its contribution, the

students of Class X were asked to collect data on the composition of the population engaged in different sectors through Google. This project assisted them in knowing the different steps taken by the government to support the poor and overcome poverty.



The study of history is important to create awareness among the students so that they can know about the glorious past of mankind. An effort was made to develop the same by organising various activities to be performed by the students of Classes IX and X on World History and importance of revolutions and Nationalism respectively. Class X students were acquainted with the

concept of 'Visualising the Nation.' For this, they drew various attributes of Germania (allegory of Germany) and meanings of these attributes were explained to them. The students of Class IX covered French Revolution and its causes, by preparing projects on a society of Estates, course of subsistence crisis, reading political symbols and political system under constitution of 1791.



HINDI

कक्षा - ९

मिट्टी से जुड़े रहना बहुत आवश्यक है। मनुष्य का शरीर मिट्टी का है और मिट्टी में ही मिल जाता है लेकिन फिर भी हम मिट्टी में खेलने से डरते हैं। उसी डर को दूर करने के लिए बच्चों ने मिट्टी के बर्तन व अलग-अलग आकृतियाँ बनाकर अपनी प्रतिभा को निखारा। यह संदेश भी दिया कि वे साधारण सी दिखने वाली मिट्टी को भी रंग कर सुंदर रूप दे सकते हैं।



कक्षा - १०

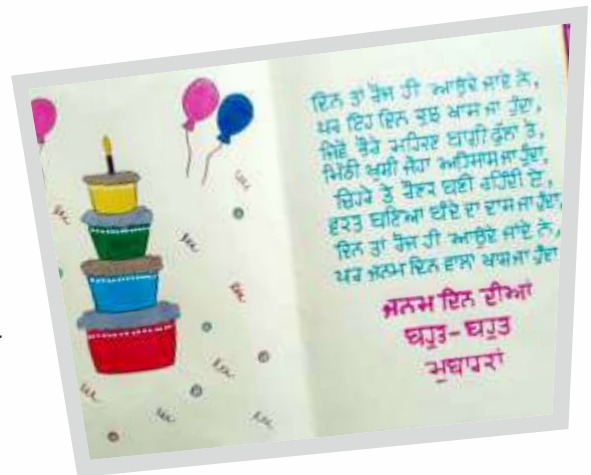
किसी भी कार्य को अच्छे ढंग से करने के लिए हम में आत्मविश्वास का होना बहुत जरूरी है। वाद - विवाद प्रतियोगिता के द्वारा यही आत्मविश्वास बाहर आया। जिसमें विद्यार्थियों ने बड़ चढ़कर भाग लिया और इस प्रतियोगिता को सफल बनाया।



PUNJABI

ਜਮਾਤ : ਨੌਵੀਂ

ਕਹਾਣੀ 'ਜਨਮ ਦਿਨ' ਦੇ ਅਧਾਰ ਤੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਜਨਮ ਦਿਨ ਮਨਾਉਣ ਦੀ ਗਤੀਵਿਧੀ ਦਿੱਤੀ ਗਈ। ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਬੜੇ ਉਤਸ਼ਾਹ ਨਾਲ ਆਪਣੀ ਮਾਂ ਬੋਲੀ ਵਿੱਚ ਕਾਰਡ ਬਣਾਏ ਅਤੇ ਆਪਣੇ ਸ਼ੁਭਚਿੰਤਕਾਂ ਨੂੰ ਸ਼ੁਭਕਾਮਨਾਵਾਂ ਦਿੱਤੀਆਂ। ਇਸ ਗਤੀਵਿਧੀ ਦਾ ਮੁੱਖ ਮਕਸਦ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਹ ਸਮਝਾਉਣਾ ਸੀ ਕਿ ਸਾਨੂੰ ਰਿਸ਼ਤਿਆਂ ਦੀ ਕਦਰ ਕਰਦੇ ਹੋਏ ਰਿਸ਼ਤੇ ਬਣਾ ਕੇ ਰੱਖਣੇ ਚਾਹੀਦੇ ਹਨ। ਜਿਸ ਨਾਲ ਆਪਸ ਵਿੱਚ ਪਿਆਰ ਵੱਧਦਾ ਹੈ। ਪੇਪਰ ਉੱਤੇ ਲਿਖੇ ਦੇ ਅੱਖਰ ਵੀ ਰਿਸ਼ਤਿਆਂ ਨੂੰ ਹੋਰ ਪੱਕਾ ਕਰ ਦਿੰਦੇ ਹਨ।



ਜਮਾਤ: ਦੱਸਵੀਂ

ਪੰਜਾਬੀ ਵਿਰਸਾ ਜੋ ਪੰਜਾਬੀਆਂ ਦੀ ਸ਼ਾਨ, ਅਮੀਰੀ ਅਤੇ ਦਿਲਬਰੀ ਦਾ ਪ੍ਰਤੀਕ ਹੈ, ਹੁਣ ਕਿਸੇ ਹੱਦ ਤੱਕ ਅਲੋਪ ਹੁੰਦਾ ਜਾ ਰਿਹਾ ਹੈ। ਹੁਣ ਸਾਡੇ ਵਿਰਸੇ ਦੀ ਪਹਿਚਾਣ ਘੱਗਰੇ, ਫੁਲਕਾਰੀਆਂ, ਪੱਖੀਆਂ, ਚਰਖੇ ਆਦਿ ਸਭ ਦੀਆਂ ਮਹਿਜ਼ ਗੱਲਾਂ ਹੀ ਰਹਿ ਗਈਆਂ ਹਨ। ਅਸੀਂ ਭਾਵੇਂ ਆਪਣੇ ਵਿਰਸੇ ਨੂੰ ਭੁੱਲਦੇ ਜਾ ਰਹੇ ਹਾਂ ਪਰ ਸਾਡਾ ਵਿਰਸਾ ਸਾਨੂੰ ਭੁੱਲਣਾ ਨਹੀਂ ਚਾਹੁੰਦਾ। ਸਮੇਂ ਅਨੁਸਾਰ ਆਪਣੇ ਆਪ ਨੂੰ ਢਾਲਣਾ ਤਾਂ ਚੰਗੀ ਗੱਲ ਹੈ ਪਰ ਆਪਣੇ ਪਿਛੋਕੜ, ਰੀਤੀ ਰਿਵਾਜ ਤੇ ਪੁਰਾਣੇ ਵਿਰਸੇ ਨੂੰ ਭੁੱਲਣਾ ਕੋਈ ਚੰਗੀ ਗੱਲ ਨਹੀਂ। ਆਪਣੇ ਪੁਰਾਣੇ ਵਿਰਸੇ ਨੂੰ ਯਾਦ ਕਰਦਿਆਂ ਇਸ ਨੂੰ ਤਸਵੀਰਾਂ ਰਾਹੀਂ ਪੇਸ਼ ਕਰਨ ਵਿੱਚ ਬੜਾ ਉਤਸ਼ਾਹ ਦਿਖਾਇਆ।



“ Learning is experience, everything else is just information. ”

CLASSES XI and XII

ENGLISH

AILING PLANET: THE TABLEAU

There is a growing consciousness that the Earth itself is a living organism. Nurturing nature, so that we have a better future, is extremely necessary. To increase the feeling of responsibility in the minds of the youth, an article titled "The Ailing Planet: The Green Movement's Role" by Nani

Palkhiwala was included in Class XI English curriculum. Grade XI students were tasked with taking the concept from the said article of their literature book and transforming it into a tableau. Each of the streams from XI grade, i.e., Science, Commerce, and Humanities, formed one team each

and presented their work on November 16, 2021.

Each of the tableaus was distinct in its presentation and its concept. The event was witnessed by several teachers, and it ended with an inspirational speech by the Principal, Ms. Ira Bogra.



HOME SCIENCE

'Meal for an Adolescent' was the theme of the activity performed by the students of Grades XI and XII. Using seasonal vegetables and fruits with maximum nutritional values & within the budget was a condition for the activity. Creative and unique dishes were the appreciated outcomes of this stupendous activity.

POLITICAL SCIENCE

There's nothing like a little healthy competition to inspire you to strive for perfection. With this in mind, a Quiz Competition was organised for the students of XI Humanities (Political Science). The objective was to enhance their intellect and political

understanding. Infinite Bounce, Double or Nothing, Picture Action, and Rapid Fire were the four rounds of the quiz. Every round consisted of a variety of topics ranging from political history to the Indian political system to contemporary political

understanding. All the participants were quite engaged. The participants not only learned a lot, but they also had fun answering a variety of questions on political science.

LEGAL STUDIES

On November 15, 2021, the students of Class XI Humanities participated in an activity that involved writing a report on the key topic 'Independence of the Judiciary'. The students, after critically analysing the matter, voraciously discussed amongst

each other the meaning of judicial independence, its purpose, the importance of the judiciary and how the constitution ensures complete independence of the judiciary. The goal of the exercise was achieved based on their conclusions.



PSYCHOLOGY

XI Humanities class was fully convened in their psychology laboratory to carry out a CBSE-mandated topic activity, which was supervised by their psychology instructor, Dr. Mitu Bhalla. The lesson emphasised mindfulness, which is a highly significant psychological subject in

today's world. The students were divided into three groups, each of which took three different techniques to gaining mindfulness. Placards linked to the students' findings were created. The session comprised a variety of helpful hints for preventing anxiety and stress and significance of deep breathing and meditation as a way to calm our racing minds.

HISTORY 'WELL PRESERVED TIME'

The study of history is important to create awareness among the students of Class XI Humanities so that they can know the glorious past of mankind. The organised activity opened the doors of excitement when the students were asked to compare the utilitarian approach used by the Indus people and those that are still in use. They conducted their study and then pasted photographs of the articles, which were common thus successfully achieving the objective i.e. to understand ancient Indian society in a better way.



PHYSICAL EDUCATION

'Yoga' has been part and parcel of every student's life at school. Since this pandemic situation, the students have been trained to meditate through a variety of yoga asanas, be it online or offline. Such practices assist them to introspect, meditate, understand each other and then retrospect in any situation of life.

GEOGRAPHY

NOW I AM CURIOUS - WANT TO KNOW MORE!!!!

Activity: Time zone and Climatic zone - demonstrating latitude and longitude to the students using a globe. Curious students got to know how these lines can assist us in interpreting the climatic zone and calculating the time difference.



Activity: Discussion on the volcano and its components - The participants were enlightened about the facts that a volcano is a vent on the earth's surface, tectonic movement causes them to explode and the accumulation of lava surrounding the vent over time results in the formation of a volcanic mountain.

Activity: Interior of the earth - Participants of the activity obtained knowledge about the earth's structure and became familiar with the three layers of the earth's crust, mantle, and core.



FINE ARTS

Fine Arts can just be a subject for others, but it is a source of rejuvenation for the Doonites. Fine arts periods are used by many to exhibit their feelings with canvas, paints, and brushes. A variety of activities are organised from time to time for the students to hone their artistic skills.



MUSIC

Considering the huge amount of talent on the rolls, it comes as no surprise that music plays a vital part of the daily routine for the students at DIS. The assemblies are incomplete without the prayers, school anthem, etc. sung by the choir. The Western Music choir makes its place in almost every function of the school. The students have even learnt 'Sargam' and 'Raagas' along with numerous melodies.



MATHEMATICS

The aspiring mathematicians were led to the Mathematics Lab to learn more about the notion of "sectioning of three-dimensional objects" and were shown how to section a cone and a double cone in detail. They had a better knowledge of the topic "Cone Section" as a result of this hands-on learning experience.



PHYSICS

The flat-topped tables used as student workstations allow multiple arrangements and combinations for laboratory work and small-group activities. The equipment ranges from the commonly found lens, magnet, beam balance, spring balance, and glass prism to the advanced apparatus like voltmeter, ammeter and resistors and spectrometers always attract the attention of young Doonites. A glance of Class XI students performing the experiment and reinforcing the principles learned in class. The resistivity of nichrome was calculated by the students in the experiment.



CHEMISTRY

The avant-garde Chemistry Laboratory provides a platform for students to nurture the budding scientist within them. Visits to the lab enable them to understand the scientific concepts comfortably. In one such activity, the students learnt how to find the concentration of a solution and detection of unknown salt.



BIOLOGY

DNA is fascinating-the characteristics of a certain plant or animal are entirely dependent on the DNA of its parent. And the students in Class XII understood this. The transparent tangled mass that resulted from isolating the DNA of a banana fascinated not only the performers but also those who paid a visit to the lab to enjoy the results.



MOMENTS OF EXHILARATION

With activities uncountable, they learn to be accountable.....

INTER-CLASS IMPROMPTU COMPETITION

Public speaking competence is of paramount importance and is vital to students' success. Learning effective public speaking skills enables students to get good grades in all subjects. Keeping this in mind, an Inter-Class Impromptu Competition

was held in classes VII and VIII. The students were judged on the parameters of their body language, eye contact, vocal variety, idea development, confidence, and meeting the allotted time. The results were as follows:

Class VII



2nd

POSITION
Ravneet Kaur
(VII-C)



1st

POSITION
Mannat Saini
(VII-B)



1st

POSITION
Vedanshi
(VII-B)



3rd

POSITION
Devangi
(VII-B)

Class VIII



2nd

POSITION
Jasmeen Kaur
(VIII-A)



1st

POSITION
Hargun Kaur
(VIII-B)



3rd

POSITION
Devesh Sankhyan
(VIII-C)



MATHS QUIZ

An Inter Class ARYABHATTA Maths quiz was organised for class IX in which the participants exhibited remarkable confidence, analytical and calculative skills, combined with good presence of mind to tackle mind boggling questions pertaining to different rounds such as the Mathematician Round, Visual Round, Logical Round, General Round and Problem Solving Round, to name a few.

All the three teams, viz., Aryabhatta Team, Brahmagupta Team and Ramanujan Team gave answers at their best. The winner of the quiz competition was team Brahmagupta followed by Ramanujan and Aryabhatta for second and third positions respectively.





BUSINESS QUIZ

The students from grades XI and XII Commerce took part in an Inter Class Commerce Quiz. A volley of brainstorming questions from the domains of Business Studies, Accountancy, Economics, and General Knowledge were asked in this quiz. The victorious squad was revealed to be Team A.

INTER-CLASS RANGOLI COMPETITION

Rangoli is an art form, originating in the Indian subcontinent, in which patterns are created on the floor or a tabletop using materials such as powdered limestone, red ochre, dry rice flour, coloured sand, quartz powder, flower petals and coloured rocks. On the occasion of Diwali, an Inter Class Rangoli Making Competition was organised for classes III onwards wherein they participated enthusiastically. They showed their enthusiasm by making Free Hand Rangoli and Flower Petal Rangoli, giving vent to their creative knack and exhibited Rangolis using different hues and earthen lamps. The results that brought cheerful smiles on the faces of the participants, were:



POSITIONS/CLASSES	VII	VIII	IX	X	XI (STREAM)	XII (STREAM)
I	Section - A	Section - A	Section - B	Section - B	Commerce	Humanities
II	Section - C	Section - B	Section - A	Section - C	Humanities	Science
III	Section - B	Section - C	Section - C	Section - A	Science	Commerce

INTRA - CLASS FRENCH COMPETITION

Learning French is the pleasure of learning a beautiful, rich, melodious language that is often called the language of love. An intra-class French competition was conducted in class VIII on December 17, 2021, to

acquaint the students with the rich culture of France. The students from all the sections participated enthusiastically.

The topic of the competition was "La Civilisation of France."

The participants brought the placards and spoke on different topics, showcasing their indepth knowledge.





SENIOR WING ACHIEVERS



7A
Anmol Arora
(Scientific
Inclination)



7A
Avni
(Academic
Excellence)



7A
Aayush
(Techno Savvy)



7A
Depinder Kaur
(Best Dressed)



7A
Dhairya
(Best Mathematician)



7A
Harshita
(Nimble Feet)



7A
Jaswant Singh
(Nimble Feet)



7A
Kanwarprapat Singh
(Best Dressed)



7A
Manya Goyal
(All Rounder)



7A
Niharika
(Creative Skills)



7A
Sanskriti
(Best Orator)



7A
Yashmit
(Avid Reader)



7B
Akomn Kaur
(Best Dressed)



7B
Amrit Sakhuja
(All Rounder)



Anantveer Singh
(Techno Savvy)



Bhavneet Kaur
(Best Dressed)



Devangi
(Best Orator)



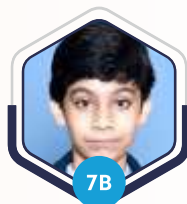
Hunar
(Nimble Feet)



Irvinjeet Singh
(Best Mathematician)



Kanwarjot Singh Bedi
(Techno Savvy)



Karanjeet Singh
(Nimble Feet)



Mangurjot Singh
(Best Mathematician)



Mannat Saini
(Avid Reader)



Nandini
(Creative Skills)



Seerat Bhatia
(Academic Excellence)



Sidharth Batra
(Scientific Inclination)



Udhampreet Singh
(Creative Skills)



Aarna Gupta
(Best Orator)



Livnoor Kaur
(Best Dressed)



Navya Saroha
(Best Mathematician)



Navya Mishra
(Techno Savvy)



Naysa Kripta
(All Rounder)



Prabhjot Singh
(Best Dressed)



Rasanpreet Singh
(Creative Skills)



Ravneet Kaur
(Academic Excellence)



Shambhavi Bansal
(Techno Savvy)



Taniya
(Nimble Feet)



Yashdeep Singh
(Scientific Inclination)



Aditya
(Best Mathematician)



Kushal
(Best Orator)



Harnoor Kaur
(Creative Skills)



Jasmin
(All Rounder)



Kavya
(Nimble Feet)



Manraj Kaur
(Best Dressed)



Parminder
(Scientific Inclination)



Parneet Kaur
(Creative Skills)



Rachit
(Best Dressed)



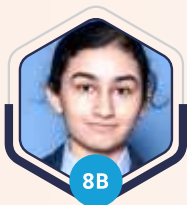
Shiva
(Techno Savvy)



Ninedita
(Academic Excellence)



Venya Jain
(Avid Reader)



Agamjot Kaur Brar
(Academic Excellence)



Arnav Prashar
(Scientific Inclination)



Ekamveer Walia
(All Rounder)



Hargun Kaur
(Best Orator)



Harnoor Kaur
(Avid Reader)



Himanshu Jha
(Creative Skills)



Medini Pathania
(Nimble Feet)



Preetinder Singh Walia
(Best Dressed)



Ravneet Kaur
(Creative Skills)



Yashita Katwal
(Best Dressed)



Suyash Singh
(Best Mathematician)



Devesh
(Best Orator)



Gursimrat Kaur
(Nimble Feet)



Karanvir Singh Somal
(Best Dressed)



Pawanjot Kaur
(Academic Excellence)



Prabhan Goyal
(Best Mathematician)



R. Hasini
(Avid Reader)



Samardeep Singh
(Scientific Inclination)



Sukhlenn Kaur
(Creative Skills)



Tanmeet Kaur
(Techno Savvy)



Veer Vadish Singh
(All Rounder)



Harjasjeet Singh
(Creative Skills)



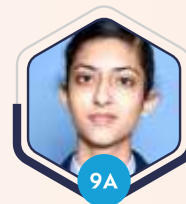
Aakriti Khungar
(Avid Reader)



Ashmeet Kaur
(Nimble Feet)



Asmi
(Creative Skills)



Enayata Verma
(All Rounder)



Harshita Maletia
(Creative Skills)



Jeevash Rattan
(Academic Excellence)



Kevin Pamma
(Best Dressed)



Mankirat Kaur
(Best Dressed)



Simarjot Kaur
(Nimble Feet)



Suhirdroop Kaur
(Creative Skills)



Tanmay Thakur
(Best Mathematician)



Vidisha
(Avid Reader)



Aastha
(Nimble Feet)



Akshita
(Creative Skills)



Amrita
(Best Dressed)



Dakshjot Singh
(Techno Savvy)



Gurleen Kaur
(Avid Reader)



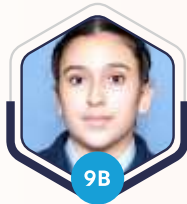
Harnoor Kaur
(Best Orator)



Khushi Arora
(All Rounder)



Manseerat Kaur
(Creative Skills)



Preetinder Kaur
(Creative Skills)



Rehmat Kaur
(Best Dressed)



Tejveer Singh
(Best Mathematician)



Aadya Nigam
(Creative Skills)



Aaravdeep Virk
(Techno Savvy)



Akkireddy Krishna Sai
(Best Orator)



Asis Kaur
(Best Dressed)



Bhumika Verma
(Remarkable Improvement)



Drishti Arora
(Avid Reader)



Guramanat Kaur
(Academic Excellence)



Jujhar Singh
(Best Mathematician|Scientific Inclination|Best Mathematician)



Ks Saidharan



Rosereet



Samarjit Singh Goraya
(Best Dressed)



Simran Kaur
(Best Sportsman)



Shivraj Singh Minhas
(Avid Reader)



Snehpreet Kaur
(Best Orator)



Vansh Thakur
(All Rounder)



Victoria
(Nimble Feet)



Saksham Saraswat
(Best Orator)



Anshika Uniyal
(Best Mathematician)



Arshdeep Singh
(All Rounder)



Birpartap Singh
(Techno Savvy)



Chhering Tashi
(Avid Reader)



Damanjot Singh
(All Rounder)



Gun Aseem
(Best Orator)



Kishan Garg
(Creative Skills)



Lakshya
(Best Sports Man)



Mannat Anand
(Remarkable Improvement)



Navjot Singh Gill
(Academic Excellence)



Riya Daksh
(Best Orator)



Shreya Yadav
(Scientific Inclination)



Simranjit Kaur
(Creative Skills)



Sneha Sharma
(Creative Skills)



Aastha
(Nimble Feet)



Bableen Kaur
(Best Orator)



Dilraj Singh
(Remarkable Improvement)



Divyam Tiwari
(Avid Reader)



Harmanpreet Singh
(Academic Excellence)



Kashish Bansal
(Creative Skills)



Mansi Sareen
(Best Dressed)



Pradyut Sharma
(Best Sports Man)



Sarman Gill
(Techno Savvy)



Shivansh Pathak
(Best Mathematician)



Shubhi Govil
(All Rounder)



Swastik Bhanot
(Scientific Inclination)



Aniket Gupta
(Scientific Inclination)



Avjot Tiwana
(Creative Skills)



Ayush Purohit
(Avid Reader)



Dayadeep Singh
(Best Sports Man)



Divyam Manro
(Best Mathematician)



Divyanshee
(Nimble Feet)



Gurleen Kaur
(Creative Skills)



Gurnoor Malhotra
(Scientific Inclination)



Jasleen Kaur
(Best Orator)



Mokshpriya
(Avid Reader)



Muskan Kaundal
(Best Dressed)



Naman Sehgal
(Techno Savvy)



Satkirat Singh
(Academic Excellence)



Seerat Kaur
(Academic Excellence)



Semone Bhaik
(Remarkable Improvement)



Shikhadeep Kaur
(Best Dressed)



Siddharth Singla
(Techno Savvy)



Unat Kaur Pannu
(All Rounder)



Yukta Bhardwaj
(Best Orator)



Shreya Shrestha
(Best Mathematician)

Blissful Nature!!

For any bad thing you can't blame nature,
Because it helps every creature.
It does millions of wonders,
It's high time not to plunder!

Water is its daughter,
Which is home to animals like otters.

Mountains and birds when you see,
You find beauty at its peak,
If you want to feast your eyes,
This is what you must seek.

The ocean and the limitless sky.....,
I always wonder what inside them lies.
I wish I had a big lawn,
From where I could see the beautiful dawn.

Don't take advantage of nature.
Remember, you're just a miniature.

You can't imagine the powers that she possesses,
Never has a being been alive,
Who, with the power of nature, messes.
Nature never asks for anything in return,
This is what humans need to learn.

AMRIT - VII B



LOVE YOU, MUM!!

Mother, you are the best.
But you keep taking stress.
You say, I am your responsibility!
And I say, you are mine too,
But no one can takes care of me
the way you do.
You keep in mind the lengthy list
of chores,
Keeping the spic and span and
many more.
You are the manager of our home,
Who never asks for any pay.
But for the whole family, it's you
who prays.

AMRIT - VII B



HAPPY MOTHERS' DAY

There is no blessing
quite so dear,
to love a mom like you
year after year.
I just make one little wish for you,
And I hope it turns true.
It's a wish that the nicest and the best things
should keep coming to you.
For every time you gently picked me up,
whenever I fell down.
For all the times you tied my shoes
and tucked me into bed,
even if you needed something
you gave me first instead.
For everything we shared,
the dreams, the laughter
and the tears,
My special love for you
deepens every year.

DEVANGI - VII B

EDUCATION

Education is just a simple word,
But it indeed does wonders.
It will simply help you reach the success door.
We should spread it more and more.
Otherwise, your life will be a game just like tic-tac-toe,
So, grab it and make yourself grow.
This is the best time to understand its importance,
Make the utmost of it and showcase your intelligence.
It is the key to progress,
And makes the evils within you suppress.
It will give your life a lift.
As it is the best gift.

JASMEEN KAUR - VIII A



MY JOURNEY TO READING

I never understood the importance of reading books until I was ten. My family would always insist that I should read books, but I just didn't pay heed to their words. November 8, 2019, changed the vision of my life. It was our annual function day. Preparations for the function were underway. I was a part of the traditional dance called, 'Durga Puja'. As none of my friends were participating in it, I used to get bored sitting alone during the intervals. It doesn't mean that I am not friendly. I made friends with other students, but I was never included in the group chats. Because of this, I started reading a novel to pass my idle time, my first ever attempt at it. Eventually, I got bored of reading. However, I made another attempt. I started reading yet another book titled 'Harry Potter and the Philosopher's Stone'. J.K. Rowling has very

correctly quoted, "If you don't like to read, you haven't found the right book." I read this book and devoured it. I was so excited to read the next book in the series. I got them from the library and read them with all my heart. I realised the importance of books and the enjoyment of reading. So far, I have read books like Harry Potter, Tom Gates, Moby Dick, Sherlock Holmes, and many more! I think the problem with book lovers is that once they start reading one, they just can't put it down. Happy reading!!



AGAMJYOT KAUR - VIII B

BEAUTY

Beauty lies in the eyes of the beholder,
But the real beauty lies in the nature's folder.
There is fluttering of trees, by the calm air,
There is someone following you, Oh! A squirrel's pair.
There is a pleasant fragrance, of the blooming roses,
There are peahens, making elegant poses.
Enjoy life and nature, because God has been very kind.
He gave us eyes to see but made some people blind.
They can only feel everything, even you and me.
Still, they are happier, than the people who can see.

GURLEEN KAUR MALHOTRA - IX B

DAD

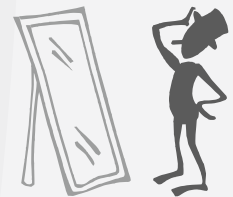
Dad is my charm
He hates it when mankind is harmed
His jokes are lame
and his cooking puts home to flames

He is strong, he is bold,
and can pick heavy load
He is lovely and sweet
It's fun when he gives us a treat

Dad is strict,
when I do stupid tricks
We jump and bump,
Well, it's very much fun!

VIDISHA SINGH - IX A

THE REAL REFLECTION



I was getting ready, in front of the mirror.
But I saw something strange, when I went nearer.
I could see some dirt, that was not present on the exterior,
And last time I wore these clothes, I looked prettier.
I asked mom about this dust, but neither could she see.
After changing clothes again, the mirror showed dust on me.
Suddenly, I heard, a new but powerful voice.
He said that I could clean it, and that was my choice.
He said that it is difficult, to remove dust from my clothes,
For it was the curse, of my unwanted oaths.
Then, he showed me, all my mistakes.
Even the broken cups, and the over baked cakes.
I apologized, to everyone whom I lied,
Even my younger cousins, and the people who had died.
I was just going to ask him, that who was he.
But now, the mirror, showed no dust on me.
I realized my mistake, and saw his nod.
I understood he forgave me, and was the supreme God.

GURLEEN KAUR MALHOTRA - IX B

MY MOTHER

Oh, My Mother, you are the best.
As nobody can match your skills at any test,

You can do marvellous wonders.
While others might just make blunders!

"Your power and skill are beyond compare.
Looking at you makes everyone stare. "

After hearing all this, does anyone still have a chance?
Oh, this poem makes me wanna dance!

After you do everything, that too, you do it so fast.
Everyone just has one thing to say... passed.

Because you are able to complete so many 'opus',
It makes me wonder: do you have eight arms like an octopus?

Oh, My Mother, you are the best.
I can undoubtedly say that we are blessed.

A. KRISHNA SAI - IX C

A WALK IN THE RAIN

As the street falls silent after eight, my body freezes,
for there have been too many windy breezes.
My jumpsuit keeps on sticking to my skin,
and the once lively block now seems grim.

A drop is felt on my wrist,
and as I look at my exposed hand, another drop falls on my fist.
A sigh forms on my face, which is soon replaced with a smile,
as I don't hesitate to walk an extra mile.

People frantically run under the sheds,
or put a cloth over their heads.
I keep walking, unbothered by the rain,
and people look at me as if I'm insane.

Just a few minutes, and no soul surrounds me,
and the rain feels like the aggressive waves of the sea.
This eerie silence is somewhat comforting,
and this walk in the rain is one worth remembering.

SAKSHAM SARASWAT - IX C



TEACHER'S DAY

Teachers Day in India is a yearly celebration on 5 September. This is a day to respect our teachers for their significant work. Teachers possess real knowledge, empathy and generosity for the students. We receive massive help from our teachers.

Teacher's Day is celebrated to commemorate the great Indian educationist, philosopher, statesman and great human being Dr Sarvepalli Radhakrishnan. After he became the President of India, many of his students wanted to celebrate his birthday on 5 September as a big event. This humble man appealed to them to celebrate his birthday as Teachers day.

So Teacher's Day is celebrated in India to pay homage and express gratitude to all the teachers who hold a very high place in the Indian cultural ethos. Educational institutions organise various programmes to honour teachers. At national level, the Indian government honours and awards merit certificates to exemplary teachers every year for their dedicated services and great contribution to the society and nation.

At last, I would conclude with some lines:

A teacher introduces us
To a new vision of life,
To make us
as sharp as a knife.



LOVEPREET SINGH - IX C

BELLE ÂME

She goes to sleep in the middle of the night
And wakes up late in the day,
She stays up late, working away,
When you look at her, you may see a mess,
She didn't grow up dreaming of being a princess.

It may not be the first thing that comes to mind when you see
The oversized clothes, slouched back, the hair let free,
But somewhere above those dark circles,
In those eyes, you may find,
Beauty of a different kind.

Beauty of the honest truth,
In its crudest form,
Some may consider her a little uncouth,
But you can't tame a storm,
The last of her priorities is to hide her chipped tooth,
As she dreams of reform.

She sits uncertainly, working away,
Her hands cramped up, her eyes demanding sleep,
Yet she continues, for she has so much to say,
She can't bury her queer heart's feelings too deep.

With the fire of passion burning in her heart,
Her hands possess the power to tear the world apart,
Power she can use to attract ruth,
But she speaks only of her pure honest truth.

You may find beauty,
In her ungroomed nails, dried lips,
Or her clumsiness as she crashes into walls and trips
Over furniture she has been surrounded by her entire life.

You may find beauty
As she smiles through her pain,
Or in the way she sometimes seems insane,
The way she has the wit to outsmart the entire room,
But, at moments, be as dumb as a rock.
Or maybe when you hear her talk,
Maybe in her awkward walk.

You may find beauty
In her imperfect self,
In her weird mess.
But even if you don't,
She won't care less,
For she is not an object to be admired,
But a human to be respected.

Remember, she doesn't want to be a princess
Looking for a hero to help her in distress,
All she wants is to be heard,
Allowed to express herself,
All she desires is the freedom to be who she is,
A weird, goofy, clueless yet passionate artist,
Who'll wake up at the oddest hour
Just to add a word to her writing.

(The word which would've kept her up all night
From the much needed sleep she would otherwise devour)

UNAT PANNU - XC



THE SCREWED MONOTONY

All day and night long, my brain goes
ding-dong.

Too many things trapped in my mind, all
the algae, protista and fungi.

No time to relax myself and calm me
down, every other week, the timetable
makes me frown.

Studying about the morphology of a
random flower, drains all of my 'Work,
Energy and Power'.

Peroxides, elaters, inertia and what not,
learn all of these things,

you think I am a robot?!

Give little holidays? for this soul to survive.

Can't do extra things more often, It makes
me feel deprived.

I just like Biology, Chem and Physics suck.
These are two of the subjects,

I don't even wanna touch.

BUT ALAS!

UDAY MANDER - XI (MEDICAL)



MATHEMATICS THE FRIENDLY FOE

Maths- a complicated trouble, a
punishment for the brain.

Why does it need to exist?

Why does it need to give us pain?

I would like to raise a point,

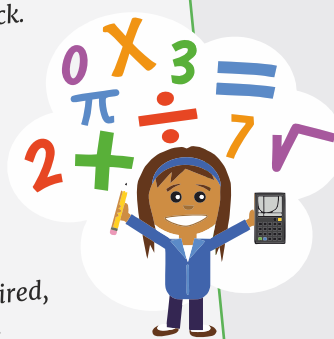
Oh dear Maths, what kind of rancour do
you possess? You have way too many
problems.

Each sum full of difficulty and stress.

I don't target you, oh Maths, You are
sometimes fun, I agree. But you need to
mend yourself,

So we can be a little tension- free.

UDAY MANDER - XI (MEDICAL)



THE NAIVE THIEF

It was a bright winter morning on Monday. The buzzers went off and all the cell doors opened. The guards beat the prisoners into straight lines and took them to the mess. He was sitting at the table with his other cellmate and some neighbouring cell people. All had their plates full of small, greased cups of lime water. Anthony's face was obscured by a dense black beard with small white hair running through it. His hair was falling over his wrinkled forehead and he had a few fingerprints on his glasses' lens. One of the pockets of his orange jumpsuit was torn and his number '007' had faded.

His mates were laughing wholeheartedly and throwing the food off the plate.

"So, this really happened to you?" said one of the mates.

Anthony sighed and nodded. All of them were now banging their hands on the metal table and laughing. This was when a neighbouring prisoner came there. He had joined the Wigen Jail recently and kept very quiet but spoke to Anthony and his mates. He saw all of them laughing and, out of curiosity, asked what had happened.

"Mate! You should've listened to his story," said one of Anthony's mates, pointing at him.

"What kind of a story is it?"

"How did he get here?" said the man spitting around.

"Tell me too!"

"Hey! Anthony, boy! You ought to tell the kid," said another man.

Anthony was feeding on his bacon. He gulped his unhealthy lime drink and looked up.

"George, you tell him!"

Nah! "You're great at this. Tell him. Just tell him. It's really great!" The man laughed again.

Well, as you wish, man. So here goes, how I got here. It was a bright Saturday morning. I was a distance from his house and, with my binoculars, was looking at him. I had been observing him for days by then, already! The man was a lawyer, a very famous lawyer, Jimmy Logan. He had many visitors, who must have been his clients, in the morning, and went out for an undefined period, but it was clear that he was not coming back soon. He went out every Saturday with a gal for the

movies, maybe! "

"I had it all planned. I had an empty bag for the loot, a mask to cover my face, and white gloves. You know why? But that Saturday, those gloves were trash. I should've checked with my priest that day!" said Anthony sarcastically. Everybody laughed and the new guy slouched.

Anthony continued, "The lawyer went out with the gal exactly at seven. I made a move for it. I picked up my bag, packed the binoculars and dashed to the backside of the house. A window was always open at the back of the house. I gradually crept in and, with no noise, shut the window and turned on my torch. Even though I had the gloves on, I avoided unnecessary touch. I searched around the hall for any kind of safe, but there wasn't any.

I had no luck with the safe, so I put in some other expensive items. There was this one—a very beautiful vase that had golden veins imprinted. I threw away the flowers and placed the vase inside. Then I searched again and found a locket lying near the fireplace. I put it in the bag when I saw a gold-framed picture. I took the picture out and put the frame in. I climbed the stairs. They were covered in such a beautiful, soft carpet! I felt it.

"The doors were locked for the rooms, so I used a hair pin from my daughter to unlock them. It seemed to be the lawyer's office. He had left the window of his room open. I moved the torch around the room. He had this huge television at the centre of the wall. I could've taken it, but the bag was small. There were many pictures of the lawyer in a gold frame around the room. The room was just a bit smaller than the hall.

"Man! The lawyer was obsessed with himself! He had all these big and small frames of himself in the room. Some with suits and some flexing their bodies. I wasn't interested in the body. The frames were, what, again interested me. I tried the first picture near me and pulled it out. It was big and heavy and fell on my foot. I bit my finger hard and hopped around. I thought my nail had just broken. I dragged myself to the picture, pulled it apart and put the frame in my bag. Something came to me out of the blue.

"I remember all these movies where the

rich hide their safe behind these huge pictures. I tried my luck. I put the pictures down and up, but no luck. Then there was one last picture left in the far corner. It pulled it and saw something flashy. It was secure! I kissed the picture. The lawyer was such a fool. I raised my hand to touch the safe when there was a creak. The front door opened. I had completely lost track of time.

I panicked and jumped under the bed. I then remembered that all the pictures from the frames were lying around the hall and the room just like that. What if he noticed them? There were footsteps approaching. With each step my heart beat fast. The door opened and the lawyer turned on the lights. I was busted, I thought, and he would call the police. I was about to come out when he blew a raspberry. I lowered myself and peeked through under the bed. He was drunk and heavily drunk. His shirt was out and his belt was hanging open. Laces of the shoes were undone. He opened them and put them under the bed.

"The smell was unbearable. He hopped in the bed and mumbled some songs. I didn't get any time to get out of bed. He was so drunk that he didn't see the picture and I was safe but he just kept singing.

"I was going crazy under the bed and just wanted to go out. The man didn't stop singing and I dozed off. The next morning was painful. My hand was lying across on the floor, depriving the cover from the bed, and the lawyer trodden over my lying hand. I felt a burning pain and woke up with a shake and banged my head at the underside of the bed.

"When I came to my perfect senses, I found that I was handcuffed and that the policemen were leering at me." He finished simply.

The cellmates laughed again. The new guy also laughed with them. Anthony bent his head and chopped on his breakfast, letting them enjoy the tale of his foolishness.

THE FRIGHT

*Save me!! Save me from this demon. I
don't wanna go down,
Neither make my life uneven.
This is the problem, I don't wanna share.
Why does it need to haunt me?
Why does it need to scare?
I lose my ruby, as he steals it away, it's
hard to tell,
The situation neither gets dull nor grey.
The ruby is precious, it must be beshield.
To make the ring,
The jeweller must be healed.
There's always a way to save the gem,
focus is the key to grow the plant.
Ignorance against the demon,
may not break the stem.*

**UDAY MANDER - XI
(MEDICAL)**



APPRECIATION

*All I needed was appreciation,
A little pat on the back, a "I'm proud of you".
And it could save me from going down the road
to depression.
But all you cared about was others being better.
How everyone scored better, how they looked
better was all you had your focus on.
All I needed was appreciation,
When I told you I got published.
A few encouraging words could make me
replenished;
But your ignorance just filled me with
aggression.
All I needed was appreciation.
Because after being belittled by everyone,
I gathered the courage to come to you for
affection.*

YASHIKA - XII (COMMERCE)

VICTIM WAS LOST

*Neither had they talked to each other.
Nor have they ever crossed paths.
All he knows is that there is another person who he hates,
Why?
The answer is because he read about his infamous act yesterday.
Without inquiring, he started spreading his word of disapproval.
Likewise, others did too.
No one knew everything.
But to them, knowing everything barely mattered.
The propaganda affected millions of minds.
The victim saw his approaching demise.
The victim couldn't believe that one wrong deed buried all his
goodness.
He was sick of what life gave him, after all he gave as charity.
Dying seemed less painful to the victim than seeing his reputation
drown.
He took a pill to numb him forever.
The next day, he was declared a coward.
Cowardly for fleeing the situation
No one thought he had nothing left to fight for.
Eternal escape was his only option.
Years later, when the truth came out,
His death was mourned.
But still, the gesture brought no good.
since a beautiful soul was already lost.
Do think about it.....just for once.*

VASU CHUGH - XII (NON MEDICAL)

A NIGHT IN THE FOREST

*Hiding behind the clouds is the shining moon.
You get soothed by the sound of crickets chirping all
around you.
To encounter this is the biggest boon.

The dark and silence, though scary, are serene.
Crumpling dried brown leaves that were once green and
fresh;
The sleeping leaves and flowers exude a sense of lethargy.
They sleep to freeze all their energy.
Only the moonflower stays awake.
to entice the lost and afraid.

The swooshing wind and the steps you take are the only
sounds you hear.
The screeching owls and rutting deer keep company with
the ones who dare.
The smell of damp moss, rain, and wet tree trunks calms
one down,
I love the feeling of being far away from the hustle and
bustle of the town.*

YASHIKA - XII (COMMERCE)

100 SECONDS TO MIDNIGHT!



The Doomsday Clock is a universally recognised indicator of the world's vulnerability to catastrophe from nuclear weapons, climate change, and disruptive technologies in other domains. It was created by Albert Einstein and his colleagues from the Manhattan Project. The Science and Security Board [SASB] maintains the clock, which is made of world-renowned scientists and Nobel laureates who are experts in their respective fields.

It is a simple clock with its hour hand at exactly 12 o'clock and its minute hand, which varies every year.

But it has a twist!

The clock represents the human race's proximity to a man-made or natural catastrophe that has the potential to annihilate life on earth and the minute hand is the indicator of the same. The closer the minute hand gets towards 12 o'clock midnight, the closer the human race is to extinction.

And this year's scenario is quite a big threat; the clock is close to striking 100 seconds towards midnight, which is the closest the clock has been since its formation.

And this indicates something.

SASB elucidates that due to the increased R & D in nuclear weapons, ballistic missiles, hypersonic cruise missiles and decreasing natural resources, the countries are drawing themselves towards a nuclear war. Furthermore, large-scale destruction of natural habitats and countries' increasing use of fossil fuels are to blame for the minute hand of the clock moving closer to midnight.

But unfortunately, neither the governments nor the people are interested in cooperating to combat these problems.

Are they lazy?

No, but they are not interested in addressing the problems on an emergency basis. If perhaps the countries might set aside their differences, start urgent investment in renewable sources of energy, control their ever growing population and create awareness among the people and themselves alike, then there might be a chance to redeem ourselves for all the damage we have done to nature and our mother earth.

Although a few steps are being taken, such as the recent COP26 and G20 conferences, which saw world leaders promising change in their attitudes and responsibilities, taking environmentally friendly measures and cooperating with each other for peace, individuals such as William Nordhaus and Inger Anderson are setting examples for people to follow.

But the real person who can bring a change is you.

You are the one who should start to make a change in yourself. Introspect, set aside your differences with others and take steps to preserve the environment at your own level. Finally, and most importantly:

Ask your government:

Whether the weapons, bombs, and missiles being used against one another are worth it or not,

Whether the governments will get over their useless land and border politics and come together to solve the bigger problems that lie ahead?

It is up to YOU, ME and WE to ask and receive answers to these questions.

In the end, I would like to conclude by saying:

Thoughts about settlements on Mars are good.

But,

Preserving the earth and the human race for the future will be way better.

If you, me, and we work together, we can push the minute hand far from midnight if we work together and address the problems unitedly and urgently.



DEVINETTES POUR LES ENFANTS

RIDDLES FOR KIDS

1. Je commence la nuit. Je finis le matin et j'apparais 2 fois dans l'année. Qui suis-je?

Réponse : La lettre 'N'

2. Un voleur est au vingtième étage d'un immeuble. Tout à coup son pied glisse et il tombe en bas.

Les policiers disent : "Cefut son dernier vol".

3. Qu'est-ce qui commence par E, qui finit par E et qui ne contient qu'une seule lettre?

Réponse : Uneenveloppe !

4. Je suis une petite pierre blanche qui tombe dans une mer noire. Un tourbillon argenté, et je disparaïs. Qui suis-je?

Réponse : Un morceau de sucre !

5. Pourquoi les éléphants ne peuvent pas avoir un ordinateur ?

Réponse : Parce qu'ils ont peur des souris!

**RUDRAKSH SINGLA
(CLASS X B)**

ENGLISH TRANSLATION

RIDDLES FOR KIDS

1. I start at night. I finish in the morning and I appear twice a year. Who am I?

Answer: The letter 'N'

2. A thief is on the twentieth floor of a building. Suddenly his foot slips and he falls down.

The police say: "It was his last flight".

3. What starts with E, ends with E and only has one letter?

Answer: An envelope!

4. I am a small white stone falling into a black sea. A silver swirl and I'm gone. Who am I?

Answer: A sugar cube!

5. Why can't elephants have a computer?

Answer: Because they are afraid of mice!

**RUDRAKSH SINGLA
(CLASS X B)**



LA BRISE

*"Ce sont des feuilles mortes", Disaient les
feuilles mortes Voyant des papillons
S'envoler d'un buisson.*

*Ce sont des papillons", Disaient les
papillons Voyant des feuilles mortes
Errer de porte en porte.*

*Mais la brise riait
Qui déjà les chassait Ensemble
vers la mer.*

**KHUSHI ARORA
(CLASS IX B)**



ENGLISH TRANSLATION

The breeze

*"These are dead leaves", Said the dead leaves
Seeing butterflies fly away from a bush.*

*They are butterflies", Said the butterflies Seeing
dead leaves Wandering from door to door.*

*But the breeze was laughing
Who was already chasing them together
towards the sea.*

**KHUSHI ARORA
(CLASS IX B)**

L'ENVIRONNEMENT

*Tous ces êtres vivants qui vivent sur terre
relevant de l'environnement. L'environnement
comprend l'air, l'eau, les plantes, et les
animaux. La vie de l'homme dépend sur
l'environnement. Il joue un rôle important en
rendant possible l'existence de la terre. Nous ne
devons pas nuire à notre bel environnement.
Nous devons faire des efforts pour sauver notre
environnement.*

**MANSEERAT KAUR
(CLASS - IX B)**



ENGLISH TRANSLATION

ENVIRONMENT

*All these living beings that live on earth are part of
the environment. The environment includes air,
water, plants, and animals. Human life depends
on the environment. It plays an important role in
making possible the existence of the earth. We
must not harm our beautiful environment. We
must make efforts to save our environment.*

**MANSEERAT KAUR
(CLASS - IX B)**



हिंदी विभाग

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बाज का पुनर्जन्म (प्रेरक कथा)

हमारी जिंदगी में कई ऐसे पल आते हैं जब हमें परेशानियों का सामना करना पड़ता है। कई लोग तो जीवन में संघर्ष कर आगे निकल जाते हैं और कई अपने हालातों से हार मान कर खुद को जिंदगी के हवाले कर देते हैं। ऐसे में हमारी जिंदगी और हमारा खुद का कोई वजूद नहीं रहता। दुनिया उसी को सलाम करती है जो अपने कलाम खुद लिखते हैं। सिर्फ इंसान ही नहीं प्रकृति में हर प्राणी के साथ ऐसा होता है। पढ़िए ये बाज की कहानी।

आप लोगों ने अक्सर बाज के बारे में सुना होगा। बाज एक ऐसा पक्षी है जो अपनी नजर व हॉसलें के लिए जगत प्रसिद्ध है। लेकिन अगर उसकी जिंदगी को देखा जाए तो उसके जीवन में भी एक ऐसा पड़ाव आता है जब उसे अपने जीवन को जीने के लिए कई कठोर फैसले लेने पड़ते हैं।

बाज की उम्र ७० साल की होती है, लेकिन जिंदगी के इस मुकाम को तय करने के लिये उसे एक मुश्किल फैसला लेना पड़ता है। इसके पंजे ४० वर्ष तक सही ढंग से काम करते हैं। ४० साल के बाद ये पंजे मुड़ने के कारण कमजोर हो जाते हैं और शिकार नहीं पकड़ पाते।

इसकी लंबी और तीखी चोंच भी आगे से मुड़ जाती है। पंख मोटे हो जाने से भारी हो जाते हैं और उसकी छाती से चिपक जाते हैं। इससे उसे उड़ने में बहुत दिक्कत होती है। ऐसे समय में बाज के पास दो ही रास्ते रह जाते हैं- या तो जीवन त्याग दे या फिर बदलाव के लिए एक दर्दनाक प्रक्रिया से गुजरे जिसका समय पाँच महीने होता है।



फिर एक नया जीवन प्राप्त करने के लिए बाज उड़कर एक ऊँची चट्टान पर जाता है और वहाँ घोंसला बना कर वहाँ रहना शुरू कर देता है।

बदलाव की प्रक्रिया के अंतर्गत बाज चट्टान पर अपनी चोंच मार-मार कर दर्द की परवाह ना करते हुए तोड़ देता है। उसके बाद अपने पंजों को तोड़ता है। अंत में अपने भारी हो चुके पंखों को भी नोच कर फेंक देता है। अब इस दर्द भरी विधि को पूरा करने के बाद बाज को पुरानी अवस्था में आने के लिए पाँच महीने का इंतज़ार करना पड़ता है।

इसके बाद बाज का नया जन्म होता है, जिसके बाद वो एक बार फिर से शिकार कर सकता है, उड़ सकता है और मनचाहा आनंद ले सकता है। आगे के तीस साल उसे इन कष्टों के बाद ही मिलते हैं।

इसी तरह एक सफल इंसान भी एक बदलाव से ही आगे बढ़ता है। उस बदलाव के कारण उसकी आलोचना होती है, उसे गलत कहा जाता है। लेकिन वो इंसान अपनी मंजिल की ओर बढ़ जाता है। जिस तरह बाज एकांत में खुद को बदलता है, उसे कोई फर्क नहीं पड़ता कि कोई क्या कहेगा, उसी प्रकार हमें भी एकचित्त होकर ईमानदारी से मेहनत करनी चाहिए और नकारात्मक चीजों से सदा दूर रहना चाहिए।

वरदान (कक्षा ९वीं)

संघर्ष राम सा

हमारा जीवन संघर्षों से भरा है। अगर संघर्षों को अनदेखा कर दिया जाए तो जीवन में क्या रह जाएगा? सफलता और प्रसिद्धि हाथ में यूँ ही नहीं आ जाती। चींटी को दाने के लिए ओर गोताखोर को मोती के लिए संघर्ष करना ही पड़ता है। संघर्ष ना होता तो श्री राम यूँ ही युगों- युगों तक ना पूजे जाते। मर्यादा के पुरुषोत्तम उनके बाद ना कोई हुआ है और ना कोई होगा। उन्होंने प्रत्येक पल संघर्ष किया और अपने जीवन को निखारा। संघर्ष किए बिना राजपाट मिल सकता था और बिना संघर्ष किए सीता माता को भी लाया जा सकता था लेकिन आने वाली पीढ़ियों को उनसे क्या सीख मिलती। नई पीढ़ी को संघर्ष का महत्व बताने के लिए उन्होंने संघर्षों से भरा जीवन और किरदार चुना था। श्री राम ने तो हमें बहुत कुछ सिखाया और हमारे जीवन को सार्थक भी बनाया। संघर्ष कभी करना पड़े तो श्री राम को अवश्य याद करें तो आपको अपने संघर्षों से लड़ने की शक्ति अवश्य मिलेगी।

मोक्ष प्रिया
(कक्षा दसवीं)



केक जिंदगी का, केक जन्मदिन का (एक सीख)

मैं अपनी माँ के पास अपनी परेशानियों का बखान कर रही थी। मैं परीक्षा में फेल हो गई थी, सहेली से झगड़ा हो गया था और मनपसंद ड्रेस इस्ती करते हुए जल गई थी। मैं रोते हुए माँ से बोली, "मम्मी देखो ना मेरे जीवन में सब कुछ उलट-पुलट हो रहा है।" माँ हँसते हुए बोली, "यह रोगा छोड़ो और चलो तुम्हारे जन्मदिन पर तुम्हारा मनपसंद केक बनाती हूँ।" रसोई घर में माँ ने पहले मैदे

का डिब्बा उठाया और प्यार से कहा, "ले पहले मैदा खा ले।" मैं मुँह बनाते हुए बोली, इसे कौन खाता है? माँ ने कहा, "अंडा, बेकिंग पाउडर और चीनी आदि का भी स्वाद चख ले।" लड़की ने माँ से कहा, "माँ तुम्हें क्या हुआ है? जो मुझे इन सब चीजों को चखने के लिए कह रही हो।" माँ ने प्यार से जवाब दिया, "केक इन बेस्वादी चीजों से ही बनता है।" जिंदगी का केक भी इसी प्रकार की बेस्वादी

घटनाओं के मिश्रण से ही बनता है। फेल हो गई हो तो इसे चुनौती समझो, मेहनत करो और पास हो जाओ। सहेली से झगड़ा हो गया है तो अपना व्यवहार सुधारो ताकि झगड़ा ना हो। ड्रेस जल गई हो तो ध्यान रखो कि मन की स्थिति हर परिस्थिति में अच्छी हो। बिगड़े मन से काम भी बिगड़ेगा। जिंदगी का केक स्वादिष्ट हो या बेस्वाद, यह हमारे ऊपर निर्भर करता है।

आद्या (कक्षा नवमी)

सपने

सपनों को पूरा करना मुश्किल नहीं है। सपने सच होने के लिए जरूरी है कि पहले सपने देखें। जब तक हम किसी चीज के बारे में सोचेंगे ही नहीं तो उसे हासिल कैसे करेंगे। अगर हम अपने सपने को हासिल करना चाहते हैं तो हमें अपने सपने पर विश्वास रखना होगा क्योंकि सपने पर विश्वास होगा तभी वह साकार होगा। अपने सपनों को साकार करने के लिए सबसे पहला कार्य आलोचना को नजरअंदाज करना होगा और दूसरा कार्य दिन - रात मेहनत करनी होगी। अपने सपने को हासिल करने के लिए पूरी लगन से कोशिश करनी होगी और अपनी क्षमता पर भरोसा रखना होगा। एक बात हमेशा याद रखें कि कामचोर बन कर कोई भी सफल नहीं हो पाया। हमें अपनी निगाह अपने सपने पर रखते हुए कठिनाइयों को अनदेखा कर लक्ष्य प्राप्ति की ओर रखनी होंगी। जिस समय हम अपने सपने को हासिल कर लेंगे उस समय हमें जो खुशी और संतुष्टि मिलेगी उसको कभी बयां नहीं कर पाएंगे। जीवन में आगे बढ़ने के लिए हमें सपने देखने होंगे और उन्हें साकार करना होगा।

विक्टोरिया (कक्षा 9वीं)



शिक्षा रटंत विषय नहीं

आज के समय में किसी भी विषय का ज्ञान प्रमुख रूप से परीक्षा के अंकों में मापा जाता है। स्कूल ही विद्या का प्रमुख साधन माना जाता है। विद्यार्थी का गणित, विज्ञान आदि विषयों का ज्ञान व उनमें रुचि उसके परीक्षा के परिणाम से निर्धारित किए जाते हैं। परंतु शिक्षा केवल तीन घंटों में दी जाने वाली परीक्षा का फल नहीं है। शिक्षा का अर्थ है, ज्ञान की प्राप्ति और सच्चा ज्ञान मन से आता है। मनुष्य की डिग्री उसकी इकलौती पहचान नहीं होती। उसका व्यक्तित्व जिसका निर्माण संस्कार, नेकी और आत्मविश्वास जैसे गुणों से होता है। ऐसे गुण किसी किताब से नहीं सीखें जा सकते, ना ही किसी परीक्षा में लिखे जा सकते हैं। वे तो हर समय व्यक्ति के हृदय में निवास करते हैं। इन गुणों से ही मनुष्य की मनोवृत्ति तय होती है। विनम्र एवं जिज्ञासु लोग पूरी जिंदगी ज्ञान की खोज में रहते हैं। उनकी शिक्षा आजीवन चलती है। वे केवल अपने नाम के आगे एम०डी० और डॉक्टर लगाने के लिए नहीं पढ़ते अपितु अपनी जानकारी को आगे बढ़ाने के लिए पढ़ते हैं। यही सच्ची शिक्षा कहलाती है। अपने व्यक्तित्व के विकास के लिए ज्ञान खोजना ही शिक्षा का सही अर्थ है। इस विद्या का कोई पाठ्यक्रम, कोई परीक्षा नहीं होती और यह ज्ञान व्यक्ति के साथ हमेशा रहता है, उसके व्यक्तित्व को निखारते व उभारता है। अतः शिक्षा रटंत विषय नहीं, यह तो ज्ञान की भूख होती है।

उज्जत (कक्षा दसवीं)

अनेकता में एकता

भारत एक ऐसा देश है जिसमें हर जगह विभिन्नता में एकता देखने को मिलती है। आज भारत की संस्कृतिक विभिन्नता को देख ऐसा कौन कह सकता है कि दक्षिण के मंदिर, उत्तर के व्यंजन, पूर्व की पोशाक और पश्चिम का पारंपरिक व लोक - संगीत, नृत्य अपने आप में पूरे भारत को समाए हुए हैं। सिर्फ उत्तर की ही बात करें तो भी हिंदू, मुस्लिम, सिख और ईसाई सभी धर्मों व जातियों के लोग एक साथ मिलकर त्योहार मनाते मिल जाएंगे। ब्रिटिश शासन के बाद तो जैसे भारत की उन्नति और एकता की उम्मीद ही छूट गई थी। परंतु हम सब ने यह साबित कर दिया कि भारत के अलावा ऐसा कोई भी देश शायद ही मिले जिसमें विभिन्न धर्मों के लोग इतनी मजबूती से जुड़े हुए हो। हमें आशा है कि आने वाली पीढ़ी भी अनेकता में एकता को बनाए रखेगी। हमारे भारत-वर्ष ने सदियों तक बहुत कुछ झेला मगर अपनी पहचान अनेकता में एकता को नष्ट नहीं होने दिया।

प्रभान (आठवीं स)



जो पढ़ा उसे याद रखना।

दिमाग को तेज़ और सक्रिय बनाने के लिए पढ़ना बहुत जरूरी है। परंतु हम जो पढ़ते हैं क्या उसे हम अपने दिमाग में बिठाते हैं? कहीं ऐसा तो नहीं, हम केवल पढ़ते ही जा रहे हैं, लेकिन उसके ऊपर अमल नहीं कर करते। अधिकतर लोगों के साथ ऐसा ही होता है। हम जो पढ़ते हैं, उसे लंबे समय तक याद रखना चाहिए लेकिन यही कार्य सब लोगों को मुश्किल लगता है। अच्छी बातें पढ़ तो ली जाती है लेकिन वह बात कहाँ से पढ़ी, उस किताब का नाम याद नहीं होता। ऐसा इसलिए होता है क्योंकि हम पढ़ते हुए निम्नलिखित गलतियाँ करते हैं:-

- किताब पढ़ रहे हैं, लेकिन ध्यान केवल किताब पर ना होकर अन्य चीजों पर है।
- किताब भाषा, पसंद और सहूलियत को ध्यान में रखकर नहीं पढ़ते।
- क्षमता से अधिक पढ़ने का लक्ष्य रखते हैं।
- समझने के लिए नहीं, बल्कि सिर्फ पढ़ने के लिए पढ़ रहे हैं।
- जिन शब्दों का अर्थ नहीं जानते उन्हें जानने की कोशिश ही नहीं करते, बल्कि उन्हें नजरअंदाज कर कर ही आगे पढ़ना शुरू कर देते हैं।

इन सब गलतियों को सुधार कर हम पढ़ा हुआ याद रख सकते हैं।

इर्विन (कक्षा सातवीं)

सोने का फव्वारा

सात बजे हैं, सात बजे हैं!
सब बच्चों के चहरे खिले हैं!
सब भागे हैं बाहर की ओर,
तो मैं भी क्यों न जाऊँ?

उस आसमान को देखो,
देखो यह सुंदर नीली झील!
झील में डूबी यह बादलों की नाव,
है यह मौसम कितना सुशील!

गणित की किताबें हर जगह हैं फैलीं,
बनाएँ एक सुंदर आकार,
उस में से निकली एक झोंपड़ी,
बच्चों के श्रम की आए बहार।

इस नज़ारे को जी लो,
क्या पता,
शायद आए न दोबारा।

सीरत भाटिया
(कक्षा सातवीं ब)

शिक्षा

बहुत ज़रूरी होती शिक्षा,
सारे अवगुण धोती शिक्षा।
चाहे जितना पढ़ ले हम,
कभी न पूरी होती शिक्षा।
शिक्षा पाकर ही बनते हैं,
नेता, अफसर, शिक्षक।
कर्तव्यों का बोध कराती,
अधिकारों से परिचित करवाती।
शिक्षा से ही मिल सकता है,
सर्वोपरि सम्मान,
बुद्धिहीन को बुद्धि देती,
अज्ञानी को ज्ञान।
शिक्षा से ही बन सकता है,
भारत देश महान।

मन्नत सैनी (सातवीं ब)

नारी

भारतीय नारी सब पर भारी, एक सच्चा नारा है,
इस नारे ने ही तो, कुछ लोगों का दिमाग सुधारा है।
कुछ लोग अभी तक समझे नहीं कि नारी की शक्ति क्या है,
उनको भी समझ आ जाएगा कि नारी के बिना धरती क्या है।
नारी हर काम करें, फिर भी इज्जत नहीं पाती,
उसके कामों की इज्जत कोई ना करता और ना ही वह किसी को भाती।
अब बारी है कुछ समझने की क्योंकि नारी क्यों धक्के खाए,
वह सारा दिन काम करें फिर भी अपने कामों से पछताए।
सुधरना तो उनको पड़ेगा, नारी की इज्जत नहीं करते,
क्योंकि नारी एक खिलौना नहीं है कि जब भी मन करे उसे इस्तेमाल करें।

जैस्मिन (आठवीं 'अ')



हाँ बिहार हूँ मैं।

उगते सूरज को तो सब पूजते है, पर डूबते सूरज को पूजने वाला पुजारी हूँ मैं,
हाँ, बिहार हूँ मैं।

जहाँ पिज़्ज़ा बर्गर से ज्यादा,
लिटी चोखा और अचार पसंद किया जाता है,
वैसा बिहार हूँ मैं।

एक, दो, तीन ने तुमसे सफल बनाया पर,
उस एक, दो, तीन को शून्य से सफल बनाने वाला बिहार हूँ मैं।
किया क्या, मैंने, मुझसे वह पूछते हैं,
अरे देश को सबसे ज्यादा IAS और IPS देने वाला राज्य हूँ मैं
हाँ, बिहार हूँ मैं।

मैं उस सम्राट अशोक की धरती हूँ,
जिसे दुनिया जीतने वाला सिकंदर तक जीत न पाया,
कितनी आसानी से लोग हमको अनपढ़ ग्वार कह देते है,
अरे ! दुनिया को अनुशासन का पाठ पढ़ाने वाला,
और पहला विश्व विद्यालय देने वाला राज्य हूँ मैं,
हाँ, बिहार हूँ मैं।

जहाँ क्रिकेट से ज्यादा राजनीति पसंद की जाती है वैसा बिहार हूँ मैं।
जहाँ आज भी बच्चों के सर पे UPSC का बुखार स्वार होता है,
जहाँ आज भी माता-पिता पिता भगवान के समान होते है,
देश को संभालने वाला राज्य हूँ,
हाँ, बिहार हूँ मैं।

हिमांशु झा (कक्षा आठवीं 'स')



सुख प्रदान करता

दुख को है हरता।
सफलता व बुद्धि देता,
संसार का वो पालन करता।

जो है शिवांश,
गौरी का पुत्र।
लिखी जिसने महाभारत,
एक दंत से मात्र।

हाथी का मस्तक धारण करता,
मूषक है उसकी सवारी।
विघ्न हरता है अपने भक्तों की,
देता सबको बारी-बारी।

धरती, अम्बर, सितारे,
सब पे उसकी निगरानी,
जिस किसी ने किया उसका
ध्यान,
खोला उसने अपने मोक्ष का द्वार।

जिसके नाम से मात्र,
कंप उठे हर पापी।
हर भक्त में उसके,
एक अलग ही, ज्वाला है जलती।

न चाहिए मुझे धन,
न सोना न साम्राज्य का राज,
मुझे तो बस चाहिए बप्पा,
एकमात्र तेरा ही साथ !

कार्तिकेय (कक्षा 8 ब)



मैंने यह ठाना है

दुनिया भर में मौत का सिक्का घूमा है,
एक तरफ है हम और एक तरफ करोना है,
मैंने यह ठाना है,
करोना को भगाना है, घर से बाहर नहीं जाना है।

मैंने यह ठाना है,
मुंह पर मास्क लगाना है, सामाजिक दूरी को बनाना है।
करोना का नामोनिशान मिटाना है, मैंने यह ठाना है।
रगड़- रगड़ कर हाथों को धोना है, फल- सब्जी को धोकर खाना है।
भीड़ में ना जाना है, जीवन में आई इस चुनौती को हराना है।

मैंने यह ठाना है
ना मासी- मामा से मिलना है, ना नानी घर जाना है।
सीधे संचार संपर्क से पढ़ना है, हमने मिलकर इस वैश्विक महामारी को हराना है।
मैंने यह ठाना है।

अर्नव प्राशर (कक्षा 8ब)



विद्या



कभी-कभी मन में आते हैं ख्याल,
जिन्हें सोचकर हमें दिमाग का हो जाता है बुरा हाल।

क्या होता अगर विद्या ना होती?
क्या हमारे पास मौखिक विद्या होती,
लिखित की तो बात ही ना आती!
अग्नि की कोई पहचान ना होती,
पहियों से दुनिया अनजान होती।
क्या होता, अगर विद्या ना होती!

गुफाओं में हम रह रहे होते,
खेती का कोई नाम ना होता।
मैं यह कविता ना लिखता,
आप इसे पढ़ ना रहे होते।
क्या होता अगर विद्या ना होती!

विद्या तो एक हीरा है,
जो सबके पास होना जरूरी है।
माता-पिता से लेकर मित्र तक,
सबके पास है विद्या का हक।
संसार का कोई भी चोर,
नहीं ले जा सकता आपसे विद्या को कहीं ओर।
होती है हर जगह विद्या,
जो ले जा सकती है इस दुनिया को उस दुनिया।

कुशल (आठवीं 'अ')





नया दिन, नया सम्मान

15 अगस्त, 1947

आसमान नीला, घास हरी,
लहलहाते फूल, टहलती नदी,
आज की बेला है, खुशियों से भरी,
जी लो जी भरकर, यह है स्वतन्त्रता की घड़ी ॥

सोता भारत जाग उठा है,
ऐसा, 200 साल बाद हुआ है,
भारत को सम्मान मिला है,
तिरंगा अपनी शान बना है ॥

सालो पूर्व अंग्रेजों का आगमन हुआ था,
उन्होंने भारत बांध लिया था,
सुपुत्रों ने भी कभी हार न मानी,
लाखों ने दे दी कुर्बानी ।

पूरा होने जा रहा, भारत का ख्वाब,
वीरों का सपना, अब होगा साकार,
नहीं कलियाँ फिर से, खेलने को हैं तैयार,
सच्चा है मन में हमारे, भारत के लिए प्यार ॥

सफल हुए भारतवासी,
मुश्किल इम्तिहान की थी यह कड़ी,
इसे तोड़ हमें स्वतन्त्रता मिली,

आई है अब, सम्मान की घड़ी ॥

आस्था सिंगला (कक्षा: 9 बी)



हंसना मना है ।

१) एक बच्चे ने दूसरे बच्चे से पूछा -क्या
तुम चीनी भाषा पढ़ सकते हो?
दूसरे बच्चे ने कहा-हाँ अगर हिंदी
तथा अंग्रेजी में हो।

२) अध्यापक -चिटू तुम कल स्कूल क्यों
नहीं आए?

चिटू- सर मैं सपने में अमेरिका चला
गया था।

अध्यापक – ठीक है! पर पिंटू तुम
क्यों नहीं आए?

पिंटू - सर, मैं चिटू को एयरपोर्ट
छोड़ने गया था।

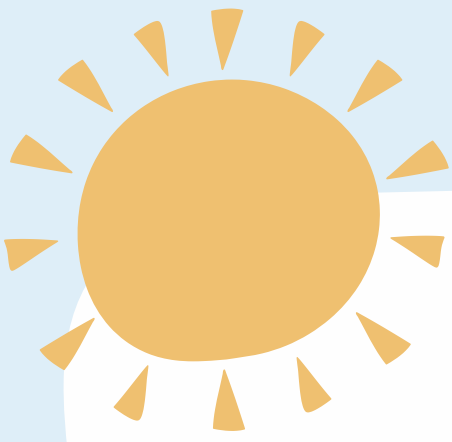
३) संता- (नौकर से) जरा देख तो बाहर
सूरज निकला या नहीं?

नौकर- बाहर तो अंधेरा है।

संता -तो टॉर्च जला कर देख ले
कामचोर।

जसमीन कौर (कक्षा 8 ए)





ਪੰਜਾਬੀ ਮੈਕਸ਼ਨ



ਲੇਚਾ

ਅਨੇਕਾਂ ਪੀੜਾਂ ਸਹਿ ਮਾਂ ਨੇ, ਮੈਨੂੰ ਇਹ ਦੁਨੀਆਂ ਵਿਖਾਈ,
ਲੱਖਾਂ ਯਤਨ ਕਰ-ਕਰ ਕੇ, ਪਾਲਿਆ-ਪੋਸਿਆ ਚਾਈ-ਚਾਈ।
ਮਾਂ ਦੀਆਂ ਅੱਖਾਂ ਦੇ ਖਵਾਬ, ਪੂਰੇ ਕਰਨੇ ਮੈਂ ਹਾਂ ਸੋਚਦੀ,
ਮਾਪਿਆਂ ਦਾ ਮਜ਼ਬੂਤ ਸਹਾਰਾ, ਮੈਂ ਹਾਂ ਬਣਨਾ ਲੋਚਦੀ।
ਬਾਪ ਨੇ ਮੇਰੀ ਉਂਗਲ ਫੜ ਕੇ, ਮੈਨੂੰ ਹੈ ਤੁਰਨਾ ਸਿਖਾਇਆ,
ਮਿਹਨਤ ਮਜ਼ਦੂਰੀ ਕਰ-ਕਰ ਕੇ, ਵਧੀਆ ਪੜ੍ਹਾਇਆ-ਲਿਖਾਇਆ।
ਬਾਬਲ ਦੀ ਸ਼ਾਨ ਉੱਚੀ ਕਰਨੀ, ਮੈਂ ਹਾਂ ਸੋਚਦੀ,
ਮਾਪਿਆਂ ਦਾ ਮਜ਼ਬੂਤ ਸਹਾਰਾ, ਮੈਂ ਹਾਂ ਬਣਨਾ ਲੋਚਦੀ।
ਧੀਆਂ ਨਹੀਂ ਪੁੱਤਰਾਂ ਤੋਂ ਘੱਟ, ਕਿਉਂ ਨਾ ਸਮਝਦੇ ਮੂਰਖ ਲੋਕ,
ਪਰਾਇਆ ਧਨ ਤੇ ਬੇਝ ਮੰਨਦੇ, ਜਨਮ ਲੈਣ ਤੇ ਮਨਾਉਂਦੇ ਸ਼ੋਕ।
ਹਰ ਖੇਤਰ ਵਿੱਚ ਅੱਗੇ ਵਧਣਾ, ਅੱਜ ਦੀ ਧੀ ਹੈ ਸੋਚਦੀ,
ਮਾਪਿਆਂ ਦਾ ਮਜ਼ਬੂਤ ਸਹਾਰਾ, ਹਰ ਧੀ ਹੈ ਬਣਨਾ ਲੋਚਦੀ।

ਨਵਰੀਤ ਕੌਰ (ਸੱਤਵੀਂ ਸੀ)



ਸਮੇਂ ਦਾ ਪੰਛੀ

ਨਿੱਤ ਹੀ ਸਾਨੂੰ ਧੋਖਾ ਦੇ,
ਸਮੇਂ ਦਾ ਪੰਛੀ ਉੱਡ ਜਾਂਦਾ ਹੈ।
ਲੱਖ ਕੋਸ਼ਿਸ਼ ਕਰਾਂ ਬੰਨ੍ਹਣ ਦੀ,
ਪਤਾ ਨਹੀਂ ਕਿੱਧਰ ਤੁਰ ਜਾਂਦਾ ਹੈ।
ਕਾਹਲੇ ਤੁਰਦੇ ਵੀ ਪਿੱਛੇ ਰਹਿ ਜਾਈਏ,
ਇਹ ਮਸਤ ਹੋ ਤੁਰਦਾ ਜਾਂਦਾ ਹੈ।
ਭਰਦਾ ਨਿੱਤ ਹੀ ਲੰਮੀ ਪਰਵਾਜ਼,
ਪਲਾਂ ਵਿੱਚ ਅੱਖੋਂ ਓਹਲੇ ਹੋ ਜਾਂਦਾ ਹੈ।
ਕਿੰਝ ਪੈਰੀਂ ਇਹਦੇ ਸੁਨਹਿਰੀ ਝਾਂਜਰ ਪਾਵਾਂ,
ਰੇਤੇ ਵਾਂਗੂ ਇਹ ਹੱਥੋਂ ਤਿਲਕ ਜਾਂਦਾ ਹੈ।

ਨਿਹਾਰਿਕਾ (ਜਮਾਤ - ਸੱਤਵੀਂ 'ਏ')

ਸਿੱਕੇ ਦੇ ਦੋ ਪਹਿਲੂ

ਜਿਵੇਂ ਸਿੱਕੇ ਦੇ ਦੋ ਪਹਿਲੂ ਹੁੰਦੇ ਹਨ, ਉਵੇਂ ਹੀ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਦੇ ਵੀ ਦੋ ਪਹਿਲੂ ਹਨ-ਦੁੱਖ ਤੇ ਸੁੱਖ, ਖੁਸ਼ੀ ਤੇ ਗਮ। ਇਹ ਸਾਡਾ ਨਜ਼ਰੀਆ ਹੈ ਕਿ ਅਸੀਂ ਕਿਸ ਪਹਿਲੂ ਨੂੰ ਦੇਖਦੇ ਹਾਂ। ਹਰੇਕ ਦੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਕੋਈ ਨਾ ਕੋਈ ਦੁੱਖ ਜ਼ਰੂਰ ਹੁੰਦਾ ਹੈ। ਪਰ ਹਰ ਸਮੇਂ ਦੁੱਖ ਨੂੰ ਰੋਈ ਜਾਣਾ ਕੋਈ ਸਮਝਦਾਰੀ ਦੀ ਗੱਲ ਨਹੀਂ। ਇਸ ਨਾਲ ਦੁੱਖ ਘਟਣ ਦੀ ਬਜਾਏ ਹੋਰ ਵੱਧਦਾ ਹੈ। ਪਰ ਹਮੇਸ਼ਾ ਖੁਸ਼ ਰਹਿ ਕੇ, ਹੱਸ ਕੇ, ਮੁਸਕਰਾ ਕੇ ਅਸੀਂ ਦੁੱਖ ਨੂੰ ਸੁੱਖ ਵਿੱਚ ਤਬਦੀਲ ਕਰ ਸਕਦੇ ਹਾਂ। ਸਾਨੂੰ ਹਮੇਸ਼ਾ ਆਪਣੀ ਸੋਚ ਸਕਾਰਾਤਮਕ ਰੱਖਣੀ ਚਾਹੀਦੀ ਹੈ। ਅਸੀਂ ਸਾਰੇ ਚਾਰਲੀ ਚੈਪਲਿਨ ਨੂੰ ਤਾਂ ਜਾਣਦੇ ਹਾਂ। ਉਹ ਕਿੰਨਾ ਵੱਡਾ ਮਸਖਰਾ ਹੋਇਆ ਹੈ। ਅਸੀਂ ਹਮੇਸ਼ਾ ਉਸ ਨੂੰ ਹੱਸਦੇ ਹੋਏ ਅਤੇ ਹਸਾਉਂਦਿਆਂ ਦੇਖਿਆ ਹੈ। ਕੀ ਉਸ ਦੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਕੋਈ ਦੁੱਖ ਨਹੀਂ ਸੀ। ਨਹੀਂ ਜੀ, ਉਸ ਦੀ ਜ਼ਿੰਦਗੀ ਤਾਂ ਦੁੱਖਾਂ ਦਾ ਪਹਾੜ ਸੀ। ਉਸ ਨੇ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਬੜੇ ਹੀ ਦੁੱਖ ਦੇਖੇ ਹਨ। ਪਰ ਉਸ ਨੇ ਲੋਕਾਂ ਨਾਲ ਸਿਰਫ਼ ਆਪਣੇ ਹਾਸੇ ਹੀ ਸਾਂਝੇ ਕੀਤੇ, ਦੁੱਖ ਨਹੀਂ। ਖੁਸ਼ ਰਹਿਣਾ ਵੀ ਇੱਕ ਕਲਾ ਹੈ, ਜੇ ਇਹ ਕਲਾ ਸਿੱਖ ਗਿਆ। ਉਸ ਨੇ ਆਪਣਾ ਜੀਵਨ ਸੰਵਾਰ ਲਿਆ। ਇਸ ਲਈ ਸਾਨੂੰ ਵੀ ਹਮੇਸ਼ਾ ਖੁਸ਼ ਰਹਿਣਾ ਚਾਹੀਦਾ ਹੈ। ਜ਼ਿੰਦਗੀ ਦੇ ਖੁਸ਼ੀ ਵਾਲੇ ਪਹਿਲੂ ਨੂੰ ਦੇਖਣਾ ਚਾਹੀਦਾ ਹੈ। ਕਿਉਂਕਿ ਸੁੱਖ ਵੰਡਣ ਨਾਲ ਵੱਧਦਾ ਹੈ।

ਕਰਨਜੀਤ (ਸੱਤਵੀਂ 'ਬੀ')



ਰੈੱਡ ਕਰਾਸ ਦਾ ਪਿਛੋਕੜ

ਰੈੱਡ ਕਰਾਸ ਦਾ ਜਨਮਲੜਾਈ ਵਿੱਚ ਫੱਟੜ ਹੋਏ ਸੈਨਿਕਾਂ ਦੀ ਭਲਾਈ ਲਈ 1865 ਵਿੱਚ ਹੋਇਆ। ਇਸਦਾ ਬਾਨੀ ਹੈਨਰੀ ਡਿਊਨਾ ਸਵਿਟਜ਼ਰਲੈਂਡ ਦਾ ਵਾਸੀ ਸੀ। ਜਿਸਨੇ ਜ਼ਖਮੀ ਸੈਨਿਕਾਂ ਦੀ ਭਲਾਈ ਅਤੇ ਇਲਾਜ ਲਈ ਬਹੁਤ ਸਾਰੇ ਦੇਸ਼ਾਂ ਦੀ ਸਹਾਇਤਾ ਲੈ ਕੇ ਰੈੱਡ ਕਰਾਸ ਦੀ ਸਥਾਪਨਾ ਕੀਤੀ। ਅੱਜ ਸੰਸਾਰ ਦੇ ਲਗਭਗ ਹਰ ਦੇਸ਼ ਵਿੱਚ ਰੈੱਡ ਕਰਾਸ ਦੀ ਸ਼ਾਖਾ ਹੈ।

ਪੰਜਾਬ ਦੀ ਪਵਿੱਤਰ ਨਗਰੀ ਅਨੰਦਪੁਰ ਸਾਹਿਬ ਵਿਖੇ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੇ ਸਿੱਖ ਭਾਈ ਘਨੱਈਆ ਜੀ ਰੈੱਡ ਕਰਾਸ ਦੀ ਸਥਾਪਨਾ ਤੋਂ ਕੋਈ 170 ਸਾਲ ਪਹਿਲਾਂ ਹੀ ਭਾਰਤ ਵਿੱਚ ਇਸਦੇ ਅਸੂਲਾਂ ਦੀ ਲੋਅ ਰੱਸ਼ਨ ਕੀਤੀ ਜਦੋਂ ਉਹਨਾਂ ਨੇ 'ਨਾ ਕੇ ਵੈਰੀ ਨਹੀਂ ਬੇਗਾਨਾ' ਦੇ ਸਿਧਾਂਤ ਉੱਤੇ ਚੱਲਦਿਆਂ ਮਿੱਤਰ ਅਤੇ ਦੁਸ਼ਮਣ ਦੋਵਾਂ ਦੇ ਫੱਟੜ ਸੈਨਿਕਾਂ ਨੂੰ ਪਾਣੀ ਪਿਆ ਕੇ ਸੇਵਾ ਕੀਤੀ ਸੀ ਅਤੇ ਮੱਲੂਮ ਪੱਟੀ ਕੀਤੀ ਸੀ। ਇਸ ਤਰ੍ਹਾਂ ਮੁੱਢਲੀ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਮਹਿਸੂਸ ਕੀਤੀ ਗਈ।

ਭਾਰਤ ਵਿੱਚ ਰੈੱਡ ਕਰਾਸ ਦੀ ਸਥਾਪਨਾ ਭਾਰਤ ਸਰਕਾਰ ਦੇ ਐਕਟ ਪੰਦਰਾਂ ਅਧੀਨ 1920 ਵਿੱਚ ਹੋਈ। ਅੰਤਰ ਰਾਸ਼ਟਰੀ ਰੈੱਡ ਕਰਾਸ ਦੇ ਉਦੇਸ਼ ਦੁਖੀਆਂ ਦੇ ਦਰਦ ਨੂੰ ਘੱਟ ਕਰਨਾ ਵੀ ਭਾਰਤੀ ਰੈੱਡ ਕਰਾਸ ਦਾ ਮੁੱਖ ਮੰਤਵ ਮੰਨਿਆ ਗਿਆ ਹੈ।

ਪੰਜਾਬ ਰੈੱਡ ਕਰਾਸ ਸ਼ਾਖਾ 1925 ਈਸਵੀ ਵਿੱਚ ਸਥਾਪਤ ਕੀਤੀ ਗਈ ਤੇ ਇਸਦਾ ਦਫ਼ਤਰ ਅਣਵੰਡੇ ਭਾਰਤ ਦੇ ਪੰਜਾਬ ਦੀ ਰਾਜਧਾਨੀ ਲਹੌਰ ਵਿੱਚ ਸੀ। 1947 ਦੀ ਵੰਡ ਮਗਰੋਂ 1948 ਵਿੱਚ ਦਫ਼ਤਰ ਪਹਿਲਾਂ ਸ਼ਿਮਲਾ ਅਤੇ ਫੇਰ 1957 ਤੋਂ ਚੰਡੀਗੜ੍ਹ ਸੈਕਟਰ 16 ਵਿਖੇ ਸਥਾਪਤ ਦੀ ਵੱਖਰੀ ਸ਼ਾਖਾ ਜੂਨ 1971 ਵਿੱਚ ਹੋਂਦ ਵਿੱਚ ਆਈ ਅਤੇ ਹੁਣ ਗਵਰਨਰ ਪੰਜਾਬ, ਇਸਦੇ ਪ੍ਰਧਾਨ ਅਤੇ ਮੁੱਖ ਮੰਤਰੀ ਪੰਜਾਬ ਅਤੇ ਉੱਪ-ਪ੍ਰਧਾਨ ਹਨ। ਹਰ ਜ਼ਿਲ੍ਹਾ ਪੱਧਰ ਤੇ ਇੱਕ ਹੋਰ ਰੈੱਡ ਕਰਾਸ ਸ਼ਾਖਾ ਹੈ। ਡਿਪਟੀ ਕਮਿਸ਼ਨਰ ਜ਼ਿਲ੍ਹਾ ਰੈੱਡ ਕਰਾਸ ਸ਼ਾਖਾ ਦਾ ਪ੍ਰਧਾਨ ਹੁੰਦਾ ਹੈ।

ਦੇਵਾਂਗੀ (ਸੱਤਵੀਂ 'ਬੀ')

ਇਨਸਾਨੀਅਤ

ਇਨਸਾਨੀਅਤ ਦਾ ਇੱਕ ਫਰਜ਼ ਹੁੰਦਾ ਹੈ,
ਲੋਕਾਂ ਦੇ ਸਿਰ 'ਤੇ ਕਰਜ਼ ਹੁੰਦਾ ਹੈ।
ਇਨਸਾਨੀਅਤ ਖ਼ਤਮ ਹੁੰਦੀ ਜਾ ਰਹੀ ਹੈ,
ਲੋਕਾਂ ਵਿੱਚ ਪਿਆਰ ਭੁਲਾ ਰਹੀ ਹੈ।
ਕਲਯੁੱਗ ਨੇ ਕੈਸਾ ਖੇਲ ਰਚਾਇਆ,
ਲੋਕਾਂ ਨੂੰ ਮਨ ਦੇ ਰਾਹ ਹੈ ਪਾਇਆ।
ਇਨਸਾਨੀਅਤ ਦਾ ਕੋਈ ਅਤਾ-ਪਤਾ ਨਹੀਂ,
ਸਭ ਰਾਜ਼ੀ-ਖੁਸ਼ੀ ਹੈ ਕਿਸੇ ਨੂੰ ਕੋਈ ਫ਼ਰਕ ਨਹੀਂ।
ਇਨਸਾਨੀਅਤ ਨੂੰ ਹੁਣ ਜਗਾਉਣਾ ਪਵੇਗਾ,
ਲੋਕਾਂ ਨੂੰ ਸਮਝਾਉਣਾ ਪਵੇਗਾ।
ਸਤਯੁੱਗ ਨੂੰ ਲਿਆਉਣਾ ਪਵੇਗਾ,
ਲੋਕਾਂ ਦੀਆਂ ਜ਼ਿੰਦਗੀਆਂ ਨੂੰ ਬਚਾਉਣਾ ਪਵੇਗਾ।
ਆਓ ਸਾਰੇ ਇਕੱਠੇ ਹੋ ਕੇ ਲੋਕਾਂ ਨੂੰ ਸਮਝਾਈਏ,
ਕਿ ਇਨਸਾਨੀਅਤ ਤੋਂ ਵੱਡਾ ਕੋਈ ਧਰਮ ਨਹੀਂ ਹੈ
ਅਤੇ ਉਨ੍ਹਾਂ ਨੂੰ ਸਿੱਧੇ ਰਸਤੇ ਪਾਈਏ।

ਜਸਮੀਨ ਕੌਰ (ਅੱਠਵੀਂ 'ਏ')



ਇੱਕ ਮਸ਼ਹੂਰ ਕਹਾਵਤ ਕਹਿੰਦੀ ਹੈ ਕਿ ਮਿਹਨਤ ਕਿਸੇ ਨਾਲ ਵਿਸ਼ਵਾਸਯਾਤ ਨਹੀਂ ਕਰਦੀ ਅਤੇ ਇਹ ਹਮੇਸ਼ਾ ਸੱਚ ਸਾਬਤ ਹੋਇਆ ਹੈ। ਮਨੁੱਖ ਹਮੇਸ਼ਾ ਖਾਸ ਟੀਚਿਆਂ ਨੂੰ ਪ੍ਰਾਪਤ ਕਰਨਾ ਚਾਹੁੰਦਾ ਹੈ। ਕੁਝ ਆਪਣੇ ਨੌਕਰੀ ਵਿੱਚ ਸਫਲ ਹੋਣਾ ਚਾਹੁੰਦੇ ਹਨ ਜਦੋਂ ਕਿ ਦੂਸਰੇ ਕੁਝ ਅਸਧਾਰਣ ਕਰਨ ਦੇ ਯੋਗ ਹੋਣਾ ਚਾਹੁੰਦੇ ਹਨ, ਜਿਵੇਂ ਕਿ ਕਾਢਾਂ ਕੱਢਣਾ, ਖੇਡਾਂ ਜਾਂ ਪੜ੍ਹਾਈ ਵਿੱਚ ਉੱਤਮ ਹੋਣਾ। ਪਰ ਸਾਰੇ ਇਨ੍ਹਾਂ ਟੀਚਿਆਂ ਨੂੰ ਹਾਸਲ ਕਰਨ ਦੇ ਯੋਗ ਨਹੀਂ ਹੁੰਦੇ। ਕੁਝ ਲੋਕਾਂ ਕੋਲ ਸਹੀ ਪ੍ਰਤਿਭਾ ਹੁੰਦੀ ਹੈ ਜੋ ਉਹਨਾਂ ਦੇ ਟੀਚਿਆਂ ਨੂੰ ਪ੍ਰਾਪਤ ਕਰਨ ਵਿੱਚ ਉਹਨਾਂ ਦੀ ਮਦਦ ਕਰਦੀ ਹੈ। ਦੂਜੇ ਪਾਸੇ, ਅਜਿਹੇ ਲੋਕ ਹਨ ਜਿਨ੍ਹਾਂ ਕੋਲ ਸਮਾਨ ਪ੍ਰਤਿਭਾ ਨਹੀਂ ਹੁੰਦੀ ਹੈ, ਪਰ ਆਪਣੇ ਟੀਚਿਆਂ ਨੂੰ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ ਕੋਸ਼ਿਸ਼ ਕਰਦੇ ਹਨ, ਸਖ਼ਤ ਮਿਹਨਤ ਕਰਨ ਤੋਂ ਪਿੱਛੇ ਨਹੀਂ ਹੱਟਦੇ। ਵਾਸਤਵ ਵਿੱਚ, ਪ੍ਰਤਿਭਾ ਵਾਲੇ ਲੋਕਾਂ ਨੂੰ ਵਿਸ਼ੇਸ਼ ਯਤਨ ਕਰਨ ਦੀ ਲੋੜ ਹੁੰਦੀ ਹੈ। ਇਹ ਬਹੁਤ ਸਹੀ ਕਿਹਾ ਗਿਆ ਹੈ ਕਿ ਮਿਹਨਤ ਪ੍ਰਤਿਭਾ ਨੂੰ ਮਾਤ ਦਿੰਦੀ ਹੈ, ਜਦੋਂ ਪ੍ਰਤਿਭਾ ਸਖ਼ਤ ਮਿਹਨਤ ਨਹੀਂ ਕਰਦੀ। ਮਿਹਨਤੀ ਵਰਕਰਾਂ ਵਿੱਚ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਗੁਣ- ਸਵੈ-ਵਿਸ਼ਵਾਸ ਹੁੰਦਾ ਹੈ ਅਤੇ ਉਹ ਕੰਮ ਨੂੰ ਪੂਰਾ ਕਰਨ ਲਈ ਹਮੇਸ਼ਾ ਤਿਆਰ ਰਹਿੰਦੇ ਹਨ। ਸਖ਼ਤ ਮਿਹਨਤ ਅਤੇ ਸਵੈ-ਵਿਸ਼ਵਾਸ ਤੁਹਾਨੂੰ ਹਮੇਸ਼ਾ ਸਫਲਤਾ ਪ੍ਰਦਾਨ ਕਰਨਗੇ। ਜੇ ਤੁਸੀਂ ਪ੍ਰਤਿਭਾ ਨਾਲ ਉੱਤਮ ਨਹੀਂ ਹੋ ਸਕਦੇ, ਕੋਸ਼ਿਸ਼ ਨਾਲ ਜਿੱਤ ਪ੍ਰਾਪਤ ਕਰੋ।

ਅਗਮਜੋਤ ਕੌਰ
(ਜਮਾਤ ਅੱਠਵੀਂ 'ਬੀ')

ਗਿਆਨ ਦੀਆਂ ਗੱਲਾਂ

ਪਾਣੀ ਤੋਂ ਪਤਲਾ ਕੀ ਹੈ-ਗਿਆਨ
ਧਰਤੀ ਤੋਂ ਭਾਰਾ ਕੀ ਹੈ-ਪਾਪ
ਅੱਗ ਤੋਂ ਵੱਧ ਤੌਤਾ ਕੀ ਹੈ-ਕ੍ਰੋਧ
ਸੁਰਮੇ ਤੋਂ ਕਾਲਾ ਕੀ ਹੈ-ਕਲੰਕ
ਹਵਾ ਤੋਂ ਤੇਜ਼ ਕੀ ਹੈ-ਮਨ
ਸੂਰਜ ਤੋਂ ਵੱਧ ਚਮਕੀਲਾ ਕੀ ਹੈ-ਸੱਚ
ਮੌਤ ਤੋਂ ਵੱਡਾ ਦੁੱਖ ਕੀ ਹੈ-ਵਿਛੋੜਾ

ਗੁਰਅਮਾਨਤ ਕੌਰ
(ਜਮਾਤ: ਨੌਵੀਂ 'ਸੀ')



ਖੁਸ਼ੀ ਨਾਲ ਉਜੜ ਦਾ ਪੰਜਾਬ

ਜਿਹੜਾ ਪੰਜਾਬ ਕਿਸੇ ਸਮੇਂ ਵੱਡੀਆ- ਵੱਡੀਆ ਮੁਸ਼ਕਲਾਂ ਨਾਲ ਲੜਦਾ ਸੀ, ਦੂਜਿਆ ਦੇ ਹੱਕਾਂ ਲਈ ਖੜ੍ਹਦਾ ਸੀ। ਪੰਜਾਬੀਆ ਨੇ ਅਪਣੀ ਬਹਾਦਰੀ ਨਾਲ ਵੱਡੇ-ਵੱਡੇ ਬਾਰ ਦੇ ਟਿੱਬਿਆ ਤੇ ਤਰਾਈ ਦੇ ਇਲਾਕਿਆ ਨੂੰ ਕਰਾਹ ਕੇ ਉਪਜਾਊ ਬਣਾਇਆ ਅਤੇ ਬਟਵਾਰੇ ਨੂੰ ਹੰਢਾਇਆ, ਚੌਰਾਸੀ ਦਾ ਸੰਤਾਪ ਭੋਗਿਆ ਅਤੇ ਹਕੂਮਤ ਨਾਲ ਹਿੱਕ ਡਾਹ ਕੇ ਲੜੇ।

ਅੱਜ ਅਸੀਂ ਐਨੇ ਕਾਇਰ ਤੇ ਬੁਜ਼ਦਿਲ ਹੋ ਗਏ ਹਾਂ ਕਿ ਅਪਣੀਆਂ ਨਵੀਆਂ ਪੀੜ੍ਹੀਆ ਦੇ ਲਈ ਲੜਨ ਜਾਂ ਉਹਨਾਂ ਨੂੰ ਬਹਾਦਰ ਬਣਾਉਣ ਦੀ ਬਜਾਏ ਆਪਣੇ ਰਾਜਨੀਤਕ ਪ੍ਰਬੰਧਾਂ ਤੇ ਡਰ ਕੇ ਉਹਨਾਂ ਨੂੰ ਜਹਾਜ਼ ਚੜ੍ਹਾਉਣਾ ਜ਼ਿਆਦਾ ਸਹੀ ਸਮਝਦੇ ਹਾਂ।

ਪੰਜਾਬ ਵਿੱਚ ਅੱਜ ਸਾਰੀਆ ਡਿਗਰੀਆਂ, ਡਿਪਲੋਮਿਆਂ ਨੂੰ ਖ਼ਤਮ ਕਰ ਕੇ ਸਭ ਤੋਂ ਵੱਡੀਆ ਡਿਗਰੀਆਂ ਆਈਲੈਟਸ ਤੇ ਪੀ.ਆਰ. ਨੂੰ ਸਮਝਿਆ ਜਾਂਦਾ ਹੈ। ਜਿਨ੍ਹਾਂ ਮਾਪਿਆ ਦਾ ਬੱਚਾ ਆਈਲੈਟਸ ਨੂੰ ਛੇ ਬੈਂਡ ਨਾਲ ਪਾਸ ਕਰ ਲਵੇ, ਉਹ ਸੋਚਦੇ ਹਨ ਕਿ ਉਹਨਾਂ ਦੇ ਬੱਚੇ ਨੇ ਏ-ਕਲਾਸ ਅਫ਼ਸਰ ਜਿੰਨੀ ਤਰੱਕੀ ਕਰ ਲਈ, ਜਿਹੜੇ ਬੱਚੇ ਛੇ ਤੇ ਵੱਧ ਸੱਤ ਜਾਂ ਅੱਠ ਬੈਂਡ ਨਾਲ ਪਾਸ ਕਰ ਲੈਂਦੇ ਹਨ, ਉਹਨਾਂ ਦੇ ਘਰ ਦੀ ਖੁਸ਼ੀ ਦਾ ਟਿਕਾਣਾ ਨਹੀਂ ਰਹਿੰਦਾ, ਉੱਥੇ ਰਿਸ਼ਤੇਦਾਰਾਂ ਵਿੱਚ ਮਠਿਆਈਆਂ ਵੰਡੀਆ

ਜਾਂਦੀਆ ਹਨ, ਵਿਆਹ ਜਿਹਾ ਮਹੌਲ ਬਣ ਜਾਂਦਾ ਹੈ। ਉਹ ਪਰਿਵਾਰ ਸੋਚਦੇ ਹਨ ਕਿ ਸਾਡਾ ਬੱਚਾ ਵਿਦੇਸ਼ੀ ਰਾਜਦੂਤ ਹੀ ਬਣ ਗਿਆ ਹੈ। ਪੀ.ਆਰ. ਵਾਲੇ ਨੌਜਵਾਨਾਂ ਦੀ ਤਾਂ ਗੱਲ ਹੀ ਛੱਡ ਦਿਓ, ਉਹ ਤਾਂ ਸੋਚਦੇ ਹਨ ਕਿ ਅਸੀਂ ਤਾਂ ਵਿਸ਼ਵ ਸ਼ਕਤੀ ਹੀ ਬਣ ਗਏ ਹਾਂ।

ਪਰ ਇਨ੍ਹਾਂ ਖੁਸ਼ੀਆਂ ਦੇ ਪਿੱਛੇ ਪੰਜਾਬ ਦਾ ਬਹੁਤ ਵੱਡਾ ਦੁਖਾਂਤ ਹੈ। ਹਰ ਸਾਲ ਡੇਢ ਲੱਖ ਬੱਚਾ ਕਨੈਡਾ, ਅਮਰੀਕਾ, ਅਸਟ੍ਰੇਲੀਆ ਨੂੰ ਸਟੱਡੀ ਵੀਜ਼ੇ ਲੈ ਕੇ ਜਾ ਰਿਹਾ ਹੈ। ਸਾਡੇ ਪੰਜਾਬ ਦੇ ਕਾਲਜ, ਯੂਨੀਵਰਸਿਟੀਆਂ ਖਾਲੀ ਹੋ ਰਹੀਆਂ ਹਨ। ਜਿਸ ਦਾ ਨਤੀਜਾ ਇਹ ਹੋਇਆ ਕਿ ਦੂਜਿਆਂ ਸੂਬਿਆਂ ਤੋਂ ਵਿਦਿਆਰਥੀ ਆ ਕੇ ਸਾਡੇ ਕਾਲਜ, ਯੂਨੀਵਰਸਿਟੀਆਂ ਵਿੱਚ ਦਾਖਲੇ ਲੈ ਕੇ ਸਿੱਖਿਆ ਪ੍ਰਾਪਤ ਕਰਕੇ, ਸਾਡੀਆਂ ਉੱਚੀਆਂ ਪਦਵੀਆਂ ਤੇ ਕਾਬਜ਼ ਹੋ ਰਹੇ ਹਨ। ਸਾਡੀ ਨੌਜਵਾਨੀ ਆਪਣੇ ਨਾਲ ਅਤੇ ਪੰਜਾਬ ਲੱਖ ਰੁਪਏ ਵੀ ਪੰਜਾਬ ਦਾ ਸਰਮਾਇਆ ਲੈ ਕੇ ਜਾ ਰਹੇ ਹਨ ਜੋ ਕਿ ਸਾਨੂੰ ਆਰਥਿਕ ਪੱਖੋਂ ਕਮਜ਼ੋਰ ਕਰ ਰਿਹਾ ਹੈ। ਇਸ ਤਰਾਂ ਪੰਜਾਬ ਦੇ ਘਰਾਂ ਦੇ ਘਰ ਪਰਵਾਸ ਕਰ ਰਹੇ ਹਨ। ਇਸ ਨਾਲ ਸਾਡੇ ਸਾਰੇ ਆਰਥਿਕ, ਸਮਾਜਿਕ, ਸਾਹਿਤਕ ਤੇ ਸਭਿਆਚਾਰਕ ਤਾਣੇ-ਬਾਣੇ ਉਲਝ ਗਏ ਹਨ।

ਅਜੋਕੇ ਰੁਝਾਨ ਨੂੰ ਵੇਖ ਕੇ ਲੱਗਦਾ ਹੈ ਕਿ ਉਹ ਦਿਨ ਦੂਰ ਨਹੀਂ ਜਦੋਂ ਸਾਡੇ ਕੋਲ ਨਾ ਸਾਡੀ ਨੌਜਵਾਨੀ ਰਹੇਗੀ ਤੇ ਨਾ ਹੀ ਸਾਡਾ ਸਭਿਆਚਾਰ। ਸਾਡਾ ਸਾਹਿਤ ਅਤੇ ਪੰਜਾਬੀ ਜ਼ੁਬਾਨ ਵੀ ਖ਼ਤਮ ਹੋ ਜਾਵੇਗੀ। ਇਹ ਸਾਡਾ ਆਪਣੀ ਖੁਸ਼ੀ ਨਾਲ ਕੀਤਾ ਉਜਾੜਾ ਹੋਵੇਗਾ। ਜਿਸ ਵਿੱਚ ਅਸੀਂ ਕਿਸੇ ਨੂੰ ਦੇਸ਼ੀ ਨਹੀਂ ਬਣਾ ਸਕਾਂਗੇ।

ਸੁਹਿਰਦ ਸਿੱਧੂ (ਨੌਵੀਂ 'ਏ')

ਅਨਮੋਲ ਵਚਨ

1. ਬੋਲਣ ਤੋਂ ਪਹਿਲਾਂ ਹੀ ਸੋਚ ਲਵੋ, ਕਿਉਂਕਿ ਬੋਲਣ ਤੋਂ ਬਾਅਦ ਸੋਚਿਆ ਨਹੀਂ, ਪਛਤਾਇਆ ਜਾ ਸਕਦਾ ਹੈ।
2. ਜੇ ਆਈ ਪਤਝੜ ਤਾਂ ਫੇਰ ਕੀ ਹੈ, ਤੂੰ ਅਗਲੀ ਰੁੱਤ 'ਚ ਯਕੀਨ ਰੱਖੀ।
ਮੈਂ ਲੱਭ ਕੇ ਕਿਤਿਓਂ ਲਿਆਉਣਾ ਕਲਮਾਂ, ਤੂੰ ਫੁੱਲਾਂ ਜੋਗੀ ਜ਼ਮੀਨ ਰੱਖੀ।
3. ਮੰਗਤਾ ਇੱਕ ਝਟਕੇ ਵਿੱਚ ਦਰ ਛੱਡ ਦੇਵੇ ਤਾਂ ਖਾਲੀ ਰਹਿ ਜਾਂਦਾ ਹੈ, ਢੀਠ ਬਣਕੇ ਖੜ੍ਹਾ ਰਹੇ ਤਾਂ ਦਾਤਾਂ ਲੈ ਜਾਂਦਾ ਹੈ।
ਭਾਵ ਗੁਰੂ ਨਾਨਕ ਦੇ ਘਰ ਦੇ ਢੀਠ ਮੰਗਤੇ ਬਣਨਾ ਹੈ, ਦਰ ਨਹੀਂ ਛੱਡਣਾ।
4. ਦੇ ਕੇ ਭੁੱਲ ਜਾਓ, ਲੈ ਕੇ ਨਾ ਭੁੱਲੋ।
5. ਮਿਹਨਤ ਉਹ ਕੁੰਜੀ ਹੈ, ਜੋ ਕਿਸਮਤ ਦੇ ਦਰਵਾਜ਼ੇ ਖੋਲ੍ਹਦੀ ਹੈ।
6. ਹਰੇਕ ਵਿਦਿਆਰਥੀ ਨੂੰ ਸੋਚਣਾ ਚਾਹੀਦਾ ਹੈ ਕਿ ਸਵੇਰੇ ਉਸ ਦਾ ਇਮਤਿਹਾਨ ਹੈ।
7. ਜੇ ਅਸਮਾਨ ਵਿੱਚ ਉੱਚਾ ਉੱਠਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਪੈਰ ਜ਼ਮੀਨ 'ਤੇ ਟਿਕਾ ਕੇ ਰੱਖੋ।
8. ਪਿਆਰ ਨਾਲ ਘਰ ਵੱਸਦੇ ਹਨ, ਗੁੱਸੇ ਨਾਲ ਬਰਬਾਦ ਹੋ ਜਾਂਦੇ ਹਨ।
9. ਜਿਸ ਦਾ ਦਿਲ ਗਰੀਬ ਲਈ ਹੋਂਦਾ ਹੈ, ਉਹ ਪਰਮਾਤਮਾ ਹੈ।
10. ਜੇ ਨਰਕ ਵਿੱਚ ਚੰਗੀਆਂ ਪੁਸਤਕਾਂ ਹੋਣ ਤਾਂ ਉਹ ਵੀ ਸਵਰਗ ਬਣ ਜਾਂਦਾ ਹੈ।

ਜਸਪ੍ਰੀਤ ਕੌਰ (ਨੌਵੀਂ 'ਏ')



ਮਾਧੇ

ਮਾਧੇ ਹੁੰਦੇ ਨੇ ਅਨਮੋਲ ਗਹਿਣਾ,
ਜਿਨ੍ਹਾਂ ਸਾਡੇ ਲਈ ਦੁੱਖ ਸਹਿਣਾ।
ਸਾਨੂੰ ਕਰਦੇ ਪਿਆਰ,
ਸਾਡਾ ਰੱਖਦੇ ਖਿਆਲ।
ਉਹੀ ਦਿੰਦੇ ਨੇ ਜੋ ਹੁੰਦਾ ਠੀਕ,
ਸਭ ਤਿਆਗ ਦਿੰਦੇ ਸਾਡੇ ਵਾਸਤੇ।
ਅਸੀਂ ਨਾਂ ਕਰਾਂਗੇ ਰੋਸ਼ਨ,
ਬੱਸ ਜਿਉਂਦੇ ਇਹੋ ਆਸ 'ਤੇ।
ਜ਼ਰਾ ਘਬਰਾਈਏ ਤਾਂ ਸਾਨੂੰ ਸਮਝਾਉਂਦੇ,
ਐੱਖੇ ਮੋੜ ਉੱਤੇ ਹੋਈਏ ਤਾਂ ਪਾਰ ਕਰਵਾਉਂਦੇ।
ਸੱਚ ਅਤੇ ਝੂਠ ਵਿੱਚ ਫ਼ਰਕ ਸਮਝਾਉਂਦੇ, ਜਿਸ
ਦੇ ਪਾਸ ਹੈ ਇਹ ਧਨ,
ਉਸ ਦਾ ਚੰਗਾ ਹੈ ਨਸੀਬ, ਮਾਪਿਆਂ ਤੋਂ ਬਿਨਾਂ
ਤਾਂ ਅਮੀਰ ਵੀ ਗਰੀਬ।

ਯੁਕਤਾ ਭਾਰਦਵਾਜ (ਜਮਾਤ ਦੱਸਵੀਂ 'ਸੀ')



ਇਸ ਤਰ੍ਹਾਂ ਹੁੰਦਾ ਹੈ ਕਦੀ-ਕਦੀ

ਕਿ ਬੰਜਰ ਹੋ ਜਾਂਦੀ ਹੈ ਜ਼ਮੀਨ,
ਅਸਮਾਨ ਛਿਪ ਜਾਂਦਾ ਹੈ ਬੱਦਲਾਂ ਦੇ ਵਿੱਚ,
ਲੱਗਦਾ ਹੈ ਇਸ ਤਰ੍ਹਾਂ ਕਦੀ-ਕਦੀ
ਜਿਸ ਤਰ੍ਹਾਂ ਜ਼ਿੰਦਗੀ ਕੇਵਲ ਦੁੱਖ ਅਤੇ ਦਰਦ ਨਾਲ ਭਰੀ ਹੈ।
ਜੇਕਰ ਕਦੇ ਇਸ ਤਰ੍ਹਾਂ ਲੱਗੇ, ਯਾਦ ਰੱਖਣਾ,
ਕਿ ਬੰਜਰ ਜ਼ਮੀਨ ਉੱਤੇ ਵੀ ਕਿੱਕਰ ਹੈ ਉੱਗਦਾ,
ਜਦੋਂ ਅੱਗੇ ਸਿਰਫ਼ ਹਨੇਰਾ ਦਿਖੇ, ਤਾਂ ਯਾਦ ਰੱਖਣਾ,
ਸੂਰਜ ਕਦੇ ਹਮੇਸ਼ਾ ਲਈ ਨਹੀਂ ਛਿਪਦਾ।
ਜਦੋਂ ਲੱਗੇ ਕਿ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਕੋਈ ਨਹੀਂ,
ਜਾਂ ਲੱਗੇ ਇਸ ਤਰ੍ਹਾਂ ਕਿ ਦੁੱਖਾਂ ਵਿੱਚ ਹੀ ਸਿਮਟ ਗਈ ਹੈ ਜ਼ਿੰਦਗੀ,
ਤਾਂ ਆਪਣੇ ਦਿਲ ਵਿੱਚ ਰੱਖਣਾ ਇੱਕ ਉਮੀਦ,
ਕਿ ਹਨੇਰੀ ਰਾਤ ਦੇ ਬਾਅਦ ਹੀ ਸਵੇਰ ਹੁੰਦੀ ਹੈ।

ਸਤਕੀਰਤ ਸਿੰਘ (ਜਮਾਤ: ਦੱਸਵੀਂ 'ਸੀ')

MY EXPERIENCE with DIS

'Doon International School' – the name only gives a sense of responsibility, belief and relief.

Whatever I am, wherever I have reached, it's all because of this prestigious institution.

This beautiful temple of learning opened the beautiful doors of teaching for me in the year 2005. It has really given me many years of great experiences, which I am sharing here.

As a teacher, I received my professional degrees from prestigious universities, but the true teaching learning process I could only experience here with forward-thinking students. I want to mention my role model, Mrs. Maninder Kaur Mann, the Director of Education at that time when I joined DIS, who shaped my career from a simple teacher and transformed me into a maths teacher. I remember how positively she used to motivate and guide all staff members to take DIS ahead step by step. Taking it to the top position was the only motive of the whole DIS team.

The legacy is carried forward by the Honourable Chairman Sir, Mr. Charanjeet Singh Mann and the Director of Education, Ms. Simrita Mann. The management always

counts all teachers as a family and believes in the strengths of each teacher.

We, the teachers always get guidance at every step from the management and the worthy Principal Ma'am, Ms. Ira Bogra, who always makes us realise our extra strengths and further motivates us to get the best out of the students.

My most cherished experience was when I met a few students that I had taught after 12–13 years. I was amazed to know that they were occupying top positions in society, like doctors, lawyers, engineers and so many renowned positions. Not only this, but a few were pursuing higher courses in top foreign universities like M.I.T.

Knowing about their achievements was the most satisfying experience for me and for the DIS family, because it's always a dream of a teacher to see the students doing well and heading towards the best destination.

Another great experience I had, was serving as an ambassador of DIS outside the country, which was in the United States. There were infinite opportunities to enjoy and learn as well, for me and for the young Doonites. The management



was the true mentor, guiding the entire team on the NASA trip in 2017.

So, I just want to say in the end that Doon International School paves the way to success of the young ones. It shapes and moulds them for a bright future. It creates beautiful moments and gives the best platform to the staff and the students. The staff members are always ready to help and are very supportive. A superb team of DIS always makes you feel at home. It seems that our team members are our real family, as they really take care of each other.

The most important thing is that the students get the best possible lessons, not only in academics but also in real life. Parents give their utmost help and cooperation in building a strong bond between the teacher and the student.

I really thank God for making me a part of the Doon family.

RAVINDER KUMAR
(TGT MATHS)

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

MAYA ANGELOU



Today, running an educational institution is the most difficult, demanding, and challenging task. We, as educationists, have greater challenges to face, which include shaping young children with high intellect and showing a clear direction to their young minds. The main aim of counselling is, therefore, to create an emotionally safe space and an accepting, caring relationship in which the students can explore, discover and clarify ways of living more satisfyingly and resourcefully.

A Chinese proverb, "A man who removes a mountain begins by carrying small stones," describes how we can overcome difficulties in all aspects of our lives. Compassion, patience and perseverance with children are the key to a successful intervention. As a school counsellor sits to resolve difficulties faced by young children in academics, social interaction, conduct problems, or who are low on confidence and motivation, it is vital to work step by step. With goals set and honoured, every little achievement is taken as a reward in the kitty. From counselling parents on how to bring up their little darlings with

the changing times, amidst the challenges of technology and the evolving educational system, every day is thought-provoking and equally inspiring.

THE TWO MOST IMPORTANT DAYS IN OUR LIFE THE DAY WE ARE BORN AND THE DAY WE FIND OUT WHY

According to Maslow, "We are not in a position in which we have nothing to work with. We already have the capabilities, talent, direction, mission and calling." If you store your belongings in a cupboard and don't use them, then you will forget about them. Likewise, if you don't use your talent, you will lose it. Talent is the strongest essence you have. Talent does not need to be mature. It is a God-gift. However, it may require a

little polishing. Our talent lies in what we do, think, or sense naturally. Natural talent is always acknowledged and demanded. Talent is always preferred over skill. This makes it important to choose your talent as your career, because someone who is naturally talented may beat your skill and steal your position. But talent cannot be sunk. Talent can only give triumph and victory. If you have discovered your talent, well and good, but if you have not done it, this is high time. Do it now. You just need some time and a relaxed mind to think about your talent. Think about it carefully. Look around yourself. Look for tasks that fill you with zeal and enthusiasm. Think about the things you have always been admired and exalted for. Think about the compliments you have received.

To sum up, we, as educationists, must possess the high-flying spirit of guiding and motivating our children. Our children are special to us. Let's enjoy our belongings with the acceptance of the hard fact that birth is much, nurturing is more.

MS. MITU BHALLA
(COUNSELLOR AND
PSYCHOLOGY TEACHER)

LES PROVERBES

(PROVERBS IN FRENCH)

1. Impossible n'est pas français.
2. Les chiens ne font pas des chats.
3. Ce n'est pas la mer à boire.
4. à bon chat, bon rat.
5. Mieux vaut être seul que mal accompagné.
6. Il faut tourner sept fois sa langue dans la bouche avant de parler.
7. Ce n'est pas à un vieux singe qu'on apprend à faire des grimaces.
8. L'habit ne fait pas le moine.
9. Mieux vaut prévenir que guérir.
10. Petit à petit, l'oiseau fait son nid.

HARPREET SINGH
(Le professeur de français)



ENGLISH

TRANSLATION

1. Impossible is not in French dictionary.
2. Dogs don't make cats.
3. It's not the sea to drink.
4. Good cat, good rat.
5. Better to be alone than in bad company.
6. You have to turn your tongue seven times in your mouth before you speak.
7. Don't teach an old monkey to make faces (it is difficult to change one's habit).
8. The habit does not make the monk (Don't judge a person by their appearance).
9. Prevention is better than cure.
10. Little by little, the bird builds its nest (Slow and steady wins the race).

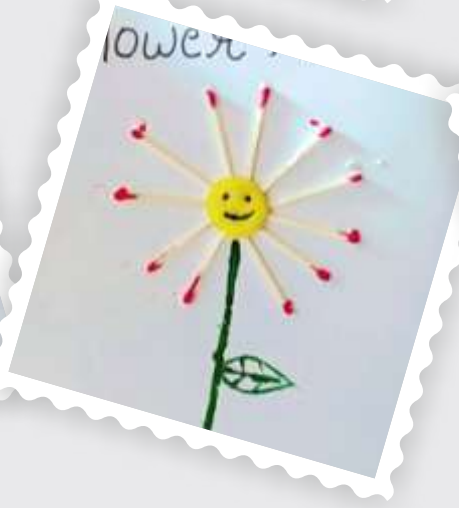
HARPREET SINGH
(TGT French)

Never
STOP
painting



Artistic Hands







LEARNING BEYOND CLASSES

WITH ACTIVITIES ... LEARNT & PRACTICED

As holistic education is the paramount belief at DIS, umpteen activities are held to encourage the students not only to work hard in the classrooms but also to try new things, make mistakes and learn from them, and develop commitment, perseverance, teamwork, and organisational skills.

The students engage themselves in activities such as kavya gaan, debating, exploring nature, and using technology, to name a few.

PLACE MAT ACTIVITY

In order to showcase their artistic skills as well as to emphasise the importance of table manners, learners of grade I were involved in a 'Place Mat' making competition. They learnt vegetable painting; made shapes using origami, used dry flowers, sketch pens, etc. to showcase their talent.



"Agriculture is the most healthful, most useful and most noble employment of man." - George Washington

Learning about farms is one of the most tangible ways to reconnect children with agriculture and nature. The students of grade I were taken on a virtual farm trip where they learnt about the various aspects of farming and agriculture. Later, they showcased their creativity and knowledge of farm life through models and charts. They also spoke about the importance of farm animals, their young ones and the food that the farmers produce for us.



MASTER CHEF FIRELESS COOKING CONTEST

A fireless cooking competition was conducted for the students of grade I and II to nurture their love for cooking by getting them involved in the kitchen. This activity also helped in fostering their creativity and exploring their hidden talents. The competition was conducted with the view of creating awareness about the

nutritional value of food cooked without flame, the necessity and advantages of healthy eating and encouraging students to stay away from junk food. The purpose of the activity was achieved when the students enthusiastically participated in the competition to prepare and relish different varieties of delicious items.



BOND OF LOVE

Raksha Bandhan is a charming way to commemorate the bond between brothers and sisters. A 'Rakhi Making Activity' was held to reinforce this link. Students from classes III and IV engaged enthusiastically and created colourful rakhis. Beautiful rakhis

were made with ornate threads, silk ribbons, stars, mirrors, pearls, and flowers. Their craftsmanship was enthralling.

The students of classes V and VI echoed their respect and regard with fervour when the girls made rakhis for their brothers and the

boys made cards for their sisters to reciprocate the love and affection. The zeal for the activity was evident from the anecdotes they shared about their siblings while making rakhis.



DANCE MANIA



On the occasion of 'TEEJ', an 'Interclass Dance Competition' was organised in which the students from Class III took part in order to demonstrate their grooves. The participants danced to a variety of folk and western songs. Their fascinating moves and attire captivated the audience. All the participants were announced as the winners of the competition.



VIRTUAL DANCE COMPETITION

'Dance is the hidden language of the soul.'

The graceful classical and western dance prodigies of Classes III and IV enthralled the audience with

their nimble moves and dazzling smiles. They captivated all and sundry by envisaging the depth

and emotions of the music and expressing them with their fluid and expressive moves.



ALL ITEMS FOR SALE

The 'Advertise Your Product' activity was undertaken in Classes III and IV to help pupils polish their persuading skills and instil self-confidence. The teachers were taken aback by the unique selling style and promotion approaches used by the students while selling the merchandise.



SALAD MAKING COMPETITION

Health and Nutrition was the theme of an Inter-Class Salad Making Competition organised for Classes III and IV. The students decorated their platters with nutritious and healthy salad items.

The competition was judged by Ms. Rashmi, Ms. Harneet and Ms. Sanya. The winners were chosen on the basis of taste, presentation, nutritious value, caption given and cleanliness of the workstation.

During the fruit break following the competition, the children enjoyed their healthy salads.



JANMASHTAMI CELEBRATIONS

To commemorate the birth anniversary of Lord Krishna, the students of Classes VII and VIII celebrated Janmashtami in the virtual class, preserving the essence of this day. They exhibited their religious zeal through an array of activities like singing, dancing, playing different instruments like keyboards, guitars, and flutes. Some children painted graceful pictures of Lord Krishna. The programme proved to be a feast for the eyes.



POSTER - MAKING

Posters help learners focus on a certain idea, event, fact, or process. They are an effective way to transmit a difficult message visually. The students of Class VIII carved a niche by creating posters in the wanted category based on the chapter, "I Never Forget a Face." Their posters included textual and graphic elements that made them eye-catching and informative.

BREAKTHROUGH TO EXCELLENCE

WORKSHOPS & TRAININGS

EXPERT ADVICE

"Education is not the filling of a pail but the lighting of a fire-a fire which needs to be fed with more and more knowledge."

Therefore, in the pursuit of knowledge, every day something new needs to be added. With this objective in mind, various workshops and seminars in different fields were organised not only for the teachers but also for our young Doonites.

TALK ON NDA

The school, in association with Maharaja Ranjit Singh Armed Forces Preparatory Institute, Mohali, hosted a CTW Seminar on Armed Forces to enlighten the young aspirants about the Indian Army, Air Force and Navy. The seminar commenced with the welcome of guests of honour, General B.S. Grewal, Major General Rupinder Singh, Vishisht Seva Medal (VSM), Brig Sanjiv Bali and Gp. Capt. A.K. Srivastava. Mr. Sunil

Kumar (NCC In-charge) and 20 students from Shemrock Senior Secondary School, Mohali, also attended the seminar.

Maj. Gen. Rupinder Singh and Gp Capt. A.K. Srivastava spoke about the Indian Army, Indian Navy, and Indian Air Force, respectively. Brig Sanjiv Bali acquainted the students with the functions of the NDA, highlighting its significance and acknowledging the role and

dedication of young cadets during the training period and during their service. The curious minds made the environment live with their questions to the concerned resource persons.

This instructive seminar widened the vision of the audience towards the role of the NDA. The event came to a fruitful culmination with the felicitation of the guests of honour with mementos.



CAREER COUNSELLING SESSION BY DIOSA

A career counselling session for all streams of the XI and XII classes was conducted by DIOSA in the school auditorium on October 6, 2021. The session was interactive as it gave the students clarity in their minds on what they want to pursue as their careers.

The session commenced with Ms. Kritika (Executive Member-DIOSA) enlightening students on their conscience by playing some interesting games with them, which involved active coordination of the students. She then crisply explained the importance of inner peace and satisfaction while doing any work.

Lastly, she explained the meaning of the word "law," which gave a brief introduction of the next speaker.

Mr. Harlove Singh Rajput (Vice President-DIOSA), a practising lawyer, introduced students to the world of law. He shed light on the importance and weightage of this field as well. Briefly and with good examples, he explained the different designations in the field of law. From explaining the path to joining this line to giving a strong reason to practise it, he had an interesting, interactive and informative session.

Mr. Navroz Singh (General

Secretary-DIOSA), recently selected in the Indian Army, took the stage to enlighten and motivate the young ladies and gentlemen to join the Indian Armed Forces. He listed out the different entries through which they could apply and get into the services to serve the nation. After explaining what the Indian Armed Forces are looking for, he gave out the concept of "The Three Ns," i.e. "Naam, Namak, and Nishan."

With this, the session was concluded, leaving the students motivated and high on Josh!



WORKSHOPS FOR TEACHERS

A teacher is a learner before he/she is a teacher. The spirit of making oneself better is what defines an educationist. In this regard, it is essential for teachers to upgrade themselves, attain a set of differential skills and improve upon their practised strategies. Keeping in tune with the ever demanding job, workshops and seminars are organised from time to time by the school for the teachers to get exposure to new ideas and new methods of teaching.



WORKSHOP ON NEP

The National Education Policy 2020 has transformed the curricular and pedagogical structure by introducing certain ways to reduce the burden of the curriculum on students. A workshop on 'NEP 2020' was organised to apprise the teachers of the latest changes that have recently been introduced.

The school Principal, Ms. Ira Bogra, shouldered the responsibility to enlighten the teachers about the same by discussing the introduced policies in points. A few points pertaining to the policy that were shared and discussed in the workshop were

- The suggested 5+3+3+4 class system focuses on defining learning levels at each critical juncture, taking a multi-disciplinary approach, and reducing content by targeting core learning competencies.
- Curriculum in all subjects will be pared down to the essentials, with a focus on critical thinking, interactive teaching with less reliance on textbook learning, and the introduction of creative and exploratory activities in classrooms.



SCHOOLPAD TRAINING AND BASIC COMPUTER TRAINING

'The past is done, but the best is yet to come.' A workshop on 'Schoolpad Training and Basic Computer Training' was held at the school to train the teachers with the latest trends in technology to be adopted by them to attain

excellence in the field of education and to make the reinforcement of concepts easier both at the classroom level and at home. The workshop was presided over by Ms. Deepti Sharma, Head of the Computer Department. Such

organised workshops bring to light that we at DIS have gone beyond academics, smart boards and co-curricular activities in the true sense. This is just the beginning of innovations at school.



COLLINS WORKSHOP

A workshop on the English language, pronunciation, and subject verb agreement was conducted on March 25, 2021, in the school auditorium. Ms. Shradha Anand, a resource person from Collins, was the keynote speaker. It was attended by DIS teaching faculty. The highlight of the highly interactive and self-contained workshop was to put stress on phonetics and to work in teams to comprehend and infer the abilities of the students. The leitmotif of the workshop was also to discuss the need to add fun-filled activities to the curriculum to make the classes more student-oriented.



SCIENCE WORKSHOP

A five-day workshop on 'Chem-Collective Virtual Lab' was organised by IIT Bombay from June 14 to June 18, 2021.

The workshop started with an introductory speech delivered by the Director of IIT, Bombay. The session further continued with some experiments based on classes XI and XII. A virtual lab was set up, which helped in performing different experiments virtually. Daily, two experiments were asked to be performed, followed by the submission of assignments pertaining to the experiments. In each session, one to two lectures were delivered by the delegates. Overall, it was a good learning experience.



SPORTS ACTIVITIES





GET.... SET.... GO....

***Sportsman spirit acquired, while playing any game:
Makes children broadminded, tolerant and humane....***

Physical Education activities are a novel way of discovering and nurturing newer and better talent. Moreover, these activities also provide talented sportspersons with the opportunity to improve and hone their talents, by means of expert coaching. A host of games are organised at DIS to engage a colossal number of eager students so that their enthusiasm for games does not wane and the students participate in them daily with great vigour.

The school always strives to hone the sporting skills of the players by maximising their concentration and providing them with grueling training. The results produced by the students deserve a special mention for the ardent efforts they have made, under the guidance and supervision of their Physical Instructors and Coaches, to prove their mettle at various levels of competitions.



**KEEP CALM & RELOAD
AIM, SHOOT AGAIN....**

PARTICIPATION IN
NATIONAL LEVEL
QUALIFYING ROUND

HARMANDEEP SINGH
10 M Air Rifle Shooter
(XII COMMERCE)



2 Gold Medals

at Mohali District Shooting Championship

3 Gold Medals

at Punjab State Shooting Championship

Gold Medal

at Punjab State Inter-School Championship

Qualified Nationals

for India Team Selection Trials



**PATIENCE IS A TALENT, PERSEVERANCE IS A TALENT,
HARDWORK IS A TALENT....**

NOORJAP SINGH

Pistol Shooter

(XII HUMANITIES)

- State Level- 10m Air Pistol
- 25m Standard Pistol
- 25m Sports Pistol qualified
- North Zone- 10m Air Pistol qualified
- All India G.V. Mavalankar- 10m Air Pistol qualified



**BIG SHOTS ARE ONLY
LITTLE SHOTS WHO KEEP SHOOTING...**

INDERJIT SINGH BOPARAI

Shooter - Air Rifle

(XII HUMANITIES)

- 10 meter peep sight Air Rifle

**YOU SHOULD NOT REMAIN IN YOUR COMFORT ZONE; IF YOU WANT TO MAKE
IT BIG, YOU MUST CHALLENGE YOURSELF, GET OUT OF YOUR COMFORT
ZONE AND SUCCESS IS YOURS.**



SAM DAHRA

Cricket

(XII HUMANITIES)

- Participation in National School games U-14 cricket held in Bhopal.
- Participation in district cricket team for consecutive years; Under-17.
- Participation in Mohali team, played in Indore and grabbed the series by 2-1.
- Successfully made his place in Yograj Singh Cricket Academy (DAV COLLEGE TEAM)U-19,U-23
- Declared as the man of the match and best fielder, in a series held in D.A.V. College.
- Counted one amongst the Probables for Mohali District Team U-23.

ABILITY MAY GET YOU TO THE TOP, BUT IT TAKES CHARACTER TO KEEP YOU THERE.

BHUMIKA BAKSHI
(XI HUMANITIES)

has recently attended RSFI
(National Roller Skating Federation of India)
Skating Competition at New Delhi.



TEJVIR SINGH RANDHAWA
(IX B)

has recently attended RSFI
(National Roller Skating Federation of India)
Skating Competition at New Delhi.



Success in swimming comes when you simply refuse to give up, with goals so strong that obstacles, failures and lose only act as motivation.



YUVKARAN SINGH KANG

of Class XII HUMANITIES pocketed Gold medal in 100m free style and broke the 50m record of Chandigarh by 29.19 sec in Punjab State Swimming Competition.



EKAMVEER WALIA

from Class VIII brought laurels by bagging five Gold medals and 2 Bronze medals in 4x100m freestyle relay, 200m freestyle and 50m breaststroke, under 14 group 2nd category in 44th Junior Punjab State Swimming Competition.



AGAMJOT SINGH

from Class IV won six Gold medals in all the events. He participated in the 33rd Punjab State Sub Junior Swimming Championship held on 2-4 October 2021, in group V (boys). His tally of Gold medals -

DISTRICT ATHLETICS CHAMPIONSHIP

(MOHALI) 13-14 NOVEMBER, 2021

DON'T THINK ABOUT THE START OF THE RACE, THINK ABOUT THE ENDING.



- 50 m freestyle
- 100 m freestyle
- 50 m breast stroke
- 100 m breast stroke
- 50 m backstroke
- 200 m individual medley. He has also been declared the best swimmer in his category.



DEVESH BHANDARI

(Class VI)

Won two Gold medals by securing first position overall in 100m Athletics event U-12 Boys Category and in Ball throw event U-12 Boys category





MANNAT ANAND (Class X A)

Won Bronze medal by clinching third position overall in 800m Athletics event U-16 Girls category.

HARNOOR SINGH (Class IV A)

Won Bronze medal by taking third position overall in Long Jump event U-10 Boys category



SENIOR STATE INTER SCHOOL PARTICIPATION

**“DO YOU KNOW WHAT MY FAVOURITE PART OF THE GAME IS?
“THE OPPORTUNITY TO PLAY.”** - *Mike Singletary*



KHUSDHANT NATH (XI NON MEDICAL)

Participated in a Senior State Inter-School Basketball Championship and won Gold Medal while representing JCC (Jugraj Coaching Club).



ACTIVITIES IN THE SPORTS FIELD

The spirit of sportsmanship is fostered to its full potential as students are encouraged to participate in the sport of their choice. The young cagers and soccer players competed in exciting and vigorous Inter-Class Matches on the DIS sports field. Vociferous shouting from the enthusiastic audience added up to create a befitting atmosphere for the matches played.

**LET'S GO, COMPETE!!!!
INTER-CLASS MATCHES**

**'IT'S THE NAME ON THE FRONT OF THE JERSEY THAT
MATTERS MOST, NOT THE ONE ON THE BACK.'**

Sports are about those incredible moments when human will and passion triumph over all odds. All three sections of class III competed in an Inter-Class Football match (boys) and a Basketball (girls) Competition. The participants demonstrated great camaraderie and played with gusto. The boys of Class III B won the soccer match, while the girls of Class III A won the basketball competition.



***'I am strong,
I am tough
in the field.'***

Inter-class Football (boys) and Basketball (girls) competitions were organised among all the three sections of class IV. The students participated with great enthusiasm. In the final round of football match between class IV C and IV A, the latter won by 2 goals.

The basketball competition was won by the girls of Class IV A.



***'If you have
a dream,
chase it no
matter what
it takes.'***

The sunny Saturday morning brought smiles to the cheerful faces of the ardent players of class V. Boys' Soccer Match and Girls' Basketball Match were organised. The students from all the three sections were in high spirits. The soccer match was won by the boys of section 'B' and the basketball match was won by the girls of section 'A'.







DIS GROUP



ADMIN STAFF



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